

**MASS INTENTIONS FOR THE WEEK/  
INTENCIONES SEMANALES**

**Sat:** 5:00 PM Youth of St. Anne  
**Sun:** 8:30 AM Parishioners of St. Anne  
 10:30 AM Families of St. Anne  
 12:30 PM Miembros vivos y difuntos de Sta. Ana  
**Mon:** 9:00 AM Elders of St. Anne  
**Tue:** 9:00 AM Youth of St. Anne  
**Wed:** 9:00 AM Parishioners of St. Anne  
**Thurs:** 9:00AM Rev. Frank Norris, SSP  
**Sat:** 5:00 PM Families of St. Anne  
**Sun:** 8:30 AM Youth of St. Anne  
 10:30 AM Parishioners of St. Anne  
 12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/  
ESTA SEMANA A ST. ANA 01/02/10– 01/10/10**

**Sat: Vigil – The Epiphany of the Lord**  
 10:00 AM Monthly Labyrinth Walk/Hall  
*Second Collection – Diocesan Commitment*  
**Sun: The Epiphany of the Lord**  
 9:30 AM 1st Communion Prep/ Room 1&2  
*Second Collection – Diocesan Commitment*  
*Hospitality Sunday*  
**Mon:** 9:00 AM Hospital Communion/Sutter Delta Hospital  
 9:45AM Rosary & Prayers for Peace/Garden  
 5:00 PM Children’s Choir/Hall  
 5:30 PM Children’s Guitar/Fireside  
 6:30 PM Faith Formation/CLC  
 6:30 PM Spanish Prayer Group/Chapel  
**Tues:** 7:00 PM Baptismal Prep/Room 2  
**Wed:** 12:00 PM Craft Club/Room 2  
 7:00 PM Liturgy Committee/Room 2  
 7:00 PM Jr. High Faith Formation/Fireside  
 7:00 PM Spanish Bible Study/Chapel  
**Thurs:** 6:00 PM Boy’s Ranch/Offsite  
 7:00 PM Choir Practice/Hall  
 7:30 PM Spanish Choir Practice/Chapel  
**Sat: Vigil – Baptism of the Lord**  
 9:00 AM 1<sup>st</sup> Communion Reconciliation Retreat  
**Sun: Baptism of the Lord**  
 9:30 AM 1st Communion Prep/ Room 1&2  
 11:45 AM Catechist Meeting/Room 2

**STEWARDSHIP THOUGHT**

The three kings in today’s Gospel traveled a great distance at considerable cost to offer their richest gifts to the Infant Jesus. How far will I go and what will I offer to do homage to this newborn King and Savior.

**LAST SUNDAY’S OFFERING/  
OFRENDAS DE LA SEMANA PASADA**

**Total Plate Collection**  
**December: \$24,037.23**  
**Fair Share Budget**  
**December: \$54,000**  
**Christmas Collection:**  
**\$11,513.53**

St. Anne is a “Fair Share Parish.” As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

*Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!*

**SCRIPTURE READINGS/  
LECTURAS DE LA SEMANA 01/04/10 – 01/10/10**

**Mon: Elizabeth Ann Seton, religious**  
 1 Jn 3:22-4:6 Ps 2:7-12a Sir 26:1-16  
**Tue: John Neumann, bishop**  
 1 Jn 4:7-10 Ps 72:1-8 Mk 6:34-44  
**Wed: Weekday; Blessed Andre Bessette, religioius**  
 1 Jn 4:11-18 Ps 72:1-13 Mk 6:45-52  
**Thurs: Weekday; Raymond of Penafort, priest**  
 1 Jn 4:19-5:4 Ps 72:1-17 Lk 4:14-22a  
**Fri: Weekday**  
 1 Jn 5:5-13 Ps 147:12-20 Lk 5:12-16  
**Sat: Weekday**  
 1 Jn 5:14-21 Ps 149:1-9b Jn 3:22-30  
**Sun: THE BAPTISM OF THE LORD**  
 Is 42:1-7 Ps 29:1-10 Acts 10:34-38 Lk 3:15-22

