

6th Sunday in Ordinary Time • VI Domingo Ordinario
February 15 2015 • 15 de Febrero de 2015

WORSHIP

MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES

Sat:	5:00 PM	Parishioners of St. Anne
Sun:	8:30 AM	Deceased Members of the Schmit/Bol Families
	10:30 AM	Benjamin Hughes
	12:30 PM	Miembros vivos y difuntos de Sta. Ana
Mon:	9:00 AM	Families of St. Anne
Tue:	9:00 AM	Youth of St. Anne
Wed:	9:00 AM	Elders of St. Anne
Thurs:	9:00 AM	Parishioners of St. Anne
Sat:	5:00 PM	Families of St. Anne
Sun:	8:30 AM	Bill Seamon
	10:30 AM	Daniel, Ronnie & Jenny Delgado
	12:30 PM	Miembros vivos y difuntos de Sta. Ana

SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 02/16/15-02/22/15

Mon:	Weekday/Día de la Semana Gn 4:1-25 Ps 50:1-21 Mk 8:11-13 Gn 4:1-25 Sal 49:1-21 Mc 8:11-13
Tues:	Weekday; The Seven Holy Founders of the Servite Order/ Día de la Semana; Weekday/Día de la Semana; Los Siete Santos Fundadores de la Orden de los Siervos de la Viren Maria Gn 6:5-8:7:1-10 Ps 29:1a-10 Mk 8:14-21 Gn 6:5-8; 7:1-10 Sal 28:1a-10 Mc 8:14-21
Wed:	ASH WEDNESDAY/MIÉRCOLES DE CENIZA Jl 2:12-18 Ps 51:3-17 2 Cor 5:20-6:2 Mt 6:1-18 Jl 2:12-18 Sal 50:3-17 2 Cor 5:20-6:2 Mt 6:1-18
Thurs:	Thursday after Ash Wednesday/Jueves después de Ceniza Dt 30:15-20 Ps 1:1-6 Lk 9:22-25 Dt 30:15-20 Sal 1:1-6 Lc 9:22-25
Fri:	Friday after Ash Wednesday/Viernes después de Ceniza Is 58:1-9a Ps 51:3-19 Mt 9:14-15 Is 58:1-9a Sal 50:3-19 Mt 9:14-15
Sat:	Saturday after Ash Wednesday; St. Peter Damian, Bishop, Doctor of the Church/Sabado despues de Ceniza; San Pedro Damian, Obispo, Doctor de la Iglesia Is 58:9b-14 Ps 86:1-6 Lk 5:27-32 Is 58:9b-14 Sal 85:1-6 Lc 5:27-32
Sun:	1st Sunday of Lent/I Domingo de Cuaresma Gn 9:8-15 Ps 25:4-9 1 Pt 3:18-22 Mk 1:12-15 Gn 9:8-15 Sal 24:4-9 1 Pe 3:18-22 Mc 1:12-15

PLEASE PRAY FOR/POR FAVOR REZAN POR:

Kathryn Copley, Elsje, Tracy Nye, Matt Catutido, Enzo, Rudy Silva, Juanita Estrellas, Nate Rice, Pam Russell, Georgia Minshall, Jim Doran, Carol Colvin, Bob Nixon, Dorothy, Ralph Randle, Norman Randle, Alex Sherman, Baby Marina, Kristine Jones, Henry Sukovaty, Frankie, Suzy, Kim Sharp, Gary Stone, Nick Donnelly, Amie Summerville, Patricia Stacker, Dennis Murray, Stan Noack, Tori Kinamon, Pam Russell, Frank Jardin, Nancy Lingo, Natalie Quezada, Kelly Leighton, Madison Mooney, Jerry Konkall, Paul Butler, Francesca Capraro, John Marciano
Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

