

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM Youth of St. Anne
Sun: 8:30 AM Elders of St. Anne
10:30 AM Families of St. Anne
12:30 PM Erica Caseres
Mon: 9:00 AM Jose Careiro
Tue: 9:00 AM Parishioners of St. Anne
Wed: 9:00 AM Youth of St. Anne
Thurs: 9:00AM Msgr. Robert Adams
Sat: 5:00 PM June Ramos & Dorothy Diaz Intention
Sun: 8:30 AM Alonza Cadena
10:30 AM Cezar Dalipe
12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANA 02/13/10– 02/21/10**

Sat: Vigil – 6th Sunday in Ordinary Time
9:30 AM RCIA Retreat/Fireside
Burial of the Alleluia
Second Collection – Bishop’s Appeal

Sun: 6th Sunday in Ordinary Time
8:30 AM Rite of Sending
Burial of the Alleluia
Second Collection – Bishop’s Appeal

Mon: OFFICE CLOSED – President’s Day
9:00 AM Hospital Communion/Sutter Delta Hospital
9:45AM Rosary & Prayers for Peace/Chapel or Garden
6:30 PM Spanish Prayer Group/Chapel

Tues: 6:30 PM Inquiry/Fireside Rm.
7:30 PM Finance Committee/Room 2

Wed: ASH WEDNESDAY
9:00 AM Morning Mass/Ashes/Chapel
4:30 PM Family Prayer Service/Ashes/Hall
7:00 PM Bi-Lingual Mass/Ashes/Hall

Thurs: 6:00 PM Boy’s Ranch/Offsite
7:00 PM Choir/Hall
7:30 PM Spanish Choir Practice/Chapel

Fri: 5:00 PM Knight’s of Columbus “Fish Fry”/Hall
7:00 PM Via Cruz/Chapel

Sat: Vigil – 1st Sunday of Lent
11:00 AM Healing Mass/Hall
Finance Committee Annual Report

Sun: 1st Sunday of Lent
9:30 AM 1st Communion Prep/Room 1 & 2
1:30 PM Career Networking/Room 1
Finance Committee Annual Report
Hospitality Sunday

STEWARDSHIP THOUGHT

The words of the Psalmist echo the theme of all of today’s readings. “Happy are they who hope in the Lord.” As good stewards, firmly grounded in that hope, may we fear fruit in due season – assisting the poor, feeding the hungry, and consoling the sorrowful when ever we have the chance.

**LAST SUNDAY’S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a “Fair Share Parish.” As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 02/15/10 – 02/21/10**

Mon: Weekday
Jas 1:1-11 Ps 119:67-76 Mk 8:11-13

Tue: Weekday
Jas 1:12-18 Ps 94:12-19 Mk 8:14-21

Wed: ASH WEDNESDAY
Jl 2:12-18 Ps 51:3-17 2 Cor 5:20-6:2 Mt 6:1-18

Thurs: Lenten Weekday
Dt 30:15-20 Ps 1:1-6 Lk 9:22-25

Fri: Lenten Weekday
Is 58:1-9a Ps 51:3-19 Mt 9:14-15

Sat: Lenten Weekday
Is 58:9b-14 Ps 86:1-6 Lk 5:27-32

Sun: 1st Sunday of Lent
Dt 26:4-10 Ps 91:1-15 Rom 10:8-13 Lk 4:1-13

**PLEASE PRAY FOR/POR FAVOR
REZAN POR:**

Robert W. Thomas, Kathryn Thomas, Justine Cardone, Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski,

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

**PLEASE KEEP OUR MILITARY FAMILY AND
FRIENDS IN YOUR PRAYER**

**St. Anne's gets credits through script for Ace
Hardware and Safeway. Sign up.**

FAITH FORMATION

CONGRATULATIONS to the families of 7 additional **children** who **received their First Reconciliation** on Sunday, February 7th at 9:30am in the Life Center. Congratulations: Fabiola Rodríguez, Víctor Chávez, Jacqueline Romero, Judith Arevalo, Alexandra Rizo, Raúl Navarro, Nicholas Vo, and Caleb Madariaga.