**PLEASE PRAY FOR/POR FAVOR**

**REZAN POR:** Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Jeanette Michaelis, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Pete DuBois, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski, Craig Standridge, Cynthia Morga, Narcisa Estrelles, Quincy Hernandez, Steve, Barbara Stoiber, Amada Delgado, Susan Cooper, Markie Chadwich, Mamie Lusk, Manny Jardin, Katrina, Tamara Kuehl, Sandra Lizette Arteaga, Randy Fair, Mary Kirch, Bertha Cruz, Kathryn Thomas, Dana Wilson, Carmen Galbraith, Nicholas Gordon

**Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.**

**PLEASE KEEP OUR MILITARY FAMILY AND  
FRIENDS IN YOUR PRAYER**

## FAITH FORMATION

**First Communion Students:** You have only one month before your First Reconciliation. Your attendance at every class, as well as your attendance at weekly Sunday/Saturday evening mass is essential. **All students** in Mr. Steve's, Ms. Becky's and Ms. Fran's **Sunday First Communion classes** are expected to come to the **RETREAT DAY, January 9<sup>th</sup>, Saturday, from 9am-12noon.**

**First Communion Families** save **Tuesday, January 12<sup>th</sup>, to celebrate your child's First Reconciliation.** It will take place in the Community Life Center at **6:30pm.** The whole family is invited to share this special moment.

**Faith Formation Classes continues:** Sunday, January 10<sup>th</sup> 9:30am; Monday, January 11<sup>th</sup> at 6:30pm; Wednesday, January 13<sup>th</sup> at 7:00pm.

**Catechists meeting will take place on Sunday, January 10<sup>th</sup>** at 11:45am in Room 2. This is for all Pre-K through 8<sup>th</sup> grade catechists and aides. Thank you for saving the date.

**Adult Faith Formation** Class continues Monday, January 11<sup>th</sup> at 6:30PM in the Fireside Room

## Catholic Action Principles *Follow Through*

Follow through to make sure that you've done the job right. Follow through to say thank you and offer new ideas. Follow through to ask for more business. You earn respect by saying what you're prepared to do and then doing exactly that. Follow through shows that you are a person of your work and someone who cares. It shows that you are accessible and that you want to keep the lines of communication open. You may make mistakes and follow through gives you the opportunity to correct and to learn from those mistakes. Personalize your follow-up with handwritten notes and phone calls. Small gifts, tickets and lunches may also be appropriate follow-up incentives. Check up on yourself and reap the rewards. Follow through amplifies your effectiveness.

-Bill FitzPatrick,

## TEEN MINISTRY:

*Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.*

We hope everyone is enjoying the Season of Advent.

**This week:** We will be on Christmas break resuming class Wednesday, January 13<sup>th</sup>.

**Youth Day:** Registration forms need to be turned in by December 29! We have **20 TEENS interested in attending this year!!!!**

Thank you for everyone's support in purchasing Holiday items, the car wash, and fall festival.

**Special THANKS:** Mat and Amy Wisz for help on the parade of lights float. We won Best Church for the 2<sup>nd</sup> year in a row. Rebecca Day for providing the music for the night, Dennis Lopez and his neighbor Steve for providing the trailer and all the Teens/Jr. High kids for making the night a success!

**Volunteers needed:** if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015. Contact Michelle Castinado at 925-240-1832 or 925-437-0015.



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## Worldwide Marriage Encounter

**Married Couples:** *"I wish we could just sit down and talk!"* Have you ever said that to your spouse? Do you wish you could take your "talk" to a deeper level of listening and understanding? A Worldwide Marriage Encounter Weekend will help you to do just that. Join us for our next weekend being held in Pleasanton **February 19 - 21.** For more information call Mike & Jeanne @ 925.672.2016 or Joe & Sue @ 925.680.7767 now or go to

<http://www.rekindleyourmarriage.org>.

**St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.**

## Nurses Notes

### HEALTH BENEFITS OF HONEY – Part 2

Honey is a treat, and is man's oldest sweetener. It is an excellent substitute for sugar in our drinks and food. It is also good for many medicinal uses and treating certain conditions. Reliance on commercialized medicines which contain too many chemicals can become hazardous to our health. Use honey instead of sugar in cooking to get all the benefits of its healing properties.

