

2nd Sunday in Ordinary Time • II Domingo Ordinario  
January 18, 2015 • 18 de Enero de 2015

WORSHIP

MASS INTENTIONS FOR THE WEEK/  
INTENCIONES SEMANALES

<b>Sat:</b>	5:00 PM	Elders of St. Anne
<b>Sun:</b>	8:30 AM	Families of St. Anne
	10:30 AM	Helen Kopacz
	12:30 PM	Norma Macías Cumpleaños Intención
<b>Mon:</b>	9:00 AM	Youth of St. Anne
<b>Tue:</b>	9:00 AM	Parishioners of St. Anne
<b>Wed:</b>	9:00 AM	Elders of St. Anne
<b>Thurs:</b>	9:00 AM	Families of St. Anne
<b>Sat:</b>	5:00 PM	Youth of St. Anne
<b>Sun:</b>	8:30 AM	Parishioners of St. Anne
	10:30 AM	Elders of St. Anne
	12:30 PM	Érica Patricia Macías Cumpleaños Intención

SCRIPTURE READINGS/  
LECTURAS DE LA SEMANA 01/19/15-01/25/15

<b>Mon:</b>	<b>Weekday/Día de la Semana</b> Heb 5:1-10 Ps 110:1-4 Mk 2:18-22 Heb 5:1-10 Sal 109:1-4 Mc 2:18-22
<b>Tues:</b>	<b>Weekday; St. Fabian, Pope, Martyr; St. Sebastian, Martyr/ Día de la Semana; San Fabián, Papa, Mártir: San Sebastián, Mártir</b> Heb 6:10-20 Ps 111:1-20c Mk 2:23-28 Heb 6:10-20 Sal 110:1-10c Mc 2:23-28
<b>Wed:</b>	<b>St. Agnes, Virgin, Martyr/St. Inés, Virgen, Mártir</b> Heb 7:1-17 Ps 110:1-4 Mk 3:1-6 Heb 7:1-17 Sal 109:1-4 Mc 3:1-6
<b>Thurs:</b>	<b>Weekday/Día de la Semana</b> Heb 7:25-8:6 Ps 40:7-17 Mk 3:7-12 Heb 7:25-8:6 Sal 39:1-17 Mc 3:7-12
<b>Fri:</b>	<b>Weekday; St. Vincent, Deacon, Martyr/Día de la Semana; San Vicente, Diácono, Mártir</b> Heb 8:6-13 Ps 85:8-14 Mk 3:13-19 Heb 8:6-13 Sal 84:8-14 Mc 3:13-19
<b>Sat:</b>	<b>St. Francis de Sales, bishop, doctor of the Church/San Francisco de Sales, Obispo, doctor de la Iglesia</b> Heb 9:2-14 Ps 47:2-9 Mk 3:20-21 Heb 9:2-14 Sal 46:2-9 Mc 3:20-21
<b>Sun:</b>	<b>3rd Sunday in Ordinary Time/III Domingo Ordinario</b> Jon 3:1-10 Ps 25:4-9 1 Cor 7:29-31 Mk 1:14-20 Jon 3:1-10 Sal 24:4-9 1 Cor 7:29-31 Mc 1:14-20

PLEASE PRAY FOR/POR FAVOR REZAN POR:

Enzo, Rudy Silva, Juanita Estrellas, Nate Rice, Pam Russell, Georgia Minshall, Jim Doran, Carol Colvin, Bob Nixon, Dorothy, Ralph Randle, Norman Randle, Alex Sherman, Baby Marina, Kristine Jones, Henry Sukovaty, Frankie, Suzy, Kim Sharp, Gary Stone, Nick Donnelly, Amie Summerville, Patricia Stacker, Dennis Murray, Stan Noack, Tori Kinamon, Pam Russell, Frank Jardin, Nancy Lingo, Natalie Quezada, Kelly Leighton, Madison Mooney, Jerry Konkall, Paul Butler, Francesca Capraro, John Marciano, Bruce Reeves, Doris Brumfield, Kathryn Copley, Elsjé  
Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

PRAY FOR THE REPOSED SOULS OF THE FAITHFUL DEPARTED: Bob Dal Porto (Viewing is Monday Jan. 20th 4pm-8pm and Funeral Mass is Tuesday Jan. 21st at 11AM. Both will be in the Hall.

