

**MASS INTENTIONS FOR THE WEEK/
 INTENCIONES SEMANALES**

Sat: 5:00 PM Parishioners of St. Anne
Sun: 8:30 AM Families of St. Anne
 10:30 AM Elders of St. Anne
 12:30 PM Miembros vivos y difuntos de Sta. Ana
Mon: 9:00 AM Youth of St. Anne
Tue: 9:00 AM Parishioners of St. Anne
Wed: 9:00 AM Families of St. Anne
Thurs: 9:00AM Elders of St. Anne
Sat: 5:00 PM Youth of St. Anne
Sun: 8:30 AM Cecilia Desmond
 10:30 AM Scott Reed
 12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
 ESTA SEMANA A ST. ANA 02/27/10– 03/07/10**

Sat: **Vigil – 2nd Sunday of Lent**
 Knights of Columbus 3rd Degree Exemplification
Olivewood items on sales
Tamales Sale

Sun: **2nd Sunday of Lent**
 9:30 AM 1st Communion Prep/Room 1 & 2
Olivewood items on sales
Tamales Sale

Mon: 9:00 AM Hospital Communion/Sutter Delta Hospital
 9:45AM Rosary & Prayers for Peace/Chapel or Garden
 5:00 PM Children’s Choir/Hall
 5:30 PM Children’s Guitar Class/Fireside
 6:30 PM Family Faith Formation/CLC
 6:30 PM Spanish Prayer Group/Chapel

Tues: 7:00 PM Baptismal Prep/Room 2
 7:00 PM Women’s Fellowship Crab Feed Mtg./Fireside

Wed: 12:00 PM WF Crafting/Fireside
 7:00 PM Stations of the Cross/Chapel
 7:00 PM Teen Ministry/Confirmation/Hall
 7:00 PM Jr. High Faith Formation/Fireside
 7:00 PM Spanish Bible Study/Room 1A
 7:30 PM Liturgy Committee/Room 2

Thurs: 6:00 PM Boy’s Ranch/Offsite
 7:00 PM Faith Nursing/Fireside
 7:00 PM Choir Practice/Hall
 7:00 PM Ordination Anniversary Meeting/Room 2

Fri: 6:00 PM Lenten Labyrinth Retreat/Hall

Sat: **Vigil – 3rd Sunday of Lent**
 9:00 AM Lenten Labyrinth Retreat/Hall
 2nd Collection – Diocesan Commitment

Sun: **3rd Sunday of Lent**
 9:30 AM 1st Communion Prep/Room 1 & 2
 2:00 PM Bi-Lingual Choir Practice/Hall
 2nd Collection – Diocesan Commitment
 Hospitality Sunday

FAITH FORMATION

Ideas to help make our Lent special:

A Lenten calendar with daily prayer or action ideas was given to each student in Faith Formation classes and in Youth Ministry. If you desire one, please ask Sister Barbara.

Some additional Family Lenten materials are available. They will be sold Monday nights and Sunday 9:30am-10:30am. See the display in hallway. A small donation will be appreciated.

Pre-K through 6th Grade Faith Formation Parent Meeting: Please save the date **Monday, March 8th** for a parent meeting. It will be held at **6:30pm** in the Fireside Room.

Saturday, March 13th 6:30pm Dinner The St. Patrick’s Day Parish Dinner will be fun for all. The Knights of Columbus are the organizers. They have decided to **give 50% of the proceeds to our Faith Formation and Teen Ministry Programs.** We are very grateful. So, let’s invite family and friends to enjoy a good dinner together and support this event. Please look for more information in the foyer. The Faith Formation calendar indicates **No Classes week of March 14th & 21st,** due to the school break. If you are staying in town, maybe coming to a morning 9am Mass will fit into your schedule.

First Communion class resumes March 28th. A parent meeting will take place **March 28th also.** It is essential that one parent participate.

April 23rd is the First Communion Retreat day for child and parent. It will begin at 9:00am and close at 12noon. Every First Communion child (2nd-8th) is expected to participate in this morning with one parent.

Adult Faith Formation Class continues **Monday, March 1st** at 6:30PM in the Office.