First Communion Families received the confirmed date, for their child's First Holy Communion Mass last Sunday. If you have not filled in a request form for First Communion Mass date, please come to the Office to fill out a form ASAP to receive your date and Mass time.

Parents of First Communion children who missed receiving the sacrament of First Reconciliation on January 12th, please make an appointment with Sister Barbara by February 14th.

First Communion Parents, please mark your calendars for:

Parent Meeting - Sunday, Feb 21st at 9:30am

Parent Meeting - Sunday, March 28th at 9:30am

New Date: Saturday, April 24th 9:00am-12:00pm -Parent-Child First Communion Retreat Day

Cancel date: Sunday, April 25th Parent Meeting

Attendance at Faith Formation Classes: Parents, I encourage you to keep your child's participation in Faith Formation classes as a priority. Nurturing their faith is as important to you as the other choices you make for them, hopefully it is more important in the long run!

ASH WEDNESDAY is February 17th: All Faith Formation Families are encouraged to share this special day with their children, no matter how young. Explain to your children the meaning of the ashes that will be placed on their forehead in the form of a cross. It is a privilege to participate in this ritual and a sign of commitment to the gospel. Let's all come!

NO Faith Formation CLASSES for Sunday, Feb 14th or Monday, Feb 15th. Have a safe President's holiday weekend

VALENTINE'S DAY is the moment for every child to do some loving act for parents, grandparents and other meaningful people in their lives. Parents, help your children to "think of others."

DATE for all FF Families: We will have a very special **Closing Mass for all Sunday, Monday & Wednesday students/families** in the Faith Formation Programs on **Monday, May 17th at 6:00pm.**

Adult Faith Formation Class continues **Monday, February 22nd** at 6:30PM in the Office.

Catholic Action Principles

Record Your Thoughts

Carry index cards, a hand-held computer or a small notebook. Borrow napkins to write on. As you become an action-oriented person, positive thoughts will occur with increasing regularity. Write down your ideas. You will have good ideas. Review your notes before your quiet time or before bed. You will become your own best therapist. You will see the ways to solve your own problems, find your own route to happiness and realize your own dreams. Spend most of your time thinking about solutions and not problems. Get back to recording your thoughts.

-Bill FitzPatrick,

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

Last week: Had a Mardi Gras party! Thanks to everyone who helped

Set up, take down, and donated food/drinks!

This week: Is Ash Wednesday.

Next week: Will be a Catechetical night

Next planning meeting: Sunday, February, 21st after the 10:30 Mass.

Youth Day: We have *17 TEENS attending this year!!!!*

Thank you for everyone's support in purchasing Holiday items, the car wash, and fall festival. We raised over \$1,200 to help the teens make it to Youth Day.

If more Teens want to go next year, we will need more support from parents. The teens are planning another car wash in February when we can get a dry weekend.

Special THANKS: Danette Jolly, Jerry Day, Karen Randal, Karla Rodriguez, and Jessica Alfaro for helping to plan out this month events.

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015.

THE FAMILY CIRCUS



"Did God invent hearts for Valentine's Day or was it Cupid?"

from *The Joyful Noiseletter*
Reprinted with permission of Bill Keane

Laptop Needed

St Anne Garden Ministry and Career Ministry are in need of a laptop in good condition that they can share between the ministries. If you do have one that you can donate please bring it to the office. Thank you very much and may God Bless you!

Lent Days of Fast and Abstinence

Fridays are days of abstinence. Good Friday is a day of both fast and abstinence.

Abstinence is no meat (chicken, veal, beef or pork) or meat products for everyone over the age of 14 years.

A **Fast** is defined as one meal and two lesser meals and is binding on those between the ages of 18-59.

"No one should be scrupulous in this regard; failure to observe some penitential day is not considered serious; rather is it failure to observe any penitential days at all or a substantial number of such, which is considered serious."