LITURGICAL MINISTERS

02/21-02/22

SATURDAY 5:00 PM

Greeters: Darlene & Evo Coelho

Lector 1: Marie Hall

Lector 2: Marlene Layden

Euch. Min: Cup – Lauren De Vito-Magbitang & Corinne Neubauer

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Judy Baker, Tim & Connie McCabe

Lector 1: Ron Puccinelli

Lector 2: Peggy Ann Valley

Euch. Min: Bread – Jay McLaughlin, Darrell Packard & Ernie Zuccato

Cup – Linda Thomas, Sue Wright-Broughton, Carol & Ken Luke

Altar Servers: Team 10

Hospitality:

A/V: Perry Fonacabe

SUNDAY 10:30 AM

Greeters: Lisa Plasch, Carolyn & Don Flohr

Lector 1: Lisa Promani

Lector 2: Matthew Evans

Euch. Min: Bread – Dick Macdonald, Amy Muse & Cathy Sanocki

Cup – John Dyer, Jennifer Evans, Sr. Barbara, Bob Sanocki, Ken & Marian Landoline

Altar Servers: Team 15

Children's Liturgy of the Word: Nicole Roman

Hospitality:

A/V: Alexis Geoffrey

SUNDAY 12:30 PM

Bienvenidas: Adriana Rodriguez & Ana Duenas

Lector 1: Lorenzo Macias

Lector 2: Alma Márquez

Ministros de Eucaristía:

Pan – Chris Delgado

Taza – Noema Pena, Anabel Rodriguez, German & Ruth Romero

Ofrendas:

Colecta: Anabel Rodriguez, Noema Pena, Jorge & German Romero

Acólitos: Equipo D

A/V:

PLEASE NOTE: Ministry Schedules for Jan - Mar are on the website. It is your responsibility to find your replacement if you cannot serve when scheduled.

FAVOR DE NOTAR: Horarios Ministerio de Enero - Marzo está en el sitio. Es su responsabilidad buscar su reemplazo si usted no puede servir cuando está programado.

PLEASE KEEP OUR MILITARY FAMILY
AND FRIENDS IN YOUR PRAYERS

PRAY FOR THE REPOSED SOULS OF THE FAITHFUL DEPARTED: Doug Scolari

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WORSHIP

Caminata de Laberinto Ecumenical

CINCO jueves de 26 de febrero a 26 de marzo al mediodía

Iglesia modificada de Byron

Viva de experiencia de la disciplina espiritual de oración contemplativa recorriendo el laberinto en nuestro jardín sagrado

Ecumenical Labyrinth Walk

FIVE Thursdays February 26 - March 26 at Noon

Experience the spiritual discipline of contemplative prayer by walking the Labyrinth in our sacred garden

Celebration of the Sacrament of the Sick

The Sacrament of the Sick is for all who are suffering from physical or mental illness, for those who will be undergoing surgery or elderly people who have become notably weakened even though no serious illness is present. Please join us on **Saturday, February 21st at 11:00 AM** in the CLC for Mass and anointing of the sick.

Celebración del Sacramento de los Enfermos

"El Sacramento de los Enfermos es para todos los que sufren de enfermedades físicas o la enfermedad mental, para aquellos que van a tener cirugía o para personas mayores que se han debilitado aun sin estar seriamente enfermos. Favor de acompañarnos el **Sábado 21 de Febrero a las 11:00 am** en el CLC Misa y unción de los enfermos.

Ash Wednesday

Ash Wednesday is February 18th. Distribution of ashes will be at 9:00 AM Morning Mass, 4:30 PM Family Service and 7:00 PM bilingual Mass all in the Hall. Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption.

Miércoles de ceniza

El 18 de Febrero es Miércoles de ceniza. La ceniza se distribuirá a la misa de 9:00 AM, el servicio familiar de 4:30 y misa de 7:00 PM en el salón principal. El Miércoles de ceniza marca el principio de la cuaresma. Es una temporada de penitencia, reflexión y ayuno que nos prepara para la Resurrección de Cristo el Domingo de Pascua, por medio del cual obtenemos la redención.