LITURGICAL MINISTERS

01/24-01/25

SATURDAY 5:00 PM

**Greeters:** Joji Ponco & Madonna Leeper  
**Lector 1:** Marie Hall  
**Lector 2:** Art Meyers  
**Euch. Min: Cup** – Mary Flann & Corinne Neubauer  
**Altar Servers:** Team 8

SUNDAY 8:30 AM

**Greeters:** Darrell Packard, Ron Samoian & Barbara Stoiber  
**Lector 1:** Carol Luke  
**Lector 2:** Kurt Luke  
**Euch. Min: Bread** – Glenda DuBois, Bryan Lohrengel & Lynn Tiemeyer  
**Cup** – Jay McLaughlin, Matt Nobriga, Bob Rasp & Pat Weber

**Altar Servers:** Team 2

**Hospitality:**

**A/V:** Perry Fondacabe

SUNDAY 10:30 AM

**Greeters:** Catrina Mygrant, Edith Nelson & Lisa Plasch  
**Lector 1:** Anne Marie Evans  
**Lector 2:** Lori Johnson  
**Euch. Min: Bread** – Suzanne Gillick, Ron Kapphahn & Amy Muse  
**Cup** – Jennifer Evans, Dick Macdonald, Sr Barbara & Claudia Ramirez

**Altar Servers:** Team 16

**Children's Liturgy of the Word:** Nicole Roman

**Hospitality:**

**A/V:** Alexis Geoffrey

SUNDAY 12:30 PM

**Bienvenidas:** German & Ruth Romero

**Lector 1:** German Romero

**Lector 2:** Ruth Romero

**Ministros de Eucaristía:**

**Pan** – Lorenzo Macías

**Taza** – Maribel Ochoa, Hilda Romero, José Luis & Esther Herrera

**Ofrendas:**

**Colecta:** Laura Yerena, Luis Nunez, Ángel & Marisol Romero

**Acólitos:** Elizabeth Leon, Yesenia Cuevas, Elizabeth & Yuliana Flores

**A/V:**

**PLEASE NOTE:** Ministry Schedules for Jan - Mar are on the website. It is your responsibility to find your replacement if you cannot serve when scheduled.

**FAVOR DE NOTAR:** Horarios Ministerio de Enero - Marzo está en el sitio. Es su responsabilidad buscar su reemplazo si usted no puede servir cuando está programado.

PLEASE KEEP OUR MILITARY FAMILY  
AND FRIENDS IN YOUR PRAYERS

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WORSHIP

CONNECT

**Celebration of the Sacrament of the Sick**

*"Is there anyone sick among you? Let him send for the presbyters of the church and let them pray over him, anointing him with oil in the name of the Lord. The prayers of faith will save the sick man and the Lord will raise him up. If he has committed any sins, they will be forgiven him."* James 5:14-15

The Sacrament of the Sick is for all who are suffering from physical or mental illness, for those who will be undergoing surgery or elderly people who have become notably weakened even though no serious illness is present. Please join us on **Saturday, February 21st at 11:00 AM** in the CLC for Mass and anointing of the sick.

**Celebración del Sacramento de los Enfermos**

*"Tiene a algún enfermo? Deja que llame a los presbíteros de la iglesia y deja que rezen por el, úngelo con aceite en el nombre del Señor. Las oraciones de los fieles salvará a los hombres y el Señor lo levantará. Si a cometido pecados, serán perdonados"* Jaime 5:14-15

El Sacramento de los Enfermos e para todos los que sufren de enfermedades físicas o la enfermedad mental, para aquellos que van a tener cirugía o para personas mayores que se han debilitado aun sin estar seriamente enfermos. Favor de acompañarnos el **Sábado 21 de Febrero a las 11:00 am** en el CLC Misa y unción de los enfermos.

Upcoming Events at St. Anne

**January 20th to 23rd**

Staff Retreat

**Wednesday, January 21st**

St. Anne Blood Drive

**January 24th to 28th**

Parish Retreat

**Friday, January 30th**

Women's Fellowship "Crab Feed"

