

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM June Ramos & Dorothy Diaz Intention
Sun: 8:30 AM Alonzo Cadena
10:30 AM Cezar Dalipe
12:30 PM Miembros vivos y difuntos de Sta. Ana
Mon: 9:00 AM Families of St. Anne
Tue: 9:00 AM Elders of St. Anne
Wed: 9:00 AM Youth of St. Anne
Thurs: 9:00AM Vincent Inglese
Sat: 5:00 PM Parishioners of St. Anne
Sun: 8:30 AM Families of St. Anne
10:30 AM Elders of St. Anne
12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANA 02/20/10– 02/28/10**

Sat: Vigil – 1st Sunday of Lent
11:00 AM Healing Mass/Hall
Finance Committee Annual Report

Sun: 1st Sunday of Lent
9:30 AM 1st Communion Prep/Room 1 & 2
11:45 AM Teen Ministry Planning Mtg/Fireside
1:30 PM Career Networking/Room 2
Finance Committee Annual Report
Hospitality Sunday

Mon: 9:00 AM Hospital Communion/Sutter Delta Hospital
9:45AM Rosary & Prayers for Peace/Chapel or Garden
1:00 PM Food Bank Meeting/Fireside
5:00 PM Children's Choir/Hall
5:30 PM Children's Guitar Class/Fireside
6:30 PM Family Faith Formation/CLC
6:30 PM Spanish Prayer Group/Chapel

Tues: 6:00 PM Knight's Third Degree Mtg./Fireside Rm.
7:00 PM Garden Ministry/Room 2
7:30 PM Finance Committee/Room 1A

Wed: 7:00 PM Stations of the Cross/Chapel
7:00 PM Teen Ministry/Confirmation/Hall
7:00 PM Jr. High Faith Formation/Fireside
7:00 PM Spanish Bible Study/Room 1A
7:30 PM St. Vincent de Paul/Room 2

Thurs: 10:00 AM Exposition of the Blessed Sacrament/Chapel
6:00 PM Boy's Ranch/Offsite
7:00 PM Benediction & Evening Prayer/Chapel
7:00 PM Adult Confirmation Class/Fireside
7:30 PM Spanish Choir Practice/Chapel

Fri: 7:00 PM Via Cruz/Chapel

Sat: Vigil – 2nd Sunday of Lent
Knights of Columbus 3rd Degree Exemplification
Olivewood items on sales
Tamales Sale

Sun: 2nd Sunday of Lent
9:30 AM 1st Communion Prep/Room 1 & 2
Olivewood items on sales
Tamales Sale

**LAST SUNDAY'S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

*Your generosity is your return to the Lord for his goodness to you.
Make an investment in the reign of God today!*

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 02/20/10 – 02/28/10**

Mon: THE CHAIR OF PETER, APOSTLE
1 Pt 5:1-4 Ps 23:1-6 Mt 16:13-19

Tue: Lenten Weekday: Polycarp, bishop, martyr
Is 55:10-11 Ps 34:4-19 Mt 6:7-15

Wed: Lenten Weekday
Jon 3:1-10 Ps 51:3-19 Lk 11:29-32

Thurs: Lenten Weekday
Est C: 12-25 Ps 138:1-8 Mt 7:7-12

Fri: Lenten Weekday
Ez 18:21-28 Ps 130:1-8 Mt 5:20-26

Sat: Lenten Weekday
Dt 26:16-19 Ps 119:1-8 Mt 5:43-48

Sun: 2nd Sunday of Lent
Gn 15:5-18 Ps 27:1-14 Phil 3:17-4:1 Lk 9:28b-36

**PLEASE PRAY FOR/POR FAVOR
REZAN POR:**

Vanessa Cross, Lisa Butler, Chris Wagner, Amada Delgado, Bill Sears Sr., Robert W. Thomas, Kathryn Thomas, Justine Cardone, Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski,

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

**PLEASE KEEP OUR MILITARY FAMILY AND
FRIENDS IN YOUR PRAYER**

**St. Anne's gets credits through script for Ace
Hardware and Safeway. Sign up.**

STEWARDSHIP THOUGHT

Today's first reading describes the offering of first fruits the people of Israel were to present to the Lord in thanksgiving for their deliverance from Egypt and the gift of the promised land. Is my offering at today's Mass an appropriate response to the many blessings the Lord has given me?

FAITH FORMATION

Lenten practices for the Family: Every family at St. Anne is invited to contribute their coins all during this Lenten season. You received a "*St. Anne makes change*" label to put on a jar or container at home. This visible reminder and active involvement of all family members, dropping their coins into the jar each day, will model for the family the value you place in helping others. Remember to pray for others at this time also. Please return your Lenten donation by March 28th.

7th-8th Faith Formation students are preparing a special Stations of the Cross. They will present this on March 10th at 7:00pm. Please save the date. All parishioners, families and friends will want to experience this evening of prayer. It will be in the Hall.