- U.S. Bishops Conference

Nurses Notes

Insomnia Cures – Part 4

Finding a Cure for Insomnia: A Review of Common Treatments

Antihistamines

“Histamine” is found in the brain and helps keep you alert and awake. An “anti”-histamine crosses over into the brain and makes you sleepy. Many people take an antihistamine when they have a problem with allergies. In addition to helping treat their allergies, it is also known to make them very sleepy. You may not be sure if your allergy or cold product contains something that can make you sleepy. Ask your doctor or pharmacist in order to be certain.

Antihistamines are the most common ingredient in sleep aids that you can buy at a local drug store. Some versions used include the following:

- Diphenhydramine hydrochloride (also called Benadryl®)
- Diphenhydramine citrate
- Doxylamine succinate (may be in some cold formulas such as Maximum Strength Nytol® or Unisom®)
- Triprolidine hydrochloride (may be found in allergy or cold medications such as Actifed®)

Studies of how antihistamines help people with insomnia have looked at the way patients report the following:

- Their ability to fall asleep and stay asleep
- The number of times they wake up after falling asleep
- Their total sleep time
- The quality of their sleep

Next Week: The Results – Part 5

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Thank you from St. Vincent de Paul

The funds you have given to SVDP are surely a gift from God. Without your help, we would fall short of caring for those coming to us for assistance. We provide food or gas vouchers, food from our pantry or garden, partial utility bills and Rent help. We also offer referral help for jobs, medical, and other social services. Sometimes we make house calls for those needing for clothing, furniture, etc. We strive to be fiscally prudent with your funds, always with compassion foremost. Thank you for your continuing financial and spiritual support for our efforts to serve the needy in our community.

Adult Confirmation Class

Our 7 week Adult Confirmation class continues on Thursday February 11th at 7:00 PM. This class is for Baptized Catholics (18 and over) who have received their 1st Communion but have never received the sacrament of Confirmation. If you are interested in attending or have questions pertaining to adult confirmation please contact Lisa at 634-6625 ex.225 or lisap@stannechurchbyron.com

Celebration of the Sacrament of the Sick

“Is there anyone sick among you? Let him send for the presbyters of the church and let them pray over him, anointing him with oil in the name of the Lord. The prayers of faith will save the sick man and the Lord will raise him up. If he has committed any sins, they will be forgiven him.” James 5:14-15

The Sacrament of the Sick is for all who are suffering from physical or mental illness, for those who will be undergoing surgery or elderly people who have become notably weakened even though no serious illness is present. Please join us on **Saturday February 20th at 11:00 AM** in the Hall for Mass and anointing of the sick. Hospitality to follow.

LITURGICAL MINISTERS

02/20 & 02/21

SATURDAY 5:00 PM

Greeters: Evo & Darlene Coelho
Lector 1: Marie Hall
Lector 2: Marlene Layden
Euch. Min: Cup – Colleen & Cal Buckles

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Russ Mueller, Dennis & Catherine Kutsuris
Lector 1: Stephanie Moore
Lector 2: Peggy Ann Valley
Euch. Min: Bread – Jay McLaughlin, Lynn Tiemeyer & Linda Thomas
Cup – Bob Rasp, Dick Macdonald, Mathilda Rizkalla & Jack Thomas

Altar Servers: Team 7

Hospitality: Bev Jardin & Dolores Clark

SUNDAY 10:30 AM

Greeters: Jane Perry, Don & Carolyn Flohr
Lector 1: Lisa Promani
Lector 2: Jean Ann Bauer
Euch. Min: Bread – Don LaPerle, Bernadette Van Slambrook & Fran LaPerle
Cup Rosa Day, Karen Randle, Ernesto & Rosana Navarro

Altar Servers: Team 1

Children’s Liturgy of the Word: Stephanie Hardman

Hospitality: Sue Mikla & Mirna Cruz

SUNDAY 12:30 PM

Recividores: German & Ruth Romero
Lector 1: Enrique Magana
Lector 2: Evangelina Magana
Ofrendas: Gilberto & Blanca Yerena
Ministros de Eucaristía: José & Verónica Caballero
Monogillo: Team D

PLEASE NOTE: Ministry Schedules for Jan – Mar are on the website at www.stannechurchbyron.com

Covenant Corner

A giant Thank You to **Jennifer Evans** and her 8th grade son, **Joseph**, who responded generously with a YES, when asked 30 minutes before Faith Formation class to be the substitute teacher for a class without a catechist. In order for her Mother and brother to teach, 7th grader, **Anne Marie Evans** took on the role of child care provider for her two younger sisters for the hour. Thank you, Evans family! May you be blessed for your generosity!

