

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM Timothy Abney
Sun: 8:30 AM Sandi Hubka
10:30 AM Carmen Navarro-Curiel
12:30 AM Los adolescentes de San Ana
Mon: 9:00 AM Edmond Harbeck
Tue: 9:00 AM David Davini Intention
Wed: 9:00 AM Raj Arokiaraj Intention
Thurs: 9:00 AM Raj Arokiaraj Intention
Sat: 5:00 PM June Ramos & Dorothy Intention
Sun: 8:30 AM Kathryn Thomas
10:30 AM Irene Sanocki

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANA 05/15/10– 05/23/10**

Sat: **Vigil – Ascension of the Lord**
2nd Collection – Catholic Charities
Sun: **Ascension of the Lord**
8:30 & 10:30 AM – 1st Communion
2nd Collection – Catholic Charities
Mon: 9:00 AM Hospital Communion/Sutter Delta Hospital
9:45AM Rosary & Prayers for Peace/Chapel or Garden
5:00 PM Children’s Choir Rehearsal
5:30 PM Children’s Guitar Class
6:30 PM Family Faith Formation/CLC
6:30 PM Spanish Prayer Group/Chapel
Tues: 6:30 PM Inquiry/Fireside Rm.
7:00 PM Anniversary Meeting/Room 1A
7:30 PM Finance Committee/Room 2
Wed: 12:00 PM WF Crafting/Fireside
7:00 PM Spanish Bible Study/Chapel
Thurs: 6:00 PM Boy’s Ranch/Offsite
7:00 PM Bilingual Choir Practice/Hall
7:00 PM RCIA Team Meeting/Room 2
Fri: 6:30 PM Piano Fundraiser Recital/Hall
Sat: **Vigil – Pentecost Sunday**
11:00 AM Confirmation
1:00 PM Art Camp Planning Meeting/Room 2
Sun: **Pentecost Sunday**
10:30 AM Bilingual Mass for Sister Barbara’s 50th
Jubilee with reception immediately following

STEWARDSHIP THOUGHT

The Second reading today contains the somber warning that Jesus is coming soon and will bring to each person the reward that his or her conduct deserves. Has my stewardship of the blessings entrusted to me been such that I could respond joyfully, “Amen! come, Lord Jesus!”?

**LAST SUNDAY’S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a “Fair Share Parish.” As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

*Your generosity is your return to the Lord for his goodness to you.
Make an investment in the reign of God today!*

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 05/17/10 – 05/23/10**

Mon: Easter Weekday
Acts 19:1-8 Ps 68:2-7b Jn 16:29-33
Tue: Easter Weekday; John I, pope, martyr
Acts 20:17-27 Ps 68:10-21 Jn 17:1-11a
Wed: Easter Weekday
Acts 20:28-38 Ps 68:29-36b Jn 17:11b-19
Thurs: Easter Weekday; Bernadine of Siena, priest
Acts 22:30; 23:6-11 Ps 16:1-11 Jn 17:20-26
Fri: Easter Weekday; Christopher Magallanes, priest martyr
and his companions, martyrs
Acts 25:13b-21 Ps 103:1-20b Jn 21:15-19
Sat: Easter Weekday; Rita of Cascia, religious
Acts 28:16-31 Ps 11:4-7 Jn 21:20-25
Sun: Pentecost Sunday
Acts 2:1-11 Ps 104:1-34 1 Cor 12:3b-13 Jn 20:19-23

PLEASE PRAY FOR/POR FAVOR

REZAN POR: Tim Nixon, Kurt Luke, Gary Blackwell, Hollis Cooksey, Mary Mross, Joan Brzezki, Debbie Lindo, Irene Sanocki, Carolyn, Brad, Vanessa Cross, Lisa Butler, Chris Wagner, Dominic Fruciano Amada Delgado, Bill Sears Sr., Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

**PLEASE KEEP OUR MILITARY FAMILY AND
FRIENDS IN YOUR PRAYER**

FAITH FORMATION

CHILDREN'S CHOIR PRACTICE AT 5:00PM MONDAY, MAY 17TH, FOR THE 6:30PM SPECIAL FAITH FORMATION MASS following at 6:30pm. Thank you for your gift of song that you shared at First Communion celebrations May 9th and today at May 16th. You added a very special touch! Congratulations!

