

**MASS INTENTIONS FOR THE WEEK/
 INTENCIONES SEMANALES**

Sat: 5:00 PM June Ramos & Dorothy Diaz Intention
Sun: 8:30 AM Thomas Devlin
 10:30 AM Don LaPlante
 12:30 PM Geronimo Moran & Isabel Vargas
Mon: 9:00 AM Henry Inglese
Tue: 9:00 AM Margaret Gresher
Wed: 9:00 AM Atillio "Pete" Pedroli
Thurs: 9:00 AM Families of St. Anne
Sat: 5:00 PM Youth of St. Anne
Sun: 8:30 AM Elders of St. Anne
 10:30 AM Parishioners of St. Anne
 12:30 PM Victor Santillan & Louisa Mendoza

**THIS WEEK AT ST ANNE/
 ESTA SEMANA A ST. ANA 03/20/10- 03/28/10**

Sat: Vigil – 5th Sunday of Lent
 10:00 AM Piano Fundraiser Recital/Hall
Sun: 5th Sunday of Lent
 2:00 PM Choir Practice/Hall
Hospitality Sunday
Mon: 9:00 AM Hospital Communion/Sutter Delta Hospital
 9:45AM Rosary & Prayers for Peace/Chapel or Garden
 6:30 PM Spanish Prayer Group/Chapel
Tues: 7:00 PM Garden Ministry/Room 2
Wed: 12:00 PM WF Crafting/Fireside
 7:00 PM Stations of the Cross/Chapel
 7:00 PM Spanish Bible Study/Room 1A
 7:00 PM St. Vincent de Paul/Room 2
Thurs: 10:00 AM Exposition of the Blessed Sacrament/Chapel
 6:00 PM Boy's Ranch/Offsite
 7:00 PM Benediction & Evening Prayer/Chapel
 7:00 PM Adult Confirmation/Fireside
 7:30 PM Bi-Lingual Choir Practice/Hall
Fri: 7:00 PM Via Cruz/Chapel
Sat: Vigil – Palm Sunday
 9:00 AM Choir Practice/Hall
Tamales Sale
Sun: Palm Sunday
 9:30 AM 1st Communion Prep/Rooms 1 & 2
 11:45 AM Teen Ministry Planning Mtg. /Fireside
Hospitality Sunday

STEWARDSHIP THOUGHT

In today's second reading, St. Paul says, "For his sake I have forfeited everything; I have accounted all else rubbish so the Christ may be my wealth." Does my stewardship suggest that I could say the same?

St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.

**LAST SUNDAY'S OFFERING/
 OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

**SCRIPTURE READINGS/
 LECTURAS DE LA SEMANA 03/22/10 – 03/28/10**

Mon: Lenten Weekday
 Dn 13:1-62 Ps 23:1-6 Jn 8:12-20
Tue: Lenten Weekday; Toribio de Mogrovejo, Bishop
 Nm 21:4-9 Ps 102:2-21 Jn 8:21-30
Wed: Lenten Weekday
 Dn 3:14-95 Dn 3:52-56 Jn 8:31-42
Thurs: THE ANNUNCIATION OF THE LORD
 Is 7:10-14; 8:10 Ps 40:7-11 Heb 10:4-10 Lk 1:26-38
Fri: Lenten Weekday
 Jer 20:10-13 Ps 18:2-7 Jn 10:31-42
Sat: Lenten Weekday
 Ez 37:21-28 Jer 31:10-13 Jn 11:45-56
Sun: PALM SUNDAY OF THE LORD'S PASSION
 Is 50:4-7 Ps 22:8-24 Phil 2:6-11 Lk 22:14-56

**PLEASE PRAY FOR/POR FAVOR
 REZAN POR:**

Joan Brzezki, Debbie Lindo, Irene Sanocki, Carolyn, Brad, Vanessa Cross, Lisa Butler, Chris Wagner, Amada Delgado, Bill Sears Sr., Robert W. Thomas, Kathryn Thomas, Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski
Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

**PLEASE KEEP OUR MILITARY FAMILY AND
 FRIENDS IN YOUR PRAYER**

5th Sunday of Lent
5th domingo de Cuaresma

March 21, 2010
Marzo 21, 2010

FAITH FORMATION

How is my family's "St. Anne's Makes Change" jar filling up?