**Wednesday, February 18th**

**ASH WEDNESDAY-LENT BEGINS**

**Friday, February 20th, March 6th, 13th, 20th & 27th**

Knight's Friday Nite Fish Fry's

**Saturday, February 21st**

RCIA Retreat

**Sunday, February 8th**

Lenten Soup/Supper w/ Silhouette Stations of the Cross

**Wednesday, March 18th**

**Lenten Communal Reconciliation 7PM**

**Tuesday, March, 31st**

Passover Seder Celebration

**Thursday, April 2nd - 4th**

**TRIDUUM**

**Saturday, April 11th**

Confirmation Mass

**If your Ministry has an event coming up that is not listed, please contact the office.**

CONNECT



**Women's Fellowship**

**Upcoming Events:**

**Women's Fellowship meets the 2<sup>nd</sup> Tuesday of each month in the Room 2.**

**NEXT MEETING:**

**February 10, 2015**

**6:30 PM - Social; 7:00PM - Meeting starts**

**For membership information contact Anne Doran at [adoran712@comcast.net](mailto:adoran712@comcast.net) or Linda Humbert at [calmhumbert@comcast.net](mailto:calmhumbert@comcast.net).**

*Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.*

**Parishioner is in need of ride to Church on Sundays. Please contact church office or Karen Randle at 925-642-1527 if you can assist.**

**Warm a body, Warm a heart Blanket Drive**

My name is Karla Rodriguez and I am a parishioner here at St. Anne's. As a St. Anne's member I am called to worship, connect, serve and grow; and this year I am on a mission to serve, not just here in St. Anne's but to serve my community. As we all know this time of the year brings harsh weather and it can get pretty cold sometimes. I continuing my annual project called Warm a body, Warm a heart. This project is a blanket drive and I need your help! I will be collecting new and gently used adult size blankets that will be distributed out to homeless people or people in need around the area. Please help by donating any new or gently used adult size blankets to the boxes located in the church. This is an ongoing project and will go on for the season. If you have any questions feel free to contact me at (925) 949-3410 or email me at [karla\\_rodriguez\\_139@hotmail.com](mailto:karla_rodriguez_139@hotmail.com). Thank you!

Mi nombre es Karla Rodríguez y soy miembro de la iglesia de Santa Anna aquí en Byron. Como miembro de Santa Anna yo soy llamada a adorar, conectar, servir, y crecer; y este año empiezo una misión para servir, no solo a nuestra iglesia pero también a la comunidad. Como todos sabemos durante estos tiempos del año el clima se puede poner muy áspero y hace mucho frio. Estoy continuando mi proyecto llamado "Warm a Body, Warm a Heart" que significa calienta un cuerpo, calienta un corazón. En este proyecto colectare cobijas nuevas y usadas de tamaño adulto para distribuir-las a gente sin hogar o con necesidad de cobijas. ¡Necesito tu ayuda! Puedes ayudar donando cobijas para la causa a la iglesia. Este proyecto continuara toda la temporada del invierno. Si tienes preguntas favor de contactarme al (925) 949-3410 o a mi correo electrónico [karla\\_rodriguez\\_139@hotmail.com](mailto:karla_rodriguez_139@hotmail.com). ¡Gracias!

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CONNECT

THIS WEEK AT ST ANNE/  
ESTA SEMANA A ST. ANA 01/17/15 - 01/25/15

- Sat:** Vigil - 2nd Sunday in Ordinary Time  
10:00 AM Lector Training/Room 2  
2nd Collection - Seminary Collection
- Sun:** 2nd Sunday in Ordinary Time  
2nd Collection - Seminary Collection  
8:00 AM 8:30 AM Mass Choir Practice/Room 1B  
8:30 AM RCIA Dismissal  
9:30 AM 10:30 AM Mass Choir Practice/Room 1B  
11:15 AM Reunion de padres/Fireside  
12:30 PM Señor De Esquipulas
- Mon:** Office Closed - Martin Luther King Holiday  
9:00 AM Hospital Communion/Offsite  
4:00 PM Food Pantry Prep/Kitchen  
6:30 PM La Sagrada Familia/Capilla
- Tues:** 9:00 AM Food Pantry Distribution/Methodist Church  
7:00 PM Choir Practice/Hall
- Wed:** 1:00 PM St. Anne Blood Drive/Hall  
7:00 PM Grupo de Oración españoles Reunión de Planificación/Capilla
- Thurs:** 6:00 PM Boy's Ranch/Offsite  
7:00 PM Spanish Mass Choir Practice/Fireside  
7:00 PM St. Vincent de Paul/Room 2
- Sat:** Vigil - 3rd Sunday in Ordinary Time
- Sun:** 3rd Sunday in Ordinary Time  
8:00 AM 8:30 AM Mass Choir Practice/Room 1B  
8:30 AM RCIA Dismissal  
9:15 AM 1st Communion Prep/Room 2  
9:30 AM 10:30 AM Mass Choir Practice/Room 1B  
11:15 AM Primero Comunion Preparación/Aula 2  
11:15 AM Reunion de padres/Fireside  
6:30 PM Junior High & Teen Ministry  
7:00 PM Parish Retreat/CLC



Covenant Corner

Jerry Day was seen on the roof of the Rectory repairing a small leak thanks Jerry for all that you do for our Parish.