**"Honey is cheap, making it potentially useful for treating wounds in earthquake-stricken and war-torn areas where running water is scarce and often contaminated. It is being used in Iraq to treat burn wounds in children."**

Do you have a cut? Honey is a natural antiseptic. Medical journals cite more than 600 cases in which honey was employed to treat wounds. By applying honey to your wounds, you prevent infections. Honey contains antimicrobial agents, which prevents infections by killing the bacteria in and around your wounds. When using honey it may help to heat it up before putting it on your wound (caution test the heat before you place it on the wound). Many types of bacteria can't survive in honey, so wounds heal, swelling eases, and tissue can grow back.

Honey may also be effective in the treatment of your ulcers. In Europe, honey has been used internally to help cure ulcers, particularly stomach ulcers. Burns, too, heal better with honey, studies show. The advantage of honey is that it not only prevents infections from occurring, it actually accelerates skin healing. Since the sugar in honey absorbs water it helps to trap some of the moisture so that the bacteria and other microbes can't grow as easily as in other food.

In treating diarrhea, honey promotes the rehydration of the body and more quickly clears up the diarrhea and any vomiting and stomach upsets. The anti-bacterial properties of honey, both the peroxide and non-peroxide, are effective in the laboratory against MRSA strains of bacteria which are notoriously resistant to antibiotics and are sometimes responsible for the closing of hospital wards.

Next Week: **HEALTH BENEFITS OF HONEY – Part 2**

**PLEASE-** Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

*Your Faith Community Nurses*

### Rosary for Peace

Please join our Prayer Ministry in saying the Rosary and prays for peace. They meet Monday Mornings after the morning mass in the garden weather permitting. For more information, please contact Fran Hodge at 925-513-8606.

## LITURGICAL MINISTERS

01/09 & 01/10

### SATURDAY 5:00 PM

**Greeters:** Kathy & Larry Green  
**Lector 1:** Robert Meagher  
**Lector 2:** Art Meyers  
**Euch. Min:** **Cup** – Jane Marchi & Mary Flann  
**Altar Servers:** Team 8

### SUNDAY 8:30 AM

**Greeters:** Danette Jolly, Judy Baker & Russ Mueller  
**Lector 1:** Peggy Ann Valley  
**Lector 2:** Kurt Luke  
**Euch. Min:** **Bread** – Mathilda Rizkalla, Lynn Tiemeyer & John Jolly  
**Cup** – Bernadette Van Slambrook, Bob Rasp, Linda & Jack Thomas  
**Altar Servers:** Team 11

### Hospitality:

### SUNDAY 10:30 AM

**Greeters:** Ernesto Navarro, Lisa Plasch & Ro Sweet  
**Lector 1:** Lori Johnson  
**Lector 2:** Rebecca Kubik-Boyd  
**Euch. Min:** **Bread** – Mary Ann Outlaw, Don & Fran LaPerle  
**Cup** Rosana Navarro, Suzanne Gillick, Rosa & Jerry Day

**Altar Servers:** Team 9

**Children's Liturgy of the Word:** Stephanie Hardman

### Hospitality:

### SUNDAY 12:30 PM

**Recividores:** Andres & Ana Yerene  
**Lector 1:** Vera Caballero  
**Lector 2:** Lorenzo Macias  
**Ofrendas:** Jesus & Mariana Perez  
**Ministros de Eucaristía:** Felipe & Alicia Pena  
**Monogillo:**

**PLEASE NOTE: Ministry Schedules for Jan – Mar have been emailed and mailed. If you did not receive your copy, please contact the office.**

## Covenant Corner

The staff would like to take the opportunity to thank all who donated their Time, Talents and Treasure to St. Anne this past year. We are blessed to have you as members, family and friends.

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email [office@stannechurchbyron.com](mailto:office@stannechurchbyron.com). Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

## Engagement & Stewardship Corner

### A Focus on Talent Themes

#### LEARNER

People who are especially talented in the Learner theme have a great desire to learn and want to continuously improve. In particular, the process of learning, rather than the outcome, excites them.