Does my family have a jar with the "St. Anne Makes Change" label on our table so we can drop our coins in each day? Please help take care of those who need food, clothing, etc. Our donations will help the St. Vincent de Paul Society open their new building in our area. We are supporting a great cause! Please bring you jar of money back to church on Palm Sunday, March 28th.

No Classes week of March 14th & 21st due to the school break. If you are staying in town, maybe coming to a morning 9am Mass will fit into your schedule.

First Communion class resumes Sunday, March 28th. A First Holy Communion **parent meeting** will take place **March 28th at 9:30am**. It is essential that one parent participate. Thank you.

April 23rd is the First Communion Retreat day for child and parent. It is from 9:00am -12noon. Every First Communion child (2nd-8th) is expected to participate in this morning retreat with one parent.

Pre-K through 6th classes resume on Monday, **March 29th.**

7th-8th class resumes on Wednesday, March 31st.

All families are invited to the annual SEDER MEAL. The bulletin has more details. This is a special teaching moment for the family to realize our deep connection to a Jewish ritual that was special in Jesus' life and that of all faithful Jewish families. This is for the whole family. Consider coming.

Easter Sunday and Easter Monday, April 4th and 5th, NO Faith Formation Classes will be held.

Adult Faith Formation Class continues **Monday, March 29th** at 6:30PM in the Office.

Catholic Action Principles *Cause Change*

The status quo may be comforting, but for there to be growth, there must be change. Since you seek growth, you must seek change. You must see yourself and your environment not only as it is, but also as it could and should be. You seek the changes necessary to reach the better you so that you can lay your part in making a better world.

First, you change yourself. Can you change your day and spend more time with your family? Can you change your standard lunch routine and make a visit to Church? Can you change your drive home and stop at a nursing home for twenty minutes and see someone who may have few visitors? Can you change your office habits and find the time to make five more phone calls? What are the possible consequences of not changing? Realize that many people don't make plans because they don't want to risk any change. Doing little with your life is much easier and safer than taking risks, but then you will be a small person. Instead, seek the changes which will allow you to be all that you can be.

-Bill FitzPatrick,

Good Shepherd Youth Ministry Passion Play

This year marks the 18th anniversary of the Good Shepherd Passion Play. Since 1993, when it was first presented, this event has been a parish tradition because of the enthusiasm and commitment of many, many people – most of them teenagers. Our youth group and parishioners have been extended and invitation to attend the last dress rehearsal of the sacred drama. This will be the first performance for an audience and Good Shepherd is hoping we can be a part of it. The dress rehearsal is scheduled for Sunday, March 21st at 7PM, Church of Good Shepherd, 3200 Harbor Street, Pittsburg.

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

This week: We will be on Break March 17th and 24th. Please pray for the Teens attending Youth Day on March 18th for a safe and memorable experience.

Next week: We will be on Break March 17th and 24th.

BREAK REMINDER: Classes will resume on March 31st

Next planning meeting: Sunday, March 28th (Palm Sunday)

Confirmation: Retreat April 9-11 (4:00 pm to 4:00 pm). Hand outs given to Teens on Wed. 3-3. If you need additional information, please see Michelle after class on Wednesdays.

Confirmation is Saturday, May 22nd 11:00 am.

Special THANKS: Danette Jolly, Jerry Day, Amy Wisz, Maru Zulueta, Karla Rodriguez, and Jessica Alfaro for helping to plan out this month events.

Thank you to the following boys who helped out for the Knights of Columbus Fish Fry and 3rd Degree volunteers:

Jorge Romero, German Romero, Luis Herrera, Humberto Magana, and Nacho! GREAT JOB, Boys!