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email [office@stannechurchbyron.com](mailto:office@stannechurchbyron.com). Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

GROW

**Confirmación para Adultos**

Nuestra clase de confirmación continua en miércoles, 14 de enero de 2015. La clase se reunirá dos veces al mes terminando en Abril con la confirmación. Si usted es mayor de 18 años y no ha recibido el Sacramento de la confirmación y esta interesado en recibir este Sacramento por favor acompañenos el 14 de enero a 19:00 en la sala 1A. Para inscribirse o para mas información póngase en contacto con Vicente Vázquez al 925-202-1518 o el [elpatron205@yahoo.com](mailto:elpatron205@yahoo.com).



Inquiry

Are you interested in learning more about the Catholic faith? Inquiry is the first step in the journey of full initiation into the Catholic Christian faith. Inquiry is for adults who have not been baptized, have been baptized in another Christian faith or baptized Catholic but have not received the Sacraments of 1st Communion and Confirmation. If you have questions please contact Lisa at [lisap@stannechurchbyron.com](mailto:lisap@stannechurchbyron.com) or 634-6625 ext. 225. If you have ever wondered why Catholics do what they do Inquiry is the place for you to begin to have your questions answered

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## GROW

### GRUPO DE JOVENES

*La misión de los jóvenes es ayudarlos a que se acerquen más a Cristo por medio de la Eucaristía.*

**AVISO:** RE-registro es necesario para el retorno de los estudiantes; Nuevo Registro necesaria para todo nuevo para el programa St. Anne. Santa Ana Web tiene formularios e información adicional.

**Esta noche: Enero 18:** NO Clase... Fin de semana de fiesta

**Enero 25:** Clase de 6:30 a 8:00pm acerca de: Iglesia (El final de 4 pilares)

**1 de Febrero** - clase de las 6:30 a 8:00 pm acerca de: Asunto: Dia de San Valentín

Se necesitan padres voluntarios para coordinar eventos :

- 15 de Febrero - Jóvenes- Familias en Misa
- 8 de Febrero VACACIONES - No hay clase
- 15 de Febrero VACACIONES - No hay clase

**AGRADECIMIENTO ESPECIAL:** a los adultos que ayudaron con el ministerio de Jóvenes en el año 2014. no podríamos haberlo hecho sin ustedes!

Necesitamos voluntarios: si desea ayudar en este ministerio favor de llamar a Michelle Castinado al celular al 925-437-0015 o Sr. Barbara.

### FAITH FORMATION

**Pre K through 5th Grade**

Classes continue Monday, January 26th 6:30PM - 7:30PM

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**6th-7th-8th Grades = EDGE Program**

Classes - Sunday, January 25th 6:30pm-8:00pm

Parents and students both attend first evening.

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**9th-12th Grade= Life Teen and Confirmation**

Sunday, January 25th 6:30pm-8:00pm

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**ALL STUDENTS MUST REGISTER**

Pre K through 12th Graders

**New student registration:**

- online: St Anne website or
- In Parish Office
- Completed registration includes
  - Registration form completed
  - Medical Form completed for each child
  - Copy of Baptismal Certificate
  - Registration Fee

**Returning students:**

- Complete Re-Registration form in Office
- Pay Registration Fee

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*Feel free to call Sister Barbara, Director of Faith Formation, if you need assistance. 925-634-6625*

### TEEN MINISTRY

*Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.*

**NOTICE:** RE-Registration necessary for returning students; New Registration needed for all new to St. Anne program. St. Anne Website has forms and additional information.

**TONIGHT: January 18th:** NO Class...Holiday Weekend

**January 25:** Class from 6:30-8:00 pm on: Church (Final of 4 Pillars)

**February 1st:** Class from 6:30-8:00 pm on: Issue: Valentine's Day

Need parent volunteer to coordinate events:

- February 15th - Teen-Families at Mass
- February 8th VACATION - No class
- February 15th VACATION - No class

**Special THANKS:** To the Core Adults and Teens for all of their help!

**Volunteers needed:** if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at (cell) 925-437-0015 or Sr. Barbara at the office.