#### St. Anne Leaders with this Theme

Barry Anthony, Cathy Sanocki, Will Schulte, Ray Neubauer, Bob Sanocki, Shari Pica, Rosana Navarro, Karen Randle, Lisa Promani, Maureen Murray, Anna Piazza, Father Ron, Angella VenJohn.

#### Quote

*"It is wrong to define education as preparation for life. Learning is life, a supreme experience of living, a climax of existence."*

*(Abraham Joshua Heschel, Jewish theologian)*

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of *"Living Your Strengths"* (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



### Women's Fellowship

Women's Fellowship Happenings:

#### Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

#### "Women Only" Crab Feed

❖ Friday, January, 29<sup>th</sup>

Doors open at 6 PM; Dinner starts at 7PM

**Women's Fellowship meets the 2<sup>nd</sup> Tuesday of each month at 6:30 in Rm2**

**For membership information contact Anne Doran at [adoran712@comcast.net](mailto:adoran712@comcast.net) or Peggy Ann Valley at [peggy@peggyvalley.com](mailto:peggy@peggyvalley.com)**

*Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.*

### Walk for Life – West Coast 2010

Mark your calendars for Saturday, January 23, 2010. Join upwards of 30,000 pro-lifer's for the 6<sup>th</sup> Annual Walk for Life in San Francisco as we peacefully proclaim our message that abortion hurts women and we all deserve better than abortion. For more information visit our website at [www.walkforlifewc.com](http://www.walkforlifewc.com). To volunteer or to arrange buses contact us to (415) 586-1576 or email questions to [info@walkforlifewc.com](mailto:info@walkforlifewc.com).

### Upcoming Events at St. Anne

**Saturday, January 9, 2010**

First Communion Reconciliation Retreat

**Weekend of January 23<sup>rd</sup>/24<sup>th</sup>**

Tamales on sale after masses

**Friday, January 29, 2010**

King Tut Bus Trip

**Friday, January 29, 2010**

Women's Fellowship Crab Feed/Hall. See below for more info.

**Saturday, February 6, 2010**

Monthly Labyrinth Walk 10:00AM – Noon in the Life Center Hall

**Wednesday, February 17<sup>th</sup>**

ASH WEDNESDAY

**Friday, February 19<sup>th</sup>**

Knight's of Columbus "Fish Fry". Watch bulletin for info

**Friday, February 19<sup>th</sup>, 26<sup>th</sup> March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

Via Cruz/Chapel 7:00PM

**Wednesday, February 24<sup>th</sup> March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>**

Stations of the Cross/Chapel 7:00 PM

**Weekend of February 27<sup>th</sup>/28<sup>th</sup>**

Tamales on sale after masses

**Weekend of March, 5-7, 2010**

Lenten Labyrinth Days Retreat – Watch bulletin for more information

**Saturday, March 13, 2010**

Knight's of Columbus "St. Patrick Day Dinner/Dance". Watch bulletin for more information

**Saturday, March 20, 2010**

Piano Fundraiser Recital. Watch bulletin for more information.

**If your Ministry has an event coming up that is not listed, please contact the office.**

Women's  
Ladies Only



Fellowship  
Crab Feed

**Friday, January 29, 2010**

St. Anne Community Life Center Hall, Tickets: \$40.00

Cocktails: 6:00 PM; Dinner: 7:00 PM

Door Prizes, Raffles and lot's of fun

Tickets on sale after masses, in the church office or call Karen Barsanti at 858-9303

### Join Bishop Salvatore J. Cordileone, Bishop of the Diocese of Oakland

as He Celebrates a Mass in Honor of 75 Years of Service by Catholic Charities of the East Bay on Sunday, January 10, 2010 @ 10:00 AM at the Christ the Light Cathedral in Oakland, 2121 Harrison St., Oakland, California 94612. Reception to Follow. Thank you for all your support and many blessings. If you have any questions please contact Colleen Miller at 510-768-3115 or email [cmiller@cceb.org](mailto:cmiller@cceb.org). For more information you may visit our website [www.cceb.org](http://www.cceb.org).

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, registration packets are available in the magazine rack in the foyer. Please fill out and return by mail, or simply drop in the collection plate at mass. You can also register on our website at: [www.stannechurchbyron.com](http://www.stannechurchbyron.com)