

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM Youth of St. Anne
Sun: 8:30 AM Cecilia Desmond
10:30 AM Scott Reed
12:30 PM Miembros vivos y difuntos de Sta. Ana
Mon: 9:00 AM Parishioners of St. Anne
Tue: 9:00 AM Families of St. Anne
Wed: 9:00 AM Elders of St. Anne
Thurs: 9:00AM Youth of St. Anne
Sat: 5:00 PM Mary S. Coelho
Sun: 8:30 AM Youth of St. Anne
10:30 AM Parishioners of St. Anne
12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANA 03/08/10– 03/14/10**

Sat: Vigil – 3rd Sunday of Lent
9:00 AM Lenten Labyrinth Retreat/Hall
2nd Collection – Diocesan Commitment

Sun: 3rd Sunday of Lent
9:30 AM 1st Communion Prep/Room 1 & 2
2:00 PM Bi-Lingual Choir Practice/Hall
2nd Collection – Diocesan Commitment
Hospitality Sunday

Mon: 9:00 AM Hospital Communion/Sutter Delta Hospital
9:45AM Rosary & Prayers for Peace/Chapel or Garden
5:00 PM Children's Choir/Hall
5:30 PM Children's Guitar Class/Fireside
6:30 PM Family Faith Formation/CLC
6:30 PM Spanish Prayer Group/Chapel

Tues: 6:30 PM Lenten Reconciliation/Hall

Wed: 12:00 PM WF Crafting/Fireside
7:00 PM Stations of the Cross/Chapel
7:00 PM Teen Ministry/Confirmation/Hall
7:00 PM Jr. High Faith Formation/Fireside
7:00 PM Spanish Bible Study/Room 1A

Thurs: 6:00 PM Boy's Ranch/Offsite
7:00 PM Adult Faith Formation/Fireside
7:00 PM Choir Practice/Hall

Fri: 7:00 PM Via Cruz/Chapel

Sat: Vigil – 4th Sunday of Lent
9:00 AM Strength Finders Retreat/Fireside
6:30 PM Knight's St. Patrick's Dinner/Hall
2nd Collection – Catholic Relief Services

Sun: 4th Sunday of Lent
2nd Collection – Catholic Relief Services

STEWARDSHIP THOUGHT

The parable in today's Gospel clearly warns that we, like the fig tree, will be judged by our fruit. While God mercifully provides us with time and opportunity, let us give witness to our faith with deeds of kindness and generosity!

DAYLIGHT SAVING TIME STARTS MARCH 14TH
REMEMBER TO TURN YOUR CLOCKS ONE HOUR
AHEAD

**LAST SUNDAY'S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

Total Plate Collection
February: \$24,018.96
Fair Share Budget
\$54,000

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

*Your generosity is your return to the Lord for his goodness to you.
Make an investment in the reign of God today!*

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 03/08/10 – 03/14/10**

Mon: Lenten Weekday
2 Kgs 5:1-15b Ps 42:2-3;43:3-4 Lk 4:24-30

Tue: Lenten Weekday; Frances of Rome, religious
Dn 3:25-43 Ps 25:4-9 Mt 18:21-35

Wed: Lenten Weekday
Dt 4:1-9 Ps 147:12-20 5:17-19

Thurs: Lenten Weekday
Jer 7:23-28 Ps 95:1-9 Lk 11:14-23

Fri: Lenten Weekday
Hos 14:2-10 Ps 81:6c-17 Mk 12:28-34

Sat: Lenten Weekday
Hos 6:1-6 Ps 51:3-21b Lk 18:9-14

Sun: 4th Sunday of Lent
Jos 5:9-12 Ps 34:2-7 2 Cor 5:17-21 Lk 15:1-32

PLEASE PRAY FOR/POR FAVOR

REZAN POR: Irene Sanocki, Carolyn, Brad, Vanessa Cross, Lisa Butler, Chris Wagner, Amada Delgado, Bill Sears Sr., Robert W. Thomas, Kathryn Thomas, Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

**PLEASE KEEP OUR MILITARY FAMILY AND
FRIENDS IN YOUR PRAYER**

**St. Anne's gets credits through script for Ace
Hardware and Safeway. Sign up.**

FAITH FORMATION

Pre-K through 6th Grade Faith Formation Parent Meeting:

Please save the date **Monday, March 8th** for a parent meeting. It will be held at **6:30pm** in the Fireside Room.

