

**MASS INTENTIONS FOR THE WEEK/
 INTENCIONES SEMANALES**

Sat: 5:00 PM Elders of St. Anne
Sun: 8:30 AM Parishioners of St. Anne
 10:30 AM Families of St. Anne
 12:30 PM Norma Macias Intention
Mon: 9:00 AM Youth of St. Anne
Tue: 9:00 AM Elders of St. Anne
Wed: 9:00 AM Parishioners of St. Anne
Thurs: 9:00AM Families of St. Anne
Sat: 5:00 PM Youth of St. Anne
Sun: 8:30 AM Elders of St. Anne
 10:30 AM Families of St. Anne
 12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
 ESTA SEMANA A ST. ANA 01/16/10– 01/24/10**

Sat: Vigil – 2nd Sunday in Ordinary Time
 5:00 PM Baptism – Jonathan Leese
 2nd Collection - Seminary

Sun: 2nd Sunday in Ordinary Time
 2nd Collection – Seminary
 Hospitality Sunday

Mon: OFFICE CLOSED –Martin Luther King Day
 9:00 AM Hospital Communion/Sutter Delta Hospital
 9:45AM Rosary & Prayers for Peace/Garden
 6:30 PM Spanish Prayer Group/Chapel

Tues: 6:30 PM Spanish Mass w/Confession/Chapel
 6:30 PM Inquiry/Fireside Rm.
 7:30 PM Finance Committee/Room 2

Wed: 12:00 PM Craft Club/Room 2
 7:00 PM Teen Ministry/Hall
 7:00 PM Jr. High Faith Formation/Fireside
 7:00 PM Spanish Bible Study/Chapel

Thurs: 6:00 PM Boy’s Ranch/Offsite
 7:00 PM Choir Practice/Hall
 7:30 PM Spanish Choir Practice/Chapel

Fri: 7:00 PM Spanish Liturgical Ministers Mtg./Room 2

Sat: Vigil – 3rd Sunday in Ordinary Time
 2nd Collection – Haiti Relief Effort
 Tamales Sale

Sun: 3rd Sunday in Ordinary Time
 9:30 AM 1st Communion Prep/Rooms 1 & 2
 2nd Collection – Haiti Relief Effort
 Tamales Sale

STEWARDSHIP THOUGHT

In today’s second reading, St. Paul tells the Corinthians (and us) that all of our gifts are from God and that they are given, not for ourselves alone, but for the common good. But the generosity of God knows no limits – the miracle at Cana reminds us that whenever we faithfully do as God asks, He can change our gifts of water into wine!

**LAST SUNDAY’S OFFERING/
 OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a “Fair Share Parish.” As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

**SCRIPTURE READINGS/
 LECTURAS DE LA SEMANA 01/18/10 – 01/24/10**

Mon: Weekday
 1 Sm 15:16-23 Ps 50:8-23 Mk 2:18-22

Tue: Weekday
 1 Sm 16:1-13 Ps 89:20-28 Mk 2:23-28

Wed: Weekday: Fabian, pope, martyr; Sebastian, martyr
 1 Sm 17:32-51Ps 144:1b-10 Mk 3:1-6

Thurs: Weekday; Agnes, martyr, virgin
 1 Sm 18:6-9; 19:107 Ps 56:3-13 Mk 3:7-12

Fri: Weekday; Vincent, deacon, martyr
 1 Sm 24:3-21 Ps 57:2-11 Mk 3:13-19

Sat: Weekday
 2 Sm 1:1-27 Ps 80:2-7 Mk 3:20-21

Sun: 3rd SUNDAY IN ORDINARY TIME
 Acts 22:3-16 Ps 117:1bc-2 Mk 16:15-18

PLEASE PRAY FOR/POR FAVOR

REZAN POR: Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Jeanette Michaelis, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski, Craig Standridge, Cynthia Morga, Narcisa Estrelles, Quincy Hernandez, Steve, Amada Delgado, Susan Cooper, Markie Chadwich, Mamie Lusk, Katrina, Tamara Kuehl, Sandra Lizette Arteaga, Randy Fair, Mary Kirch, Bertha Cruz, Kathryn Thomas, Dana Wilson, Carmen Galbraith,

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

PLEASE KEEP OUR MILITARY FAMILY AND FRIENDS IN YOUR PRAYER

FAITH FORMATION

Faith Formation Classes: Monday night class will be on break Monday, January 18th resuming Monday, January 25th. Junior High class continues on Wednesday, January 13th.

Also, families please bring your children to worship every week with the praying community at Sunday Mass (or Saturday evening). What your priorities are, will be the priorities your children adopt also. Let's lead by example. The Liturgy of the Word nurtures us each week with wisdom and challenges, and the Liturgy of the Eucharist is Jesus humbly offering Himself to us ... how can we stay away?