### FORMACION DE FE

**Pre Kinder a 5to grado** Clases - el lunes 26 de Enero  
6:30pm 7:30pm

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**6to 7mo-8vo grados = programa EDGE**

Las clases -el Domingo 25 de enero 6:30pm-8:00pm

Los padres y los estudiantes debe asistir la primera noche.

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**grados 9-12 = Life Teen y confirmación**

el Domingo 25 de enero 6:30pm-8:00pm

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**TODOS LOS ESTUDIANTES DEBEN REGISTRARSE**

Pre Kinder a grado 12

**Registración para alumnos nuevos**

- en internet: Página Web de St Anne o
- En la oficina parroquial
- Inscripción incluye
  - Formulario de registro completado
  - Formulario médico para cada niño
  - Copia del certificado de bautismo
  - Cuota de inscripción

**Alumnos ya inscritos en años anteriores:**

- Formulario de registro completo en la oficina
- Pagar cuota de inscripción

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*No dude en llamar a hermana Bárbara, Director de formación de fe, si necesitas ayuda. 925-634-6625*



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**SERVE**

**Delta Christian Community Food Pantry**

(St. Anne-Methodist-Presbyterian Churches)

**Food Packing:**

Mondays at 4:00 PM at St. Anne

**Distribution of Food Bags:**

Tuesdays 9:00 AM - 10:00 AM

At Byron United Methodist Church on Byron Highway.

10:30 AM - 12:00 PM

At the Knightsen Garden Center

Serving 120-130 Families Weekly

Providing: Food - Clothing - Household goods - Self Help Resources

Volunteers are welcome. Donations of Food and Money are appreciated.

**Donation request for JANUARY:**

**CANNED FRUITS AND VEGETABLES**

We are grateful for the generous donation from: Byron Delta Lions - \$1686; Discovery Bay Lions - \$1000; Republican Women - \$687; Queen & Pages Book Club -\$285; Operation Rice Bowl - \$600; Gail Fritschle - \$2000; St. Vincent de Paul - \$1000 and many other donors of \$500, \$100, \$50 & \$25 and to al parishioner for the donation of 52 turkeys. God bless you all for your generous hearts. Thank you.

**Despensa de la Comunidad Cristiana Delta**

(Iglesias Sta. Ana-Methodista-Presbiteriana)

**Empacan comida:**

Lunes a las 4:00 PM en Sta. Ana

**Distribución de bolsas de Comida:**

Martes 9:00 a 10:00 AM

En la Iglesia Metodista de Byron

10:30 AM - 12:00 PM

En la Knightsen centro de jardinería

Sirviendo 120-130 familias semanalmente

Proveyendo: Comida – Ropa – Cosas para la casa -Ayuda personal (lugares)

Los voluntarios son bienvenidos. Apreciamos donaciones de dinero y comida.

**Solicitamos para el mes de ENERO:**

**LATAS DE FRUTA, VEGETALES**

Estamos agradecidos por las donaciones generosas de: Byron Delta Lions - \$1686; Discovery Bay Lions - \$1000; Republican Women - \$687; Queen & Pages Book Club -\$285; Operation Rice Bowl - \$600; Gail Fritschle - \$2000; St. Vincent de Paul - \$1000 y muchos otros donantes de \$500, \$100, \$50 y \$25 y a todos los feligreses por las donaciones de 52 pavos. Dios los bendiga por sus corazones generosos. Gracias

**St. Vincent de Paul**

- ◆ The St. Anne Conference of St. Vincent de Paul wishes to acknowledge and thank Catholic Charities of the East Bay and Catholic Relief Services Rice Bowl for their generous grant of \$500.00. The money will be used for helping those needing help with utilities, rent, food and other services we provide. At this time of year, the need is great and this grant comes at a most opportune time.
- ◆ Thanks to the council of St. Vincent de Paul for 100 bags of coats (Pantry DCC)
- ◆ We have been given a scholarship of \$600 from Catholic Relief Services (Catholic relief services) - Operation Rice Bowl

**Counseling Services**

St. Anne's is providing individual, couples and family counseling. The provider is Marie Hall, MSW, who is a licensed clinical social worker. Please contact her at 925-634-6625 ext. 228 or at [marieghalllcsww@comcast.net](mailto:marieghalllcsww@comcast.net) for more information regarding fees or to schedule an appointment.