The sacrament of Reconciliation is **Tuesday, March 9th at 6:30pm**. All families are encouraged to prepare for Easter by participating together in this sacrament. Let's check our priorities and see if this bounces to the top of our list.

How is my family's "St. Anne's Makes Change" jar filling up?

Does my family have a jar with the "St. Anne Makes Change" label on our table so we can drop our coins in each day? Please help take care of those who need food, clothing, etc. Our donations will help the St. Vincent de Paul Society open their new building in our area. We are supporting a great cause! Jars are due back to church on Palm Sunday, March 28th.

There are No Classes week of March 14th & 21st due to the school break. If you are staying in town, maybe coming to a morning 9am Mass will fit into your schedule.

1st Communion class resumes Sunday, March 28th with a parent meeting at 9:30am. It is essential that one parent participate. Thank you.

April 23rd is the 1st Communion Retreat day for child and parent from 9:00am -12noon. Every First Communion child (2nd-8th) is expected to participate in this morning retreat with one parent.

Pre-K through 6th classes resume on Monday, March 29th and 7th-8th class resumes on Wednesday, March 31st.

Adult Faith Formation Class continues **Monday, March 29th** at 6:30PM in the Office.

Catholic Action Principles

Risk Failure

Be ready. There is no better time to start taking positive action than right now. You research and you have confidence in your preparations. You don't allow yourself to become paralyzed by indecision. You realize that a time comes when you must act. If you hesitate too long, doubts will linger and turn into fears. Yes, you may stumble. Yes, you may be rejected. Yes, you may fail. This is life, but your Catholic faith gives you hope, support and the heart to try again. You will find guidance from your prayers. Life's winners accept that in trying they may have to adjust and even start again and again. The difference between successful people and others is not whether you make mistakes or even temporarily fail, but how you respond.

Many people look for guarantees before taking independent action. Yet, in seeking assurances, they frequently receive cautions, which can easily be used as excuse for inaction. Be aware that those who love you the most may be the loudest in warning you not to risk.

-Bill FitzPatrick,

Catholic Relief Services

What if you could provide critical medical care for HIV/AIDS patients, help crop recovery to end food crises for entire communities, reunite families, advocate against harmful immigration laws, and supply humanitarian care in disasters and emergencies? The Catholic Relief Services Collection funds six Catholic agencies that do all these things and more. Please help them continue their work and give generously.

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

Last week: Was a social week where the Teens had time to interact with each other.

This week: We will be listening to the Jr. High present the Stations of the Cross and we will be discussing the stations as well.

Next week: We will be on Break March 17th and 24th.
Please pray for the Teens attending Youth Day on March 18th for a safe and memorable experience.

BREAK REMINDER: Classes will resume on March 31st

Next planning meeting: Sunday, March 28th (Palm Sunday)

CONFIRMATION: Retreat April 9-11 (4:00PM to 4:00PM) Confirmation is Saturday, May 22nd 11:00 AM

Special THANKS: Danette Jolly, Jerry Day, Amy Wisz, Maru Zulueta, Karla Rodriguez, and Jessica Alfaro for helping to plan out this month events. Thank you to the following boys who helped out for the Knights of Columbus Fish Fry and 3rd Degree volunteers:

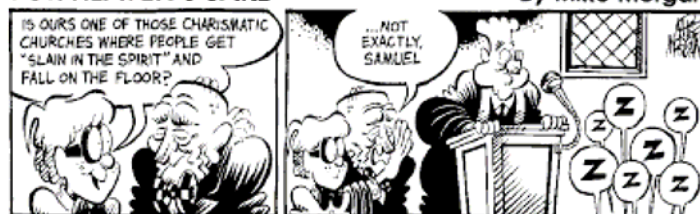
Jorge Romero, German Romero, Luis Herrera, Humberto Magana, and Nacho! GREAT JOB, Boys!

St. Patrick's Day Dinner Volunteers Needed: If you still need volunteer hours, please be at the Life Center by 4:30 on Saturday, March 13th. Families are encouraged to attend. THANKS!!!