Monday, May 17th, 6:30pm is the Final Mass and celebration of our Family Faith Formation Program. We hope that every family will be here for this ... even if you have skipped class recently because of sports etc. It is the only time all year we will be celebrating the Eucharist together as a Faith Formation community. Father Ron will celebrate this evening with us. The whole family is invited! Don't miss this moment! (Faith Formation Certificates for each child will be presented and First Holy Communion Certificates will be distributed at this Mass.)

THANK YOU CATECHISTS and HELPERS! These tremendous adult Catholics have shared their faith, teaching ability, love of children, and their time with your children all year. Heartfelt Gratitude and Blessings to: Anna Piazza, Arlene Avila, Agnes Arokiaraj, Buzz Pedrotti, Ken Luke, Diane Lamaestra, Gerard Lamaestra, Consuelo Gonzalez, Alicia Munoz, Marion Landoline, Cathy Sanocki, Stephanie Hardman, Suzi Silva, Rudy Silva, Gennie Cerruti, Carol Luke, Maru Zulueta, Shari Pica, Janet Bledsoe, Suzanne Clements, Fran La Perle, Don La Perle, Jen Evans, Steve Rojek, Brandon Castinado, Becky Packard, Sean Packard, Michelle Castinado, Danette Jolly, Jerry Day, Rosa Day, Karen Randle.

Additional behind the scene support came from: Judy Duquette, who phoned First Communion families all year; Esther Herrera for simultaneous translation during parent meetings; Andrea DeSimone and Becky Packard who offered computer office assistance; Walt Patteson for weekly volunteer direction of the children's choir; Andy Sherman for weekly volunteer instruction with guitar beginners, Eric Promani, for volunteer instruction with beginning drummer; Ernie Zuccato for candid photography throughout the year. **THANK YOU AND ABUNDANT BLESSINGS TO EACH OF YOU!**

Catholic Action Principles *Control Conflict*

Remain calm and detached. Pause and say a "Hail Mary." Allow others to rage while you consider the appropriate response. Should you reason, agree, apologize, fight or leave? Which is to your benefit and to the benefit of those you must protect? Arguing often makes the other party become more defensive and determined to prevail. Let go of your anger. It only clouds the issue and draws you into a quick response. Whenever possible use kindness as your weapon against evil. Neutralize shouting with soft words. Answer threats with serene confidence. Speak plainly. Don't use foul language or sarcasm. Breathe deeply with long exhalations. Let the anger wash over you. Maintain your presence. Don't exaggerate. Don't lie. Attack the argument and not the person.

Long-term relationships are almost always more important than short-term problems. Be an active peacemaker, building bridges of understanding.

-Bill FitzPatrick,

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

Last week: Was our final night and the end of the year PARTY

LAST CLASS: Wednesday, May 12th
(Party...NEED HELP with food) Money for pizza, Soda, water, treats. Special THANKS for Karen Randle for coordinating the party

Confirmation:

- Confirmation is Saturday, May 22nd at 11:00 am.
- Important final Confirmation Prep reminders
 - \$50 Confirmation fee due no later than 4/16/10 to Parish office.

Special THANKS: To Fr. Ron, Stephanie Moore for running most of the retreat. Kelly and Lisa Kimble, Esther Herrera, and Al Castinado for chaperoning and participating in the retreat. The Teens really got a lot out of the weekend!

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or (cell) 925-437-0015.