**San Vicente de Paul**

- ◆ La Conferencia de San Vincent de Paul de Santa Ana desea reconocer y agradecer a Caridades Católicas de East Bay y Catholic Relief Services Rice Bowl por su generosa donación de
- ◆ \$500.00. El dinero se utilizará para ayudar a aquellos que necesitan ayuda con servicios públicos, alquiler, comida y otros servicios que ofrecemos. En esta época del año, la necesidad es grande y esta subvención llega en un momento más oportuno.
- ◆ Gracias al concilio de San Vicente de Paul por 100 bolsas de abrigos - (Despensa de DCC) Se nos ha otorgado un a Beca de \$600 dólares de Catholic Relief

 **Meals on Wheels and Senior Outreach Services**  
**Urgently Needs You!**

Help us deliver hot, nutritious meals to seniors living in Pittsburg, Antioch or Bay Point

**Become a Volunteer Driver**

- ◆ Choose to drive 1 day each week Monday – Friday, based on your availability
- ◆ Only 2-3 hours each week for a minimum of six months
- ◆ An orientation and background screen are required

For more information, please contact  
Carol Louisell, Director of Community Engagement  
[clouisell@mowsos.org](mailto:clouisell@mowsos.org)  
925-954-8736

Or go to [www.mowsos.org/volunteers/volunteer-form](http://www.mowsos.org/volunteers/volunteer-form) to fill out an application now



## SERVE

### STEWARDSHIP THOUGHT

In today's first reading, we hear Samuel respond eagerly, "Here I am!" each time the Lord calls him. May we, too, be listening for the call of God in our lives and be ready to say like the Psalmist, "Here am I, Lord; I come to do your will."

### PENSAMIENTO ADMINISTRATIVO

en a primera lectura de hoy, escuchamos a Samuel responder con entusiasmo : "Aquí estoy"! cada vez que el Señor lo llama. Que nosotros, también, estemos atentos a la llamada del Señor en nuestras vidas y estemos listos para decís como el Salmista, "Aquí estoy Señor" Vengo a hacer tu voluntad".

### OFRENDAS DE LA SEMANA

En el pasado la parroquia iba a publicar las ofertas semanales y compararlas con un monto presupuestado, basado en "Ofrendas parte justa."

La publicación de esta información fue suspendido por recomendación de la diócesis debido a una serie de robos que se han producido en algunos las parroquias de la Diócesis.

Sus ofrendas semanales son muy importantes a la parroquia con el fin de cumplir con nuestras responsabilidades operativas. Pedimos que cada feligrés continuar en oración consideren una oferta consistente que ayude en el cumplimiento de esas responsabilidades. Su generosidad es su retorno al Señor todo el bien para ti.

### WEEKLY OFFERING

In the past the parish would publish the weekly offerings and compare them to a budgeted amount, based on "Fair Share Offerings."

The publishing of this information was discontinued at the recommendation of the Diocese due to a number of burglaries that have occurred at some parishes in the Diocese.

Your weekly offerings are very important to the parish in order to meet our operational responsibilities. We ask that each parishioner continue to prayerfully consider a consistent offering that will assist in meeting those responsibilities

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

**Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, Scan the QR code with your smart phone to access our website. No Smart Phone -Registration forms are also available in the foyer and on our website.**



### *Nurses Notes:*

## **Thyroid Disease in Women: Know the Symptoms**

Thyroid disorders are much more common in women than in men, but are often missed or confused with other conditions.

The thyroid is a small but powerful gland in your neck that produces hormones that control your metabolism influencing your heart rate, body temperature, bones, digestion and reproductive system.

The most common thyroid disorders:

- Underactive thyroid (Hypothyroid) can occur at any age, but most common after age 50. It occurs when the thyroid doesn't make enough thyroid hormones. A woman may start to feel weak and run down with possible weight gain and constipation.

Symptoms of Hypothyroid

- Fatigue
- Weight gain from fluid retention
- Low tolerance of cold
- Dry skin and dry, brittle hair and nails
- Forgetfulness and trouble concentrating
- Irregular or heavy periods
- Constipation
- Miscarriages or infertility

**Next week:** Overactive thyroid (Hyperthyroidism)

*Faith Community Nursing*  
*Serving the community is our passion.*

### IN CASE OF AN EMERGENCY

**PLEASE use the phone at the AV booth or in the office to call 911. Do not use your cell phone it will reach Sacramento CHP and precious time will be lost.**

Si es usted un Nueve Feligrés, le damos la Bienvenida, extendiéndole nuestras manos y nuestro Corazón como hermanos en Cristo. Escanear el código QR con tu teléfono inteligente para acceder a nuestro sitio web. O hay formas Phone-Registro inteligentes también están disponibles en el vestíbulo y en nuestra página web.