Inquiry

Are you interested in learning more about the Catholic faith? Join us on Tuesday February 17th at 7:00 pm in the Fireside room for Inquiry. Inquiry is the first step in the journey of full initiation into the Catholic Christian faith. Inquiry is for adults who have not been baptized, have been baptized in another Christian faith or baptized Catholic but have not received the Sacraments of 1st Communion and Confirmation. If you have questions please contact Lisa at lisap@stannechurchbyron.com or 634-6625. If you have ever wondered why Catholics do what they do Inquiry is the place for you to begin to have your questions answered.

Lent Days of Fast and Abstinence

Ash Wednesday & Good Friday are days of both fast and abstinence.

Ash Wednesday & Good Friday are obligatory days of fast and abstinence. Fasting is obligatory for all who have completed their 18th year and have not yet reached their 60th year. Fasting allows a person to eat one full meal. Two smaller meals may be taken, not to equal one full meal. Abstinence (from meat) is obligatory for all who have reached their 14th year. **Fridays in Lent** are obligatory days of complete abstinence (from meat) for all who have completed their 14th year.

"No one should be scrupulous in this regard; failure to observe some penitential day is not considered serious; rather it is failure to observe any penitential days at all or a substantial number of such, which is considered serious." -U.S. Bishops Conference

Días de Ayuno y Abstinencia durante la Cuaresma

Miércoles de ceniza & Viernes Santo son días de ayuno y abstinencia.

Miércoles de ceniza & Viernes Santo son días obligatorios de ayuno y abstinencia. Ayuno es obligatorio para todos los mayores de 18 años hasta los 6^o. Ayuno permite a la persona solo comer una comida completa al día. Con dos porciones menores que equivalen a una comida completa. Abstinencia de comer carne es obligación desde los 14 años de edad. **Los Viernes de Cuaresma** obliga a no comer carne desde los 14 años de edad.

"Nadie debe ser escrupuloso si no puede cumplir con algo en día de penitencia, no es considerado serio; mejor dicho si no puede cumplir con ninguna penitencia entonces si es considerado serio" -U.S. Bishops Conference

CONNECT

Upcoming Events at St. Anne

Wednesday, February 18th

ASH WEDNESDAY-LENT BEGINS

Friday, February 20th, March 6th, 13th, 20th & 27th

Knight's Friday Nite Fish Fry's

Saturday, February 21st

RCIA Retreat

Sunday, March 8th

Lenten Soup/Supper w/ Silhouette Stations of the Cross

Thursday, February 26th, March 5h, 12th 19th & 26th

Ecumenical Labyrinth Walk - Noon

Byron United Methodist Church

Wednesday, March 18th

Lenten Communal Reconciliation 7PM

Tuesday, March, 31st

Passover Seder Celebration

Thursday, April 2nd - 4th

TRIDUUM

Saturday, April 11th

Confirmation Mass

If your Ministry has an event coming up that is not listed, please contact the office.