2010 Bishop's Appeal

Thank you to all parishioners who have supported this year's Bishop's Appeal. To date we collected \$2,618.38 in cash and pledges toward our parish goal of \$15,134 or 17 % of our goal.

Sr. Barbara's 50th Anniversary Jubilee

Please join us in celebrating Sister Barbara's 50th Anniversary with a reception following a 10:30 bi-lingual Mass on Sunday, May 23rd. We are asking parishioners to attend and participate by signing up to bring food items and dessert. Sign ups will take place after each mass. Please help us by making this a memorable celebration for Sister Barbara.

Nurses Notes Antioxidants

Types of Antioxidants

"For example, the role of **vitamin C** is to stop the chain reaction before it starts," he says. "It captures the free radical and neutralizes it. **Vitamin E** is a chain-breaking antioxidant. Wherever it is sitting in a membrane, it breaks the chain reaction."

Flavonoids are the biggest class of antioxidants. Researchers have identified some 5,000 flavonoids in various foods, Blumberg tells WebMD.

Polyphenols are a smaller class of antioxidants, which scientists often refer to as "phenols." (Terms like phytonutrient and phytochemical are more generic terms that researchers sometimes use to describe nutrients and chemicals in plants.)

"We have clear science about antioxidants, that our bodies need a Natural Antioxidant Defense Network, for lack of a better term," Blumberg says. "Just like a country needs a military system, the human body needs defense workers at all levels -- lieutenants, corporals, generals, staff sergeants - in the form of antioxidants."

Next Week - Getting the Right Mix of Antioxidants

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Community Vacation Bible School 2010

June 14 -18, 2010

Join us for a week that will be Out of This World on our Galactic Blast Adventure! Camp meets every morning 8:45 to 12:00 during the week for Art, Games, Music, Science, Snacks, Bible Study, and fun! VBS is open to kids entering Kindergarten thru 6th grade for the 2010-2011 school year. A nursery program is available for younger children of parents who help during the week. Scholarships are available. Mark your calendars now! Registration is open and packets can be found in the magazine rack in the CLC foyer. For more information contact Tammy Douglas-Dodson at 784-1429.

Covenant Corner

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Has an abortion left you with a broken heart?

Rachel's Vineyard Retreats renew hearts broken by abortion. A confidential retreat will take place May 21-23 at the Angela Center in Santa Rosa, offering a loving and supportive environment where women and men can reconcile painful post-abortive emotions and begin the process of renewal and healing. Rachel's Vineyard is therapy for the soul. For confidential inquiries call (707) 967-1101 or email rachelsvineyard@gmail.com www.rachelsvineyard.org

LITURGICAL MINISTERS

05/22-05/23

SATURDAY 5:00 PM

Greeters: Larry & Kathy Green
Lector 1: Art Meyers
Lector 2: Robert Meagher
Euch. Min: **Cup** – Connie & Henry Sukovaty
Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Barbara Stoiber, Ron Puccinelli & Ron Samoian
Lector 1: Peggy Ann Valley
Lector 2: Pat Weber
Euch. Min: **Bread** – Mathilda Rizkalla, Cathy & Marian Landoline
Cup – Fran Hodge, Bob Rasp, Lynn Tiemeyer & Dick Macdonald
Altar Servers: Team 7
Hospitality:

SUNDAY 10:30 AM - Bilingual

Greeters:
Lector 1:
Lector 2:
Euch. Min: **Bread** –
Cup –

Altar Servers: Team 3

Children's Liturgy of the Word:

Hospitality:

SUNDAY 12:30 PM

Recividores: There is no Spanish
Lector 1: Mass. See bilingual
Lector 2: Schedule above.
Ministros de Eucaristía:
Ofrendas:
Monogillo: Team

PLEASE NOTE: Ministry Schedules for Apr - Jun are on the website at www.stannechurchbyron.com

San Damiano Retreats

May 21-23: *Ecology & Spirituality Retreat: "Francis of Assisi & the Great Turning"*