First Communion Parent Meeting:

Parent Meeting - Sunday, Feb 21st at 9:30am in Fireside Room

Pre-K through 6th Grade Faith Formation Parent Meeting:

Please save the date **Monday, March 8th** for a parent meeting. It will be held at **6:30pm** in the Fireside Room.

Adult Faith Formation Class continues **Monday, March 1st** at 6:30PM in the Office.

Catholic Action Principles

Use the Power of Patience

You can handle most problems because you know that only a little time stands between you and your goal. It may take twenty calls to make a sale. Be patient. It might take you five attempts to quit smoking or lose weight. It might take ten applications to get the job you really want. The point is that you try and keep trying until you succeed. Most people quit too soon. Be persistent. Be patient. Concentrate on your major goal until you have achieved it. It is not what you did yesterday. It is not what you may be doing today. It is what you are prepared to do every day. That one cold morning when you want to roll over but instead get up and go to the gym, is a defining moment.

Remember that all wealth, all businesses, all real estate and all treasures eventually pass from old hands to young. Be prepared. Your time is coming.

-Bill FitzPatrick,

On Saturday September 11, 2010 the Community of St. Anne will celebrate the 25th Anniversary of Fr. Ron's Ordination. If you would like to help with this special event please contact Lynn Tiemeyer at 925-567-6310. Please join us to make this a memorable celebration for Fr. Ron and our St. Anne Community.

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

Last week: Was Ash Wednesday

This week: Was a Catechetical night

Next week: Will be another Catechetical night

Next planning meeting: TODAY: Sunday, February, 21st after the 10:30 Mass.

Youth Day: We have *17 TEENS attending this year!!!!*

Thank you for everyone's support in purchasing Holiday items, the car wash, and fall festival. We raised over \$1,200 to help the teens make it to Youth Day.

If more Teens want to go next year, we will need more support from parents. The teens are planning another car wash in February when we can get a dry weekend.

Special THANKS: Danette Jolly, Jerry Day, Karen Randal, Karla Rodriguez, and Jessica Alfaro for helping to plan out this month events.

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015.



from The Joyful Noiseletter
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Lent Days of Fast and Abstinence

Fridays are days of abstinence. Good Friday is a day of both fast and abstinence.

Abstinence is no meat (chicken, veal, beef or pork) or meat products for everyone over the age of 14 years.

A **Fast** is defined as one meal and two lesser meals and is binding on those between the ages of 18-59.

"No one should be scrupulous in this regard; failure to observe some penitential day is not considered serious; rather is it failure to observe any penitential days at all or a substantial number of such, which is considered serious."

- U.S. Bishops Conference

Nurses Notes

Insomnia Cures – Part 5

Finding a Cure for Insomnia: A Review of Common Treatments

Results show that antihistamines do help patients sleep better. The studies included a control group who took a placebo. The placebo was only a sugar pill with no real medicine. The group taking the placebo did not sleep better. The studies covered only one to two weeks of use. The most common side effects included the following:

- Drowsiness
- Grogginess
- Tiredness
- Dry mouth
- Weakness

CONCLUSION:

Patients do say that antihistamines help them sleep better. This effect is mild, but positive. Side effects, such as drowsiness during the day, can be common and severe. The effectiveness when used over time has not been studied. These medications may affect the activities of patients the following day. This may lead to other problems.

Other Allergy and Cold Products

Allergy and cold products may contain antihistamines. They may also contain other ingredients that affect sleep. Some of these ingredients may cause sleepiness. An example is dextromethorphan. It is often added to cough and flu products. Other ingredients may have the opposite effect and cause insomnia. An example is pseudoephedrine. This is also called Sudafed®.

Many allergy and cold products have more than one of these ingredients. It is important to read the labels. You may not be sure if your allergy or cold product contains something that can make you sleepy or cause insomnia. Ask your doctor or pharmacist.

Next Week: **Read the label – Part 6**

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Laptop Needed

St Anne Garden Ministry and Career Ministry are in need of a laptop in good condition that they can share between the ministries. If you do have one that you can donate please bring it to the office. Thank you very much and may God Bless you!

Adult Confirmation Class

Our Adult Confirmation class continues on Thursday February 25th at 7:00 PM. This class is for Baptized Catholics (18 and over) who have received their 1st Communion but have never received the sacrament of Confirmation. If you are interested in attending or have questions pertaining to adult confirmation please contact Lisa at 634-6625 ex.225 or lisap@stannechurchbyron.com

On Saturday, February 27th, the 5:00 PM Vigil mass will be celebrated in the Hall of the Community Life Center.