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CONNECT

THIS WEEK AT ST ANNE/

ESTA SEMANA A ST. ANA 02/14/15- 02/22/15

- Sat: Vigil - 6th Sunday in Ordinary Time**
5:00 PM Baptism - *Kason Carone*
6:00 PM Adoration/Adoración al Santísimo/Chapel/Capilla
- Sun: 6th Sunday in Ordinary Time**
8:00 AM 8:30 AM Mass Choir Practice/Room 1B
8:30 AM RCIA Dismissal
9:30 AM 10:30 AM Mass Choir Practice/Room 1B
11:15 AM Reunion de padres/Fireside
12:30 PM Baptismo - *Camila Vanessa Botello Garcia*
- Mon: OFFICE CLOSED - PRESIDENT'S DAY**
9:00 AM Hospital Communion/Offsite
4:00 PM Food Pantry Prep/Kitchen
6:30 PM La Sagrada Familia/Capilla
- Tues: 9:00 AM Food Pantry Distribution/Methodist Church**
7:00 PM Choir Practice/Hall
7:00 PM Inquiry/Fireside
7:00 PM Finance Committee/Room 2
- Wed: 9:00 AM Morning Mass w/ distribution of Ashes/Hall**
4:30 PM Family Prayer Service w/ distribution of Ashes/Hall
7:00 PM Bilingual Mass w/ distribution of Ashes/Hall
- Thurs: 6:00 PM Boy's Ranch/Offsite**
7:00 PM Spanish Mass Choir Practice/Fireside
- Sat: Vigil - 1st Sunday of Lent**
9:00 AM RCIA Retreat/Fireside
11:00 AM Healing Mass/Hall
- Sun: 1st Sunday of Lent**
8:00 AM 8:30 AM Mass Choir Practice/Room 1B
8:30 AM RCIA Dismissal
9:15 AM 1st Communion Prep/Room 2
9:30 AM 10:30 AM Mass Choir Practice/Room 1B
11:15 AM Primero Comunión Preparación/Aula 2
11:15 AM Reunion de padres/Fireside
6:30 PM Junior High & Teen Ministry



Covenant Corner

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Synod on Marriage and the Family Questionnaire

I want to call to your attention once again this week that the Bishop has asked us for input to give to the Synod on Marriage and the Family that will meet in Rome this coming October. Marriage and Family are extremely important values for all of us. But there are many difficulties in our lives and our cultures that that Church needs to respond to. You can be of significant help in his effort. Pope Francis and the Synod Fathers have sought this input from all members of the Church, all levels, all walks of life and life experience. A questionnaire has been created that I ask you to fill out on line in the next week. It is available in both English and Spanish and can be found at: www.oakdiocese.org/survey Please give this your attention. The participation of all is needed.

Quisiera llamarles su atención una vez mas esta semana a que el Obispo nos ha pedido que compartamos nuestros pensamientos con el Dinodo sobre el Matrimonio y la Familia que se reunirá en Roma este octubre. El matrimonio y la familia tienen un valor muy alto para nosotros. Pero hay muchas dificultades en nuestras vidas y en nuestra cultura a las que la Iglesia necesita responder. Usted puede ser de gran ayuda en este esfuerzo. El Papa Francisco y los Padres Sinodales han buscado aportaciones de todos los miembros de la Iglesia, de todos los niveles, con todo tipo de experiencias. Les Pido que llenen el cuestionario que fue desarrollado para este Proyecto en la siguiente semana. Esta disponible en ingles y español y se puede encontrar en: www.oakdiocese.org/survey. Por favor, préstele su atención. Se necesita la participación de todos.



Women's Fellowship
Upcoming Events:

Women's Fellowship meets the 2nd Tuesday of each month in the Room 2.

NEXT MEETING:

March 10, 2015

6:30 PM - Social; 7:00PM - Meeting starts

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**For membership information contact Anne Doran at [adoran712@comcast.net](mailto:adoran712@comcast.net) or Linda Humbert at [calmhumbert@comcast.net](mailto:calmhumbert@comcast.net).**

*Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.*

**Women's Fellowship Crab Feed**

Women's Fellowship thanks the men, women and youth of St. Anne who helped make our 44<sup>th</sup> annual Ladies Only Crab Feed a huge success. We appreciate your time, talent and treasure in making this our biggest and most profitable event ever. Over \$23,000 will help fund Women's Fellowship outreach and activities.

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## GROW

### GRUPO DE JOVENES

*La misión de los jóvenes es ayudarlos a que se acerquen más a Cristo por medio de la Eucaristía.*

**AVISO:** RE-registro es necesario para el retorno de los estudiantes; Nuevo Registro necesaria para todo nuevo para el programa St. Anne. Santa Ana Web tiene formularios e información adicional.