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**OPPORTUNITIES**

**Movimiento Familiar Cristiano Católico: Por una Familia Más Feliz**

Muchos son los retos y desafíos que enfrentamos los matrimonios hoy en día. El Movimiento Familiar Cristiano Católico es una organización especialmente diseñada para ayudar a las familias hispanas en Los Estados Unidos a:

- Enfrentar las dificultades dentro del núcleo familiar a la luz de la palabra de Dios
- Desarrollarse plenamente a través de la promoción de valores humanos y cristianos
- Fortalecer la unidad familiar a través de la comunicación y el dialogo entre los esposos e hijos

Para mayor información sobre como beneficiarse de este ministerio llamar a:

Refugio y Adriana Rodríguez 925 513-9416  
Enrique y Evangelina Magaña 925 516-8682

**From The Catholic Voice**

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**St. Peter Martyr School Open House & Enrollment**

St. Peter Martyr School is accepting fall 2015 applications for Preschool, PreKindergarten, Kindergarten, and grades 1-8. The school offers extended care, extra curricular programs, and a strong academic program. Applications for the 2015-2016 school year are available at St. Peter Martyr School and [www.stpetermartyrschool.org](http://www.stpetermartyrschool.org). The Catholic school, located at 425 West Fourth St. in Pittsburg, is fully accredited and invites families to an Open House Sunday, January 25, from 10:00 A.M. until noon. Bring the family, meet the teachers, and visit the classrooms. For further information about our affordable rates call the school at [925-439-1014](tel:925-439-1014) or visit

**Holy Rosary School Enrolling For the 2015-2016 School Year!**



Holy Rosary School is accepting applications for grades Pre-K through 8<sup>th</sup> for the 2015-2016 school year beginning January 6, 2015.

Visit us at our OPEN HOUSE on Sunday, January 25, 2015 from 10:00 until Noon. Come see all the wonderful things happening at Holy Rosary. If you would like additional information, call the school office at (925) 757-1270 or visit us at our website:

**KELLY-MOORE PAINTS**

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**Worldwide Marriage Encounter**

Married Couples: "If you are called, reply, Speak, LORD, for your servant is listening." What is God calling you to in your Sacrament of Marriage? The next Worldwide Marriage Encounter Weekends are February 20-22 or August 7-9. Early registration, 4 to 6 weeks out is highly recommended. For more information contact Mike & Jeanne @ 925.672.2016 or Joe & Sue @ 925.680.7767 now or go to [oaklandwwme.org](http://oaklandwwme.org)

**St. Bernard's Catholic School**  
163 W. Eaton Ave. Tracy, CA 95376  
(209) 835-8018

[www.st-bernardschool.org](http://www.st-bernardschool.org)

**Open House**

**Sunday, January 25, 2015 11:00 a.m. – 1:00 p.m.**

Visit our Preschool and K through 8<sup>th</sup> classrooms.

Teachers and students will be available to answer any questions you may have about our school.

**Part-Time Cashier – Cathedral of Christ the Light Gift Shop**

Energetic, attentive, reliable individual needed to staff The Cathedral Gift Shop. Must be able to operate a cash register system with ease, render top-notch customer service, field telephone inquiries, restock, assist in inventory-related tasks, and perform other related duties as assigned. Must be available to work flexible hours, including holidays. Bilingual skills a plus. Please submit cover letter and resume to [giftshop@ctlcathedral.org](mailto:giftshop@ctlcathedral.org).

**San Damiano Retreat Center**

710 Highland Dr., Danville  
925-837-9141, ext. 315  
[katerik@sandamiano.org](mailto:katerik@sandamiano.org) [sandamiano.org](http://sandamiano.org)

**Upcoming Retreats**

- **Aging Creatively** – Rena Grant, MA and Elizabeth Bell January 24-25
- **Contemplative Prayer** – Cherry Haisten January 30-February 1
- **Merton at 100** – Clare Ronzani February 6-7
- **Day of Dialogue for Gay, Lesbian, Bi-Sexual, & Transgendered People** – Br. Mike Minton, OFM February 8