PLEASE PRAY FOR/POR FAVOR

REZAN POR: Carolyn, Brad, Vanessa Cross, Lisa Butler, Chris Wagner, Amada Delgado, Bill Sears Sr., Robert W. Thomas, Kathryn Thomas, Justine Cardone, Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski,

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

PLEASE KEEP OUR MILITARY FAMILY AND FRIENDS IN YOUR PRAYER

St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.

STEWARDSHIP THOUGHT

Peter, James, and John wanted to build a “booth” for Jesus and just stay on the mountain where His transfiguration took place. But the Son of God, the Chosen One, knew that He must instead keep moving toward His Crucifixion. We, too, must rise from worship and do what we can to hasten the coming of the Kingdom.

Catholic Action Principles

Maintain a Positive Mental Attitude

A positive mental attitude results from a life guided by faith and dedicated to self-improvement and service. With a personal commitment to doing your best today, you don't have to be overly concerned about tomorrow. You can be confident that good things will happen and be equally confident that if trouble comes you will have the strength of your Catholic religion to cope. You are tough. You stay at it. You don't allow your doubts to destroy your dreams. Hope does spring eternal.

You are thankful to have the curiosity to keep learning. You are grateful to see opportunity knock so often. You are thankful to have the personality to keep making new friends. Your mind can only hold one thought at a time so make that one thought positive. Count your blessings. Say your prayers. The way is clear. The world is a better place because you are in it.

-Bill FitzPatrick,

Easter Triduum Choir

All are invited to participate in the Easter Triduum this year as members of the choir. No previous choir experience is required – just a willingness to give it a try! There will be two choirs and you can sing in either or both. **Holy Thursday and Good Friday:** there will be an English/Spanish choir (you do NOT need to speak both languages!). To participate you will need to attend one or both of the following rehearsals: Thursday, March 18 from 7:00-9:30 p.m. and/or Thursday, March 25 from 7:00-9:30 p.m. **Easter Vigil:** the choir will sing English language music. To participate you will need to attend one or both of the following rehearsals: Sunday, March 21 from 2-5 p.m. and/or Saturday, March 27 from 9 a.m. – 12 p.m. All rehearsals are in the Community Life Center. If you are interested, **please sign up in the foyer or contact the office** so that we know how much music we will need. We hope you will take the opportunity to participate more fully in the music of these high holy days. **All ages and experience levels** are invited and welcome!

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

Last week: We learned about the Pascal Mystery

This week: Is a social week where the Teens will have time to interact

Next week: We will be listening to the Jr. High present the Stations of the Cross and further learning about the stations as well.

BREAK REMINDER: We will be on Spring Break March 17 and 24th (No class!)

Next planning meeting: Sunday, March 28th (Palm Sunday)

Youth Day: We have 17 TEENS attending this year!!!! Thank you for everyone's support in purchasing Holiday items, the car wash, and fall festival. We raised over \$1,200 to help the teens make it to Youth Day. If more Teens want to go next year, we will need more support from parents. The teens are planning another car wash in February when we can get a dry weekend.

Special THANKS: Danette Jolly, Jerry Day, Amy Wise, Maru Zulueta, Karla Rodriguez, and Jessica Alfaro for helping to plan out this month events.

Thank you to the following boys who helped out for the Knights of Columbus Fish Fry:

Jorge Romero, German Romero, Luis Herrera, Humberto Magana, and Nacho! GREAT JOB, Boys!

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015.

LAST SUNDAY'S OFFERING/ OFRENDAS DE LA SEMANA PASADA

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!



from The Joyful Noiseletter
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Lent Days of Fast and Abstinence

Fridays are days of abstinence. Good Friday is a day of both fast and abstinence.

Abstinence is no meat (chicken, veal, beef or pork) or meat products for everyone over the age of 14 years.

A **Fast** is defined as one meal and two lesser meals and is binding on those between the ages of 18-59.

"No one should be scrupulous in this regard; failure to observe some penitential day is not considered serious; rather is it failure to observe any penitential days at all or a substantial number of such, which is considered serious."

- U.S. Bishops Conference

Garden Ministry Selling See's Candy

St. Anne Church Garden Ministry will be selling See's Candy and Garden Items after Mass starting next week to help support our second year of growing fruits and vegetables for the needy in our community. Please stop by Garden Ministry table and help support our efforts.