**STA NOCHE: Febrero 15:** NO HAY CLASE Cumpleaños Presidencial

**Febrero 22:** Clase de 6:30-8:00 pm acerca de: Tema: Cuaresma... Yo? Discipulo de Jesús

**1 de Marzo** - Estaciones de la cruz en el cuarto pequeño para HS

**8 de Marzo** - Cena de sopa -Estaciones de la cruz para las familias

**Marzo 15 y 22** - Descanso de primavera - No hay clase

#### Eventos Próximos:

- 15 de Febrero - Jóvenes- Familias en Misa 10:30 AM
- 1 de Marzo - Estaciones de la cruz en el cuarto pequeño para HS
- 15 de marzo - Jóvenes- Familias en Misa 10:30 AM

**AGRADECIMIENTO ESPECIAL:** a los adultos que ayudaron con el ministerio de Jóvenes en el año 2014. no podríamos haberlo hecho sin ustedes!

Necesitamos voluntarios: si desea ayudar en este ministerio favor de llamar a Sr. Barbara. a la oficina.

### FAITH FORMATION

#### Pre K through 5th Grade

Classes continue Monday, February 23rd 6:30PM - 7:30PM  
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#### 6th-7th-8th Grades = EDGE Program

Classes - Sunday, February 22nd 6:30pm-8:00pm  
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#### 9th-12th Grade= Life Teen and Confirmation

Sunday, February 22nd 6:30pm-8:00pm  
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#### ALL STUDENTS MUST REGISTER

Pre K through 12th Graders

#### New student registration:

- online: St Anne website or
- In Parish Office
- Completed registration includes  
Registration form completed  
Medical Form completed for each child  
Copy of Baptismal Certificate  
Registration Fee

#### Returning students:

- Complete Re-Registration form in Office
- Pay Registration Fee

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*Feel free to call Sister Barbara, Director of Faith Formation, if you need assistance. 925-634-6625*

### FORMACION DE FE

Pre Kinder a 5to grado Clases - el lunes 23 de Febrero  
6:30pm 7:30pm

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#### 6to 7mo-8vo grados = programa EDGE

Las clases -el Domingo 22 de Febrero 6:30pm-8:00pm  
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#### grados 9-12 = Life Teen y confirmación

el Domingo 22 de Febrero 6:30pm-8:00pm  
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#### TODOS LOS ESTUDIANTES DEBEN REGISTRARSE

Pre Kinder a grado 12

#### Registración para alumnos nuevos

- en internet: Página Web de St Anne o
- En la oficina parroquial
- Inscripción incluye  
Formulario de registro completado  
Formulario médico para cada niño  
Copia del certificado de bautismo  
Cuota de inscripción

#### Alumnos ya inscritos en años anteriores:

- Formulario de registro completo en la oficina
- Pagar cuota de inscripción

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*No dude en llamar a hermana Bárbara, Director de formación de fe, si necesitas ayuda. 925-634-6625*

### TEEN MINISTRY

*Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.*

**NOTICE:** RE-Registration necessary for returning students; New Registration needed for all new to St. Anne program. St. Anne Website has forms and additional information.

**TONIGHT: February 15th:** NO CLASS - President's Day

**February 22nd:** Class from 6:30-8:00 pm on: Issue: Lent...Me? Jesus' Disciple

**March 1<sup>st</sup>:** Stations of the Cross in small room for HS

**March 8<sup>th</sup>:** Soup-Supper Stations of the Cross with Families

**March 15 & 22<sup>nd</sup>:** Spring Break...no Class

#### Upcoming Events:

- February 15th - Teen-Families at Mass 10:30 AM
- March 8<sup>th</sup>: Soup-Supper Stations of the Cross with Families
- March 15th - Teen-Families at Mass 10:30 AM

**Special THANKS:** To the Core Adults and Teens for all of their help!

**Volunteers needed:** if you would like to volunteer for Teen Ministry, please Contact Sr. Barbara at the office.

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**SERVE**

**Delta Christian Community Food Pantry**

(St. Anne-Methodist-Presbyterian Churches)

**Food Packing:**

Mondays at 4:00 PM at St. Anne

**Distribution of Food Bags:**

Tuesdays 9:00 AM - 10:00 AM

At Byron United Methodist Church on Byron Highway.