First Communion Families: if you have not yet filled out the 1st Communion form indicated your mass preference for your child's 1st Communion, please stop by the office or call Sr. Barbara at 925-634-6625 ext. 224.

Parents Meeting: Reminder there is a parent meeting on Monday, January 25th. All parents who have children registered in the Monday Evening classes are expected to attend.

Adult Faith Formation Class continues Monday, February 1st at 6:30PM in the Fireside Room

Catholic Action Principles *Don't Complicate Matters*

Don't complicate your life. Think before you act. Look for the simple ways or answers first where less can go wrong. Work from your basics. Make sure that you understand the assignment or the problem before you begin. What are the time and performance expectations that will indicate satisfactory completion? Reexamine how you are going things. Is a task consuming all of your time? Is it worth the time you are investing? Do you have the necessary resources? Can it be delegated? If so, is the right person assigned to complete the job? Your research, your quiet time, your commitment to teamwork and your prioritized to-do list should all help. Pare away the unnecessary. Even the philosophy underlying these Catholic Action Principles™ can be stated very simply. Improve yourself and help others.

-Bill FitzPatrick,

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

This week: We began the Pascal Mystery portion of the lesson plans.

Next week: We will have a movie night, where we'll be watching "Pay it Forward"

Next planning meeting: Sunday, February, 21st after the 10:30 Mass.

Youth Day: We have 16 TEENS attending this year!!!!

Thank you for everyone's support in purchasing Holiday items, the car wash, and fall festival. We raised over \$1,200 to help the teens make it to Youth Day.

Special THANKS: Danette Jolly, Jerry Day, Karen Randal, Karla Rodriguez, and Jessica Alfaro for helping to plan out the next months events.

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015.



from *The Joyful Noise* by
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We need your Blessed Palms

Please remember to bring your blessed palms and place in the basket by the Baptismal Font. The palms are burned and the ashes are used on Ash Wednesday to mark the beginning of the Lenten Practice.

St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.

Nurses Notes

HEALTH BENEFITS OF HONEY – Part 3

For centuries honey has been regarded as a wonderful gift of nature in which the properties of an excellent food, beneficial alike to adults and children, are combined with medicinal properties. Ancient Russian manuscripts attached great importance to honey as a medicine. Popular medicine has successfully used it for many diseases from time immemorial. The results of experiments and observations made by the medical science in recent decades have proved that honey is an important medicine possessing many-sided therapeutic properties.

Honey is very effective in the treatment of some pathological conditions of the intestinal tract, the respiratory organs, the heart, and the nerves.

The knowledge that bee venom possesses medicinal properties has come down to us from remote antiquity. Written evidence, as well as the observations of many beekeepers and our own long experience, confirm the effectiveness of been venom in the treatment of rheumatic fever, neuritis and some other diseases.

Honey may also be effective in the treatment of your ulcers. In Europe, honey has been used internally to help cure ulcers, particularly stomach ulcers. Burns, too, heal better with honey, studies show. The advantage of honey is that it not only prevents infections from occurring, it actually accelerates skin healing. Since the sugar in honey absorbs water it helps to trap some of the moisture so that the bacteria and other microbes can't grow as easily as in other food.

Other Benefits of Honey -Easily digested: Because sugar molecules in honey can convert into other sugars (e.g. fructose to glucose), honey is easily digested by the most sensitive stomachs, despite its high acid content. It helps kidneys and intestines to function better.

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Rosary for Peace

Please join our Prayer Ministry in saying the Rosary and prays for peace. They meet Monday Mornings after the morning mass in the garden weather permitting otherwise in the Chapel. For more information, please contact Fran Hodge at 925-513-8606.

St. Anne Knights of Columbus Free Throw Championship

Friday January 29th, 2010 at the Discovery Bay Elementary Gym, 1700 Willow Lake Dr. This event is open to all boys and girls ages 10-14.

10 and 11 yrs. old from 6:45-7:45;

12, 13 and 14 yrs. old from 7:45-8:00

No charge – free to all

Copy of Birth Certificate required

Call Bob Pfeffer at (925) 784-9798 for more info

LITURGICAL MINISTERS

01/23 & 01/24

SATURDAY 5:00 PM

Greeters: Evo & Darlene Coelho

Lector 1: Art Meyers

Lector 2: Robert Meagher

Euch. Min: **Cup** – Mary Ann Burke & Tami Melo

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Barbara Stoiber, Catherine & Dennis Kutsuris

Lector 1: Chuck Woods

Lector 2: Ron Puccinelli

Euch. Min: **Bread** – Kirsten Koehler, Danette & John Jolly

Cup – Bob Rasp, Lynn Tiemeyer,

Mathilda Rizkalla & Dick Macdonald

Altar Servers: Team 7

Hospitality:

SUNDAY 10:30 AM

Greeters: Jane Perry, Don & Carolyn Flohr

Lector 1: Rebecca Kubik-Boyd

Lector 2: Jean Ann Bauer

Euch. Min: **Bread** – Al Castinado, Marian Landoline & Catrina Mygrant

Cup Margaret Zuccato, Michelle Castinado, John Dyer & Mary Ann

Outlaw

Altar Servers: Team 5

Children's Liturgy of the Word: Elizabeth & Andy Sherman

Hospitality:

SUNDAY 12:30 PM

Recividores: Eduardo & Leonor Romero

Lector 1: Vicente Vázquez

Lector 2: Karla Rodríguez

Ofrendas: Gilberto & Blanca Yerena

Ministros de Eucaristía: José & Verónica Caballero

Monogillo: Team D

PLEASE NOTE: Ministry Schedules for Jan – Mar are on the website at www.stannechurchbyron.com

Covenant Corner

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Engagement & Stewardship Corner

A Focus on Talent Themes

POSITIVITY

People who are especially talented in the Positivity theme have an enthusiasm that is contagious. They are upbeat and can get others excited about what they are going to do.

St. Anne Leaders with this Theme

Jim Mattison, Shari Pica, Bob Van Slambrook, Cal Buckles, Lidia Samoian, Larry Green, Tony Hicks, Lisa Promani, Fran Hodge

Quote

"A cheerful heart is good medicine, but a crushed spirit dries up the bones." -(Proverbs 17:22)

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of *"Living Your Strengths"* (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

"Women Only" Crab Feed

❖ Friday, January, 29th

Doors open at 6 PM; Dinner starts at 7PM

Waitresses are needed for this event. If interested please contact Lucy Peterson at 437-9675 or email her at lucyp@sbcglobal.net

Women's Fellowship meets the 2nd Tuesday of each month in Room 2. The next meeting will be Tuesday, February 9th starting with fellowship at 6:30pm.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

"Mobile Mall" Distribution Day

Holy Rosary will be hosting a "Mobile Mall" Distribution Day on Saturday, January 23rd from 10AM – Noon at the Carmen Dragon Elementary School Multi-Purpose Room at 4721 Vista Grande Drive in Antioch. Their contact number is 925-776-4760. They have clothing, shoes, bed linens, blankets, coats, jackets, children's toys and books. Everyone is welcome to shop for free? No question; No paperwork; No hassle or Red tane

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, registration packets are available in the magazine rack in the foyer. Please fill out and return by mail, or simply drop in the collection plate at mass. You can also register on our website at: www.stannechurchbyron.com

Upcoming Events at St. Anne

Weekend of January 23rd/24th

Tamales on sale after masses

Friday, January 29, 2010

King Tut Bus Trip

Friday, January 29, 2010

Women's Fellowship Crab Feed/Hall. See below for more info.

Saturday, February 6, 2010

Monthly Labyrinth Walk 10:00AM – Noon in the Life Center Hall

Wednesday, February 17, 2010

ASH WEDNESDAY: Mass Times: 9AM (Chapel); 4:30PM (Hall); 7:00PM Bi-lingual (Hall)

Friday, February 19th

Knight's of Columbus "Fish Fry". Watch bulletin for info

Friday, February 19th, 26th March 5th, 12th, 19th, 26th

Via Cruz/Chapel 7:00PM

Wednesday, February 24th March 3rd, 10th, 17th, 24th, 31st

Stations of the Cross/Chapel 7:00 PM

Weekend of February 27th/28th

Tamales on sale after masses

Weekend of March, 5-6, 2010

Lenten Labyrinth Days Retreat – Watch bulletin for more information

Saturday, March 13, 2010

Knight's of Columbus "St. Patrick Day Dinner/Dance".

Watch bulletin for more information

Saturday, March 20, 2010

Piano Fundraiser Recital. Watch bulletin for more information.

If your Ministry has an event coming up that is not listed, please contact the office.

Women's
Ladies Only



Fellowship
Crab Feed

Friday, January 29, 2010

St. Anne Community Life Center Hall, Tickets: \$40.00

Cocktails: 6:00 PM; Dinner: 7:00 PM

Door Prizes, Raffles and lot's of fun

Tickets on sale after masses, in the church office or call Karen Barsanti at 858-9303

Inquiry

If you are interested in learning more about the Catholic faith please join us on Tuesday January 19th at 6:30 pm in the Fireside room for Inquiry. Inquiry is the first step in the journey of full initiation into the Catholic Christian faith. Inquiry is for adults who are either not baptized or have been baptized in another Christian faith. Also baptized Catholics who need to receive the Sacraments of Eucharist and Confirmation. If you have questions please contact Lisa at lisap@stannechurchbyron.com or 634-6625.