Nurses Notes

Insomnia Cures – Part 6

Finding a Cure for Insomnia: A Review of Common Treatments

Many allergy and cold products have more than one of these ingredients listed last week. It is important to read the labels. You may not be sure if your allergy or cold product contains something that can make you sleepy or cause insomnia. Ask your doctor or pharmacist.

Melatonin

Melatonin is a hormone that is released by the brain at night. Many believe that it has a strong link to the sleep-wake cycle. Its release is regulated by an area of the brain that serves as an internal clock. This clock tells the body when it is time to sleep at night. It also tells your body when to be awake during the day. This clock controls “circadian rhythms” in your body. The word “circadian” means to occur in a 24-hour cycle.

The effects of melatonin on sleep have been studied in many ways. Results show the following:

1. It may help some people feel sleepy in a mild way. This effect has not been found in all cases.
2. It can help people who suffer from jet lag. To be a benefit, it must be taken on the right schedule.
3. It can be a big help to people who are blind. They often have an unusual cycle of sleeping and being awake. It can help them have a more normal pattern of sleep.
4. The amount of melatonin in your body lowers as you get older. The results of studies in the elderly have not been able to prove that melatonin is helpful.
5. It does not help older adults who have dementia to sleep better, except in rare cases.

Next Week: Fruits that help with constipation – Part 1

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Penance Service Choir:

There will be a bi-lingual penance service on Tuesday, March 9, at 6:30 p.m. If you are interested in being a part of the choir for this service, there will be a rehearsal on Sunday, March 7 from 2:00 – 3:30 p.m. in the Community Life Center. No previous experience is required. Sign-up sheets are in the Lobby. Please join us!

Adult Confirmation Class

Our Adult Confirmation class continues on Thursday March 11th at 7:00 PM. This class is for Baptized Catholics (18 and over) who have received their 1st Communion but have never received the sacrament of Confirmation. If you are interested in attending or have questions pertaining to adult confirmation please contact Lisa at 634-6625 ex.225 or lisap@stannechurchbyron.com

Career Ministry

St. Anne Church has started a Career Ministry Program that will provide assistance to St. Anne Parishioners who are out of work by helping with resume writing, career guidance, and assistance in finding a job. Eventually we will offer career change guidance, how to obtain advancement in your present job, or help finding a better job. For further information please leave your name, and phone number, e-mail or some way we can contact you in the office.

LITURGICAL MINISTERS

03/06 & 03/07

SATURDAY 5:00 PM

Greeters: Joji Ponco & Mary Flann
Lector 1: Bob Van Slambrook
Lector 2: Tony Hicks
Euch. Min: **Cup** – Connie & Henry Sukovaty
Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Shari Pica, Russ Mueller & Barbara Stoiber
Lector 1: Peggy Ann Valley
Lector 2: Chuck Woods
Euch. Min: **Bread** – Lynn Tiemeyer, Mathilda Rizkalla & Jay McLaughlin
Cup – Bob Rasp, Ernie Zuccato, John & Danette Jolly
Altar Servers: Team 11
Hospitality: Madonna Leeper & Mary Ann Hansen

SUNDAY 10:30 AM

Greeters: Catrina Mygrant, Linda Jardin & Lisa Plasch
Lector 1: Jean Ann Bauer
Lector 2: Jose Cruz-Zamora
Euch. Min: **Bread** – Suzanne Gillick, Toni & Will Schulte
Cup Karen Randle, Al Castinado, Margaret Zuccato & Marian Landoline
Altar Servers: Team 9

Children's Liturgy of the Word: Elizabeth & Andy Sherman
Hospitality: Sherry Kulling & Candice Reed

SUNDAY 12:30 PM

Recividores: Chico & Estela Lopez
Lector 1: German Romero
Lector 2: Ruth Romero
Ofrendas: Jesus & Mariana Perez
Ministros de Eucaristía: Jose Luis & Esther Herrera
Monogillo: Team

PLEASE NOTE: Ministry Schedules for Jan – Mar are on the website at www.stannechurchbyron.com

Covenant Corner

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

2010 Bishop's Appeal

Thank you to all parishioners who have supported this year's Bishop's Appeal. To date we collected 1,735.38 in cash and pledges toward our parish goal of \$15,134 or 11% of our goal.