10:30 AM - 12:00 PM

At the Knightsen Garden Center

Serving 120-130 Families Weekly

Providing: Food - Clothing - Household goods - Self Help Resources

Volunteers are welcome. Donations of Food and Money are appreciated.

**Donation request for FEBRUARY  
PEANUT BUTTER AND JELLY**



**Despensa de la Comunidad Cristiana Delta**

(Iglesias Sta. Ana-Methodista-Presbiteriana)

**Empacan comida:**

Lunes a las 4:00 PM en Sta. Ana

**Distribución de bolsas de Comida:**

Martes 9:00 a 10:00 AM

En la Iglesia Metodista de Byron

10:30 AM - 12:00 PM

En la Knightsen centro de jardinería

Sirviendo 120-130 familias semanalmente

Proveyendo: Comida – Ropa – Cosas para la casa -Ayuda personal (lugares)

Los voluntarios son bienvenidos. Apreciamos donaciones de dinero y comida.

**Solicitamos para el mes de FEBRERO:  
MANTEQUILLA DE MANÍ Y MERMELADA**



Pope Francis proclaimed 2015 the Year of Consecrated Life. Sisters and Brothers in Christ, living consecrated lives, make great contributions to our society. They minister with people poor and rich, near and far, educated and illiterate, sick and healthy, helpless and powerful, believers and non-believers. During this year, we at St. Anne will highlight the ministry of many sisters and brothers. We welcome you to write a short story of a sister or brother who has influenced you. Email [srbarbara@stannechurchbyron.com](mailto:srbarbara@stannechurchbyron.com).

El Papa Francisco proclamó el 2015 como el año de la vida consagrada. Los hermanos y hermanas en Cristo que viven vidas consagradas hacen grandes aportaciones a nuestra sociedad. Ministran con gente pobre y rica, cerca y lejos, educados y analfabetos, enfermos y sanos, indefensos y potentes, creyentes y no creyentes. Durante este año, en Santa Ana sacaremos a relucir el Ministerio de muchos hermanos y hermanas. Le invitamos a escribir una breve historia de una hermana o hermano que los ha influenciado. Correo electrónico [srbarbara@stannechurchbyron.com](mailto:srbarbara@stannechurchbyron.com).

**Counseling Services**

St. Anne's is providing individual, couples and family counseling. The provider is Marie Hall, MSW, who is a licensed clinical social worker. Please contact her at 925-634-6625 ext. 228 or at [marieghalllcsww@comcast.net](mailto:marieghalllcsww@comcast.net) for more information regarding fees or to schedule an appointment.



**February 28/March 1, 2015**

**Knights of Columbus Recruitment Weekend**

St. Anne Council #13899 Byron, California

Men, have you ever thought you might like to join the Knights of Columbus?

Mark your calendars!

Following each mass on the weekend of February 28/March 1 brother Knights of your local St. Anne Knights of Columbus Chapter will be staffing tables to answer questions and provide informational material to men 18 years and older who may have an interest in becoming a Knight, joining an international fraternal society and giving back to St. Anne Church and the local community. Please stop by to talk and pick up some information. We look forward to meeting you then.

## SERVE

### STEWARDSHIP THOUGHT

Like St. Paul in the second reading, the good steward can say, "I do all that I do for the sake of the gospel in the hope of having a share in its blessing."

### PENSAMIENTO ADMINISTRATIVO

Como San Pablo en la segunda lectura, el buen administrador puede decir, "hago todo lo que hago por el Evangelio con la esperanza de tener una parte en su bendición."