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015.

FOR HEAVEN'S SAKE

By Mike Morgan



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Lent Days of Fast and Abstinence

Fridays are days of abstinence. Good Friday is a day of both fast and abstinence.

Abstinence is no meat (chicken, veal, beef or pork) or meat products for everyone over the age of 14 years.

A Fast is defined as one meal and two lesser meals and is binding on those between the ages of 18-59.

"No one should be scrupulous in this regard; failure to observe some penitential day is not considered serious; rather is it failure to observe any penitential days at all or a substantial number of such, which is considered serious."

- U.S. Bishops Conference

2010 Bishop's Appeal

Thank you to all parishioners who have supported this year's Bishop's Appeal. To date we collected \$2,045.26 in cash and pledges toward our parish goal of \$15,134 or 14% of our goal.

Nurses Notes

Fruits that help Constipation – Part 1

In Kaiser Emergency rooms and clinics we are seeing a lot of complains about constipation lately and it was a concern for me. I asked my sister in law who is a Registered Dietician for Kaiser Permanente, what can we do to prevent constipation? She told me people need to eat more “fruits”. Fruits? But don’t most of us eat fruits? Yes, but for many, not enough fruits or lack of varieties. Fruits are your colon’s friends. They are easy to digest and absorb. Learn why you should reach for fresh fruit, if you find yourself suffering from constipation.

How long will it take?

Getting food from our mouths to our stomach, digesting it and then emptying our colon is something we humans spend a lot of time doing. When we suffer from constipation that whole process can seem like an eternity. Have you ever wondered how long the whole process takes?

Since we eat different foods at different times and come in all shapes and sizes, the average transit times (like commuting to and from work!) are only estimates scientists have reached, when studying digestion.

The estimates are that it takes about 2 1/2 to 3 hours for the stomach to be at least 50% emptied, with total emptying times about 4-5 hours. Then there is the small intestine transit time of another 2-3 hours, with colon transit times between 30 and 40 minutes.

Next Week – How Long will it Take – Part 2

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Community Vacation Bible School 2010

June 14 -18, 2010

Join us for a week that will be Out of This World on our Galactic Blast Adventure! Camp meets every morning 8:45 to 12:00 during the week for Art, Games, Music, Science, Snacks, Bible Study, and fun! VBS is open to kids entering Kindergarten thru 6th grade for the 2010-2011 school year. A nursery program is available for younger children of parents who help during the week. Scholarships are available. Mark your calendars now! Registration begins April 3rd, Easter weekend! For more information contact Tammy Douglas-Dodson at 784-1429.

Easter Triduum Choir

All are invited to participate in the Easter Triduum this year as members of the choir. No previous choir experience is required. There will be two choirs and you can sing in either or both.

- ❖ **Holy Thursday and Good Friday:** this is a bi-lingual choir (you do NOT need to speak both languages!). To participate you will need to attend one or both rehearsals: Thursday, March 18th 7:00-9:30PM and/or Thursday, March 25 7:00-9:30PM.
- ❖ **Easter Vigil:** the choir will sing English language music. To participate you will need to attend one or both of the following rehearsals: Sunday, March 21st 2-5PM. and/or Saturday, March 27th 9-12PM.

All rehearsals are in the CLC Hall. If you are interested, **please sign up in the foyer or contact the office.** We hope you will take the opportunity to participate more fully in the music of these high holy days. **All ages and experience levels** are invited and welcome!

LITURGICAL MINISTERS

03/13 & 03/14

SATURDAY 5:00 PM

Greeters: Madonna Leeper & Mike Burke
Lector 1: Marlene Layden
Lector 2: Marie Hall
Euch. Min: **Cup** – Tami Melo & Mary Ann Burke
Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Judy Baker, Connie & Tim McCabe
Lector 1: Stephanie Moore
Lector 2: Kurt Luke
Euch. Min: **Bread** – Dick Macdonald, Glenda DuBois & Kristen Koehler
Cup – Pete DuBois, Ernie Zuccato, Jack & Linda Thomas
Altar Servers: Team 6

Hospitality:

SUNDAY 10:30 AM

Greeters: Jane Perry, Rosana & Ernesto Navarro
Lector 1: Lori Johnson
Lector 2: Rebecca Kubik-Boyd
Euch. Min: **Bread** – Michelle Castinado, Jerry Day & Bernadette Van Slambrook
Cup – Rosa Day, John Dyer, Fran & Don LaPerle
Altar Servers: Team 1

Children’s Liturgy of the Word:

Hospitality:

SUNDAY 12:30 PM

Recividores: Eduardo & Leonor Romero
Lector 1: Nacho Chavez
Lector 2: Elva Chavez
Ofrendas: Juan & Rocío Cuevas
Ministros de Eucaristía: Humberto & Adriana Magana
Monogillo: Team

PLEASE NOTE: Ministry Schedules for Jan – Mar are on the website at www.stannechurchbyron.com

Covenant Corner

Big thanks to **Ron Kappahn** for arranging the installation of a french drain at the front door of the Chapel and thanks to **Henry Sukovaty** for sanding and refinishing the door. Hopefully this should take care of the water problem.

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Engagement & Stewardship Corner

A Focus on Talent Themes

WOO

People who are especially talented in the Woo theme love the challenge of meeting new people and winning them over. They derive satisfaction from breaking the ice and making a connection with another person.

St. Anne Leaders with this Theme

Jim Mattison, Bernadette Van Slambrook, Bob Van Slambrook, Fran Hodge, Jose Cruz-Zamora, Karen Randle

Quote

"Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it."
-(Matthew 25:21)

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of *"Living Your Strengths"* (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

Women's Fellowship meets the 2nd Tuesday of each month in Room 2.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

Garden Ministry

St. Anne Garden Ministry is in its 2nd year of operation and has produced over 1000 lbs of produce for those in need in our community. We hope to produce double that for this coming year with the added space Fr. Ron has allowed us to use for the Garden. To make this happen, we need your support. We are selling See's Candy and garden items after each Mass. If you are interested in becoming part of our team, there will be a sign-up sheet at the table. Please come by the Garden table and help us serve others!

Upcoming Events at St. Anne

TUESDAY, MARCH 9TH

Communal Lenten Reconciliation 6:30PM in the Hall

Wednesday March 10th, 17th, 24th, 31st

Stations of the Cross/Chapel 7:00 PM

Friday March 12th, 19th, 26th

Via Cruz/Chapel 7:00PM

Saturday, March 13, 2010

Knight's of Columbus "St. Patrick Day Dinner/Dance". See bulletin for more information. Tickets on sale after masses and in the office

Saturday, March 13, 2010

Lenten Retreat 9:00 AM – 3:00 PM See flyer in bulletin for more information. Sign up after masses

Friday, March 19th

Knight's of Columbus "Fish Fry". Tickets on sale after masses or through the office.

Saturday, March 20, 2010

Piano Fundraiser Recital. Information is in the bulletin

Weekend of March 27-28, 2010

Tamales on Sale after masses

Tuesday, March 30th

Seder Dinner – 6:00 PM Sign up after mass

April 1-3, 2010

TRIDUUM

Weekend April 9-11, 2010

Confirmation Retreat/Offsite

If your Ministry has an event coming up that is not listed, please contact the office.

Lenten Services, Retreats, Seminars & Events

March 9 th	Lenten Reconciliation 6:30 PM
March 10 th , 17 th , 24 th , 31 st	Stations of the Cross/Chapel 7:00 PM
March 12 th , 19 th , 26 th	Via Cruz/Chapel 7:00PM
Saturday, March 13 th	Strength Finders Retreat
Friday, March 19 th	Knight's of Columbus "Fish Fry"
Tuesday, March 30 th	Seder Dinner

Other Churches Lenten Reconciliation Dates & Times

March 22 nd	Holy Rosary	7:30 PM
March 23 rd	I.H.M	7:00 PM
March 24 th	St. Anthony	7:00 PM
March 25 th	St. Ignatius	7:30 PM

Volunteers for St Anne Summer Art Camp 2010

This year we would like to be able to increase the number of children attending. This year we want to expand the camp to two weeks. The first week for grades 5-8 and the Second week for grades 1-4. This means that we will need more volunteers to help. If you are interested in being part of the team please call the office and leave your name we will contact you with more information. If you have art experience or even if you don't we can use some help.