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015.



from The Joyful Noiseletter
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Lent Days of Fast and Abstinence

Fridays are days of abstinence. Good Friday is a day of both fast and abstinence.

Abstinence is no meat (chicken, veal, beef or pork) or meat products for everyone over the age of 14 years.

A **Fast** is defined as one meal and two lesser meals and is binding on those between the ages of 18-59.

"No one should be scrupulous in this regard; failure to observe some penitential day is not considered serious; rather is it failure to observe any penitential days at all or a substantial number of such, which is considered serious."

- U.S. Bishops Conference

Nurses Notes

Fruits that help Constipation – Part 3

Top Ten Fruits

Fruits are made by nature- a perfect food. They are easy to digest and absorb. Fruits are your colon's friends. If you ever suffer from constipation, you'll want to reach for fresh fruit. Here's a look at the top ten fruits that help improve constipation.

- | | |
|-----------------|-------------|
| 1. Raspberries | 6. Orange |
| 2. Blackberries | 7. Apple |
| 3. Strawberries | 8. Pears |
| 4. Prunes | 9. Figs |
| 5. Papaya | 10. Avocado |

Fruits offer many health benefits, including providing vitamins and nutrients, but this list have added benefits for sluggish bowels. Can you guess what these fruits pack a punch with? Did you answer fiber? Thought so!

These fruits are packed full of fiber. Let's take dried figs. 5 figs will supply 237 calories, with 8.5 grams of fiber for every 100 of those calories. One cup of raspberries, at 60 calories will help get things moving with 8 grams of fiber.

Most of us have already been told how fiber is so good for us. It's great to know that you don't have to down bowl after bowl of bran to get rid of constipation. In fact, if you aren't used to a lot of fiber in the diet, it can make you feel bloated, gassy and more uncomfortable than being constipated did in the first place.

Next Week – More Fruits to the Rescue – Part 4

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Community Vacation Bible School 2010

June 14 -18, 2010

Join us for a week that will be Out of This World on our Galactic Blast Adventure! Camp meets every morning 8:45 to 12:00 during the week for Art, Games, Music, Science, Snacks, Bible Study, and fun! VBS is open to kids entering Kindergarten thru 6th grade for the 2010-2011 school year. A nursery program is available for younger children of parents who help during the week. Scholarships are available. Mark your calendars now! Registration begins April 3rd, Easter weekend! For more information contact Tammy Douglas-Dodson at 784-1429.

Easter Triduum Choir

All are invited to participate in the Easter Triduum this year as members of the choir. No previous choir experience is required. There will be two choirs and you can sing in either or both.

❖ **Holy Thursday and Good Friday:** this is a bi-lingual choir (you do NOT need to speak both languages!). To participate you will need to attend one rehearsal: The next rehearsal is Thursday, March 25th 7:00-9:30PM.

❖ **Easter Vigil:** the choir will sing English language music. To participate you will need to attend one/ or both rehearsals: The Sunday, March 21st 2-5PM. and/or Saturday, March 27th 9-12PM.

All rehearsals are in the CLC Hall. We hope you will take the opportunity to participate more fully in the music of these high holy days. **All ages and experience levels** are invited and welcome!

LITURGICAL MINISTERS

03/27 & 03/28

SATURDAY 5:00 PM

Greeters: Larry & Kathy Green
Lector 1: Bernadette Van Slambrook
Lector 2: Tony Hicks
Euch. Min: **Cup** – Cal & Colleen Buckles

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Russ Mueller, Judy Baker & Barbara Stoiber

Lector 1: Chuck Woods

Lector 2: Marlene Layden

Euch. Min: **Bread** – Dick Macdonald, Mathilda Rizkalla & Linda Thomas
Cup – Jack Thomas, Kristen Koehler, Pete & Glenda DuBois

Altar Servers: Team 6 & 12

Hospitality:

SUNDAY 10:30 AM

Greeters: Linda Jardin, Elizabeth & Greg Fulton

Lector 1: Stephanie Moore

Lector 2: Michelle Castinado

Euch. Min: **Bread** – Catrina Mygrant, Marian Landoline & Al Castinado

Cup – Margaret Zuccato, Mary Ann Outlaw, Will & Toni Schulte

Altar Servers: Team 3 & 4

Children's Liturgy of the Word: Stephanie Hardman

Hospitality:

SUNDAY 12:30 PM

Recidores: Chico & Estela López

Lector 1: Enrique Magana

Lector 2: Evangelina Magana

Ofrendas: Martín & Imelda Cisneros

Ministros de Eucaristía: José & Verónica Caballero

Monogillo: Team

PLEASE NOTE: Ministry Schedules for Jan – Mar are on the website at www.stannechurchbyron.com

Covenant Corner

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

2010 Bishop's Appeal

Thank you to all parishioners who have supported this year's Bishop's Appeal. To date we collected \$2,065.26 in cash and pledges toward our parish goal of \$15,134 or 14% of our goal.

Engagement & Stewardship Corner

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of "Living Your Strengths" (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

Women's Fellowship meets the 2nd Tuesday of each month in Room 2.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

Garden Ministry

St. Anne Garden Ministry is in its 2nd year of operation and has produced over 1000 lbs of produce for those in need in our community. We hope to produce double that for this coming year with the added space Fr. Ron has allowed us to use for the Garden. To make this happen, we need your support. We are selling See's Candy and garden items after each Mass. If you are interested in becoming part of our team, there will be a signup sheet at the table. Please come by the Garden table and help us serve others!

Lenten Services, Retreats, Seminars & Events

March 24 th , 31 st	Stations of the Cross/Chapel 7:00 PM
March 26 th	Via Cruz/Chapel 7:00PM
Tuesday, March 30th	Seder Dinner

Other Churches Lenten Reconciliation Dates & Times

March 23 rd	I.H.M	7:00 PM
March 24 th	St. Anthony	7:00 PM
March 25 th	St. Ignatius	7:30 PM

Upcoming Events at St. Anne

Wednesday March 24th, 31st

Stations of the Cross/Chapel 7:00 PM

Friday March 26th

Via Cruz/Chapel 7:00PM

Thursday, March 25th

Exposition of the Blessed Sacrament 10 AM – 7PM;

Benediction/Evening Prayer 7PM

Weekend of March 27-28, 2010

Tamales on Sale after masses

Tuesday, March 30th

Seder Dinner – 6:00 PM Sign up after mass

April 1-3, 2010

TRIDUUM – see schedule listed in the bulletin

Weekend April 9-11, 2010

Confirmation Retreat/Offsite

Thursday, April 22nd

Adoration of the Blessed Sacrament/Benediction/Evening

Prayer/Chapel

Saturday, May 1st

Monthly Communal Labyrinth Walk 10AM – Noon

Sunday, May 9th & 16th

1st. Communion at the Sunday Masses

Saturday, May 22nd

Confirmation 11:00 AM

Sunday, May 23rd

Sr. Barbara's 50th Jubilee Mass & Celebration

Thursday, May 27th

Adoration of the Blessed Sacrament/Benediction/Evening Prayer/Chapel

If your Ministry has an event coming up that is not listed, please contact the office.

Volunteers for St Anne Summer Art Camp 2010

This year we would like to be able to increase the number of children attending. This year we want to expand the camp to two weeks. The first week for grades 5-8 and the Second week for grades 1-4. This means that we will need more volunteers to help. If you are interested in being part of the team please call the office and leave your name we will contact you with more information. If you have art experience or even if you don't we can use some help.

"St. Anne Makes Change"

Please remember to bring in your jars next weekend (Palm Sunday).

"Decorated Eggs for the Easter Tree"

Please remember to bring your decorated egg(s) to mass next weekend (Palm Sunday).