### OFRENDAS DE LA SEMANA

En el pasado la parroquia iba a publicar las ofertas semanales y compararlas con un monto presupuestado, basado en "Ofrendas parte justa."

La publicación de esta información fue suspendido por recomendación de la diócesis debido a una serie de robos que se han producido en algunos las parroquias de la Diócesis.

Sus ofrendas semanales son muy importantes a la parroquia con el fin de cumplir con nuestras responsabilidades operativas. Pedimos que cada feligrés continuar en oración consideren una oferta consistente que ayude en el cumplimiento de esas responsabilidades. Su generosidad es su retorno al Señor todo el bien para ti.

### WEEKLY OFFERING

In the past the parish would publish the weekly offerings and compare them to a budgeted amount, based on "Fair Share Offerings."

The publishing of this information was discontinued at the recommendation of the Diocese due to a number of burglaries that have occurred at some parishes in the Diocese.

Your weekly offerings are very important to the parish in order to meet our operational responsibilities. We ask that each parishioner continue to prayerfully consider a consistent offering that will assist in meeting those responsibilities

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, Scan the QR code with your smart phone to access our website. No Smart Phone -Registration forms are also available in the foyer and on our website.



### *Nurses Notes:*

### *Mental Health and Illness*

What do Abraham Lincoln, Lionel Aldridge of the 1960's Greenbay Packers, Virginia Wolf, Ludwig Von Beethoven and Isaac Newton have in common? They all had a serious mental illness.

Research on mental health shows that mental disorders are common throughout the United States, and the world, affecting tens of millions of people each year, ( affecting approximately 1 in 4 persons) and that, overall, only about half of those affected receive treatment. Although mental health and mental illness are related, they represent Different psychological states.

Being healthy, mentally and emotionally, means you feel good about yourself, your relationships, and your purpose in life.

Mental disorders are real disabling health conditions that have a tremendous impact on individuals and families. These disorders occur in all racial, ethnic and socioeconomic groups.

Mental illness is characterized by alterations in thinking, mood, or behavior (or some combinations thereof) and is associated with distress and or impaired functioning. These illnesses include bipolar disorder, schizophrenia, depression, attention deficit disorder, anxiety, substance abuse, autism, behavior issues and eating disorders.

Treatment is individualized and may involve various treatments of medications, counseling and psychotherapy, rehabilitation and attention to other psychosocial problems. It is estimated that by 2020, depression will be the second leading cause of disability in the world.

Stigma also has a detrimental affect on treatment outcomes, and so hinders efficient and effective recovery from mental health problems. It's time to change our view of mental illness and get treatment.

*Faith Community Nursing*  
*Serving the community is our passion.*

### IN CASE OF AN EMERGENCY

PLEASE use the phone at the AV booth or in the office to call 911. Do not use your cell phone it will reach Sacramento CHP and precious time will be lost.

Si es usted un Nueve Feligrés, le damos la Bienvenida, extendiéndole nuestras manos y nuestro Corazón como hermanos en Cristo. Escanear el código QR con tu teléfono inteligente para accede a nuestro sitio web. O hay formas Phone-Registro inteligentes también están disponibles en el vestíbulo y en nuestra pagina web.

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## OPPORTUNITIES

### Movimiento Familiar Cristiano Católico: Por una Familia Más Feliz

Muchos son los retos y desafíos que enfrentamos los matrimonios hoy en día. El Movimiento Familiar Cristiano Católico es una organización especialmente diseñada para ayudar a las familias hispanas en Los Estados Unidos a:

- Enfrentar las dificultades dentro del núcleo familiar a la luz de la palabra de Dios
- Desarrollarse plenamente a través de la promoción de valores humanos y cristianos
- Fortalecer la unidad familiar a través de la comunicación y el dialogo entre los esposos e hijos

Para mayor información sobre como beneficiarse de este ministerio llamar a:

Refugio y Adriana Rodríguez 925 513-9416  
Enrique y Evangelina Magaña 925 516-8682

### From The Catholic Voice

If you're a parishioner in the Oakland Diocese and are not receiving your free copy of The Catholic Voice through the mail, let us know and we'll start your subscription. For 48 years, The Catholic Voice has been the East Bay's trusted source of news, commentary and information about the Church and its people from your neighborhood and throughout the world. It's easy to stay informed. Start your free subscription\* to 21 issues a year with a phone call or an e-mail to Sandi Gearhart, (510) 893-5339 or [sgearhart@oakdiocese.org](mailto:sgearhart@oakdiocese.org)

\*Your information is not shared or sold to any entity outside your parish and The Catholic Voice.

### Host Families Needed

July 1-July 27, for Exchange Students from Italy and Spain. Help a student ages 14-18 experience the American Dream! Create global friendships, share faith, traditions and culture. Experience Italy and Spain in your home. For more details, please call Kelly Gross @ 951-501-9500 or email [kelly.ephomestay@hotmail.com](mailto:kelly.ephomestay@hotmail.com)

### Primary Teacher Vacancy for 2015-2016 St. Bernard's Catholic School

The position begins on August 1. Salary is determined by experience and units completed beyond a B.A. Teaching credential completed or in progress is required. All interested applicants contact the school for further information. Applications can be found at [www.st-bernardschool.org](http://www.st-bernardschool.org) and must be submitted by February 27. Please include application, resume, letter of interest, and three letters of reference.

165 W. Eaton Ave.

Tracy, CA 95376

[pparedes@st-bernardschool.org](mailto:pparedes@st-bernardschool.org)

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### Worldwide Marriage Encounter

The second reading Paul says "do everything for the glory of God". Does your marriage witness the glory of God? The next Worldwide Marriage Encounter Weekends are May 15-17, August 7-9 or November 20-22. Early registration, 4 to 6 weeks out is highly recommended. For more information contact Mike & Jeanne @ 925.672.2016 or Joe & Sue @ 925.680.7767 now or go to [oaklandwwme.org](http://oaklandwwme.org)

### Part-Time Cashier – Cathedral of Christ the Light Gift Shop

Energetic, attentive, reliable individual needed to staff The Cathedral Gift Shop. Must be able to operate a cash register system with ease, render top-notch customer service, field telephone inquiries, restock, assist in inventory-related tasks, and perform other related duties as assigned. Must be available to work flexible hours, including holidays. Bilingual skills a plus. Please submit cover letter and resume to [giftshop@ctlcathedral.org](mailto:giftshop@ctlcathedral.org).

### Men's Retreat: Register Today!

Join us for the 2015 St. Bonaventure Men's Retreat--"Mature Discipleship - Finding Joy and Fulfillment in the spiritual Struggles of the 2nd Half of Life"--the weekend of March 6-8 at the San Damiano Retreat Center in Danville, CA. Our retreat master will be Fr. Richard Mangini, pastor of St. Bonaventure parish in Concord. For more info call Peter Nixon at 925-363-5884 or Matt Remington at 925-672-4006. register online at <http://www.stbonaventure.net/parish-ministries/adult-faith/mens->

**Have you ever thought about becoming a Sister?** Single Catholic women ages 18 - 40 are invited to a **Religious Vocation Discernment Retreat** with the Daughters of Charity of St. Vincent de Paul **April 10-12, 2015 in Los Altos Hills, California (Bay Area)**. If you would like to know more about attending this prayerful and reflective discernment retreat, contact **Sister Lisa Laguna, D.C.** at 650/949-8890, 213-210-9903, or email us at [SrLisaDC@aol.com](mailto:SrLisaDC@aol.com). Find us on Facebook at: **Daughters of Charity Vocations U.S.**, follow us at Twitter.com/DofCharity or read about us on [www.DaughtersOfCharity.com](http://www.DaughtersOfCharity.com).