Engagement & Stewardship Corner

A Focus on Talent Themes

STRATEGIC

People who are especially talented in the Strategic theme create alternative ways to proceed. Faced with any given scenario, they can quickly spot the relevant patterns and issues.

St. Anne Leaders with this Theme

Ken Landoline, Barry Anthony, Ray Neubauer, Chuck Woods, Cal Buckles, Fr. Ron

Quote

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him and he will make your paths straight.”

(Proverbs 3-5-6)

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of *“Living Your Strengths”* (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

- ❖ Wednesdays at Noon in Rm. 2
- ❖ Crab Feed Recap Meeting
Tuesday, March 2nd
7:00 p.m. CLC Fireside Room
All are Invited

Women's Fellowship meets the 2nd Tuesday of each month in Room 2. The next meeting will be Tuesday, March 9th starting with fellowship at 6:30pm.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

St. Vincent de Paul Society

Donation of Automobiles, Boats or Trailers:

Can be made by calling 1 (800) YES SVdP; 1(800) 937-7837. All donated vehicles are tax-deductible based on fair market value. We will arrange to pick-up your vehicle at your convenience. Automobiles do not necessarily have to be running.

Upcoming Events at St. Anne

Friday, March 5th, 12th, 19th, 26th

Via Cruz/Chapel 7:00PM

Wednesday, March 3rd, 10th, 17th, 24th, 31st

Stations of the Cross/Chapel 7:00 PM

Weekend of March, 5-6, 2010

Lenten Labyrinth Days Retreat – See bulletin for more information. Sign up after masses

Saturday, March 13, 2010

Knight's of Columbus "St. Patrick Day Dinner/Dance". See bulletin for more information. Tickets on sale after masses and in the office

Saturday, March 13, 2010

Lenten Retreat 9:00 AM – 3:00 PM See flyer in bulletin for more information. Sign up after masses

Friday, March 19th

Knight's of Columbus "Fish Fry". Tickets on sale after masses or through the office.

Saturday, March 20, 2010

Piano Fundraiser Recital. Watch bulletin for more information.

Weekend of March 27-28, 2010

Tamales on Sale after masses

April 1-3, 2010

TRIDUUM

Weekend April 9-11, 2010

Confirmation Retreat/Offsite

If your Ministry has an event coming up that is not listed, please contact the office.

Lenten Services, Retreats, Seminars & Events

March 5th, 12th, 19th, 26 th	Via Cruz/Chapel 7:00PM
March 3 rd , 10 th , 17th, 24 th , 31 st	Stations of the Cross/Chapel 7:00 PM
March 5 th – 6 th	Lenten Labyrinth Retreat
March 9th	Lenten Reconciliation 6:30 PM
March 13 th	Strength Finders Retreat
March 19 th	Knight's of Columbus "Fish Fry"
March 30 th	Seder Dinner

Other Churches Lenten Reconciliation Dates & Times

March 22 nd	Holy Rosary	7:30 PM
March 23 rd	I.H.M	7:00 PM
March 24 th	St. Anthony	7:00 PM

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, registration packets are available in the magazine rack in the foyer. Please fill out and return by mail, or simply drop in the collection plate at mass. You can also register on our website at: www.stannechurchbyron.com

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 02/27/10 – 03/07/10**

Mon: Lenten Weekday
Dn 9:4b-10 Ps 79:8-13 Lk 6:36-38

Tue: Lenten Weekday
Is 1:10-20 Ps 50:8-23 Mt 23:1-12

Wed: Lenten Weekday; Katherine Drexel, virgin
Jer 18:18-20 Ps 31:5-16 Mt 20:17-28

Thurs: Lenten Weekday; Casimir
Jer 17:5-10 Ps 1:1-6 Lk 16:19-31

Fri: Lenten Weekday
Gn 37:3-28a Ps 105:16-21 Mt 21:33-46

Sat: Lenten Weekday
Mi 7:14-20 Ps 103:1-12 Lk 15:1-32

Sun: 3rd Sunday of Lent
Ex 3:1-15 Ps 103 1-11 1 Cor 10:1-12 Lk 13:1-9