LITURGICAL MINISTERS

02/27 & 02/28

SATURDAY 5:00 PM

Greeters: Joji Ponco & Madonna Leeper

Lector 1: Robert Meagher

Lector 2: Art Meyers

Euch. Min: **Cup** – Kathy & Larry Green

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Judy Baker, Tim & Connie McCabe

Lector 1: Lucy Peterson

Lector 2: Ron Puccinelli

Euch. Min: **Bread** – Shari Pica, Dick Macdonald & Cathy Sanocki

Cup – Bob Sanocki, Jerry Day, Pete & Glenda DuBois

Altar Servers: Team 12

Hospitality:

SUNDAY 10:30 AM

Greeters: Ro Sweet, Greg & Elizabeth Fulton

Lector 1: Michelle Castinado

Lector 2: Linda Knapp

Euch. Min: **Bread** – Mary Ann Outlaw, Corinne & Ray Neubauer

Cup Ron Kapphahn, Ken Landoline, John Dyer & Phil Karls

Altar Servers: Team 13

Children's Liturgy of the Word: Buzz Pedrotti

Hospitality:

SUNDAY 12:30 PM

Recividores: Andrés & Ana Yerena

Lector 1: Vicente Vazquez

Lector 2: Karla Rodriguez

Ofrendas: Martin & Imelda Cisneros

Ministros de Eucaristía: Chris & Amada Delgado

Monogillo: Team

PLEASE NOTE: Ministry Schedules for Jan – Mar are on the website at www.stannechurchbyron.com

Covenant Corner

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Girl Scout Cookies

All St. Anne registered parishioners who have girls registered in girl scouts are invited to help sell Girl Scout cookies after the masses. Sign ups will be held Monday Night at 6:30 PM in the Fireside Room or contact Nancy Brunson at (925) 240-1060.

Engagement & Stewardship Corner

A Focus on Talent Themes

SIGNIFICANCE

People who are especially talented in the Significance theme want to be very important in the eyes of others. They are independent and want to be recognized

St. Anne Leaders with this Theme

Chuck Woods, Peggy Ann Valley

Quote

““Therefore I urge you to imitate me.”
(1 Corinthians 4:16)

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of “*Living Your Strengths*” (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

Women's Fellowship meets the 2nd Tuesday of each month in Room 2. The next meeting will be Tuesday, February 9th starting with fellowship at 6:30pm.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

Knight's of Columbus 3RD Degree

On February 27th the Knights of Columbus is hosting a Third Degree Induction ceremony. It will be followed with a mass at 5PM in the Hall. (Saturday Nite Vigil Mass will be celebrated in the hall). Mass will be followed with a social hour. A B-B-Q Tri Tip dinner will be served following the social hour and all are invited to attend the dinner. The cost is only \$15/person. Tickets can be purchased after masses or in the Church office.

Catholic Charities Golf Tournament

Please join Catholic Charities of the East Bay as it celebrates its 26th Annual Golf Tournament and Silent Auction on April 19th at Diablo Country Club. Sponsorships are still available for this wonderful event, which supports programs that lift people out of poverty. For more information, contact Joe Vallor at 510 768 3138 or jvallor@cceb.org.

Upcoming Events at St. Anne

Friday, February 26th March 5th, 12th, 19th, 26th

Via Cruz/Chapel 7:00PM

Wednesday, February 24th March 3rd, 10th, 17th, 24th, 31st

Stations of the Cross/Chapel 7:00 PM

Thursday, February 25th

10:00 AM Adoration of the Blessed Sacrament

7:00 PM Benediction & Evening Prayer

Weekend of February 27th/28th

Tamales on sale after masses

Olivewood Items on sale after masses

Weekend of March, 5-6, 2010

Lenten Labyrinth Days Retreat – See bulletin for more information. Sign up after masses

Saturday, March 13, 2010

Knight's of Columbus “St. Patrick Day Dinner/Dance”.

See bulletin for more information. Tickets on sale after masses and in the office

Saturday, March 13, 2010

Lenten Retreat 9:00 AM – 3:00 PM See flyer in bulletin for more information. Sign up after masses

Friday, March 19th

Knight's of Columbus “Fish Fry”. see bulletin for info. Tickets on sale after masses.

Saturday, March 20, 2010

Piano Fundraiser Recital. Watch bulletin for more information.

If your Ministry has an event coming up that is not listed, please contact the office.

Lenten Services, Retreats, Seminars & Events

| | |
|---|--------------------------------------|
| February 26 th March 5 th , 12 th , 19 th , 26 th | Via Cruz/Chapel 7:00PM |
| February 20 th | Healing Mass |
| February 24 th , March 3 rd , 10 th , 17 th , 24 th , 31 st | Stations of the Cross/Chapel 7:00 PM |
| March 5 th – 6 th | Lenten Labyrinth Retreat |
| March 9 th | Lenten Reconciliation 6:30 PM |
| March 13 th | Strength Finders Retreat |
| March 19 th | Knight's of Columbus “Fish Fry” |
| March 30 th | Seder Dinner |

Other Churches Lenten Reconciliation Dates & Times

| | | |
|------------------------|--------------|---------|
| March 22 nd | Holy Rosary | 7:30 PM |
| March 23 rd | I.H.M | 7:00 PM |
| March 24 th | St. Anthony | 7:00 PM |
| March 25 th | St. Ignatius | 7:30 PM |

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, registration packets are available in the magazine rack in the foyer. Please fill out and return by mail, or simply drop in the collection plate at mass. You can also register on our website at: www.stannechurchbyron.com