May 28-30(31): *Healing & Wholeness Retreat*

May 29: *Nature & Healing – Sacred Healing: Nature Reflects God.*

June 4: *Spiritual Spa Day for Women*

Jun 11-13: *Weekend Retreat for Fathers, Sons, Grandfathers, and Grandsons*

June 18-20: *Jeremy Taylor's Dream Workshop: Spiraling Inward: Using Dreams to Celebrate Life and the Divine.*

June 19: *Sitting Meditation in the Christian Tradition.*

For more information on these and other Retreats please visit their website at www.sandamiano.org.

Engagement & Stewardship Corner

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of "Living Your Strengths" (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

Women's Fellowship meets the 2nd Tuesday of each month in Room 2.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

SUMMER 2010 CONCERT - PIANO FUNDRAISER

For St. Anne Church

WHEN: FRIDAY, MAY 21, 2010 at 6:30 PM in the Hall.

DONATIONS: \$10 per Family

Please join us for Disney favorite songs, tango, jazz, rags and Spanish music

Additional donations would be appreciated.

Congratulations

To all our children receiving their 1st Communion today

8:30 AM Mass – Clayton Hewison, Anthony Paolini, Joseph Paolini, Nicholas Poss, Peyton Schneider & Nicholas Vo.

10:30 PM Mass – Alexis Alejandre, Lauryn Bradley, Jared Cronk, Nicolette Doorack, Nicholas Doran, Savannah Doran, Christina Evans, Paige Henson, Cassidy Kimble, Ryan Neely, Abby Redding, Alexandra Rizo, Olivia Rojek, Dillon Soto, Savannah Soto, Angelina Sunseri, Anthony Sunseri, Alexander Vizcay & Mikayla Wisz.

I am the bread of life...whoever eats this bread will live forever. John 6:35-58

Upcoming Events at St. Anne

Friday, May 21st

Summer 2010 Concert – Piano Recital Fundraiser

Saturday, May 22nd

Confirmation 11:00 AM

Sunday, May 23rd

Sr. Barbara's 50th Jubilee Mass & Celebration. Read bulletin blurb to help.

Thursday, May 27th

Adoration of the Blessed Sacrament/Benediction/Evening Prayer/Chapel

Saturday, June 5th

Monthly Communal Labyrinth Walk 10AM – Noon

Week of June 14th

Vacation Bible School – See blurb in bulletin for more information

Saturday, July 3rd

Monthly Communal Labyrinth Walk 10AM – Noon

Weeks of July 12th & 19th

St. Anne Art Camp – Watch bulletin for more info

Saturday, August 7th

Monthly Communal Labyrinth Walk 10AM – Noon

Saturday, August 14th

RCIA Discernment Retreat

Saturday, August 14th

Healing Mass at 11:00 AM w/ Reception to follow

Saturday, August 21

Women's Fellowship "Wine in the Bay"

If your Ministry has an event coming up that is not listed, please contact the office.

Religious Life Vocation Discernment Retreat

Is God calling you to Religious Life? **Religious Life Vocation Discernment Retreat** for single, Catholic women (18-40). Fri. May 21 (6pm)-Sat. May 22 (7pm), 2010 at the Dominican Sisters of Mission San Jose Motherhouse in Fremont. Info or RSVP by Mon. May 17 at [blessings@msjdominicans.org](mailto: blessings@msjdominicans.org) -or- 510-933-6335.

Ecumenical Food Pantry

St. Anne, Byron United Methodist and Delta Community Presbyterian Church are joining together to start a local Food Pantry. If you would like to help by donating food, building supplies, money or your time forms can be found in the Information racks in the foyer. The Food Pantry would hand out food on Tuesdays from 10am – 11:30am. We would need help on Tuesday and prior to Tuesday to prepare food bags for handout. We would also need volunteers to help with picking up food when we purchase it and shelving it.

St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.