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Engagement & Stewardship Corner

A Focus on Talent Themes

SELF-ASSURANCE

People who are especially talented in the Self-assurance theme feel confident in their ability to manage their own lives. They possess an inner compass that gives them confidence that their decisions are right.

St. Anne Leaders with this Theme

Cal Buckles

Quote

"Now faith is being sure of what we hope for and certain of what we do not see." - (Hebrews 11:1)

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of *"Living Your Strengths"* (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

Women's Fellowship meets the 2nd Tuesday of each month in Room 2. The next meeting will be Tuesday, February 9th starting with fellowship at 6:30pm.

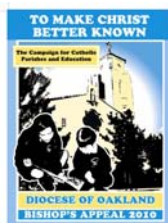
For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

Knight's of Columbus Annual Fish Fry

Knights of Columbus will present the Friday Nite Fish Fry's on February 19 and March 19. Dinner Tickets will be on sale after the Masses. Adults \$10.00, Children \$5.00. Dinner will be served from 5:00PM – 7:30PM. All proceeds for the benefit of St. Anne Parish. Eat in or Take Out!!!

This Week's Second Collection



The Bishop's Appeal is the annual giving campaign of the Diocese of Oakland. Annual appeals support current operations and among the every-day expense of our Diocese is giving back to members of our Catholic community through the programs such as Catholic Education, The Priesthood, Support for needy families & CYO, youth & family ministries. Please be generous in your support.

Upcoming Events at St. Anne

Wednesday, February 17, 2010

ASH WEDNESDAY: 9AM Mass (Chapel); 4:30PM Family Prayer Service (Hall); 7:00PM Bi-lingual Mass (Hall)

Friday, February 19th

Knights of Columbus "Fish Fry". Watch bulletin for info

Saturday, February 20th

Healing Mass 11:00 AM in the hall

Friday, February 19th, 26th March 5th, 12th, 19th, 26th

Via Cruz/Chapel 7:00PM

Wednesday, February 24th March 3rd, 10th, 17th, 24th, 31st

Stations of the Cross/Chapel 7:00 PM

Weekend of February 27th/28th

Tamales on sale after masses

Weekend of March, 5-6, 2010

Lenten Labyrinth Days Retreat – Watch bulletin for more information

Saturday, March 13, 2010

Knights of Columbus "St. Patrick Day Dinner/Dance". Watch bulletin for more information

Saturday, March 13, 2010

Lenten Retreat 9:00 AM – 3:00 PM See flyer in bulletin for more information

Saturday, March 20, 2010

Piano Fundraiser Recital. Watch bulletin for more information.

If your Ministry has an event coming up that is not listed, please contact the office.

Lenten Services, Retreats, Seminars & Events

February 17 th	ASH WEDNESDAY
February 19 th , 26 th	
March 5 th , 12 th , 19 th , 26 th	Via Cruz/Chapel 7:00PM
February 19 th & March 19 th	Knights of Columbus "Fish Fry"
February 20 th	Healing Mass
February 24 th , March 3 rd , 10 th , 17 th , 24 th , 31 st	Stations of the Cross/Chapel 7:00 PM
March 5 th – 6 th	Lenten Labyrinth Retreat
March 9 th	Lenten Reconciliation 6:30 PM
March 13 th	Strength Finders Retreat
March 30 th	Seder Dinner

Other Churches Lenten Reconciliation Dates & Times

March 22 nd	Holy Rosary	7:30 PM
March 23 rd	I.H.M	7:00 PM
March 24 th	St. Anthony	7:00 PM
March 25 th	St. Ignatius	7:30 PM

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, registration packets are available in the magazine rack in the foyer. Please fill out and return by mail, or simply drop in the collection plate at mass. You can also register on our website at: www.stannechurchbyron.com