

Pentecost Sunday
Domingo de Pentecostés

May 23, 2010
Mayo 23, 2010

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM June Ramos & Dorothy Diaz Intention
Sun: 8:30 AM Kathryn Thomas
10:30 AM Irene Sanocki
Mon: 9:00 AM Randall Harbeck
Tue: 9:00 AM Communion Service
Wed: 9:00 AM Communion Service
Thurs: 9:00 AM David Davini Intention
Sat: 5:00 PM Timothy Abney
Sun: 8:30 AM Robert Thomas
10:30 AM Irene Sanocki
12:30 PM Miembros de vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANA 05/22/10– 05/30/10**

Sat: Vigil – Pentecost Sunday
11:00 AM Confirmation
1:00 PM Art Camp Planning Meeting/Room 2
Sun: Pentecost Sunday
10:30 AM Bilingual Mass for Sister Barbara's 50th
Jubilee with reception immediately following
Mon: 9:00 AM Hospital Communion/Sutter Delta
Hospital
9:45AM Rosary & Prayers for Peace/ Garden
11:00 AM VBS Planning Meeting/Room 1A
6:30 PM Spanish Prayer Group/Chapel
Tues: 7:00 PM Garden Ministry/Room 2
Wed: 12:00 PM WF Crafting/Fireside
7:00 PM Spanish Bible Study/Chapel
Thurs: 10:00 AM Adoration of the Blessed
Sacrament/Chapel
6:00 PM Boy's Ranch/Offsite
7:00 PM Benediction/Evening Prayer/Chapel
7:00 PM St. Vincent de Paul/Room 2
Sat: Vigil – The Most Holy Trinity
5:00 PM Baptism -Gavin Gelao
Sun: The Most Holy Trinity
10:30 AM Baptism -Jana Vasquez

STEWARDSHIP THOUGHT

One miracle of Pentecost was that, despite their diversity, each listener heard God's word in his or her own language. The meaning for a stewardship is that, by sharing the gifts poured out on us by the Holy Spirit, we will be empowered to meet the needs of our brothers and sisters, whatever they may be.

Congratulations to Sister Barbara on her 50th Anniversary!

**LAST SUNDAY'S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 05/24/10 – 05/30/10**

Mon: Weekday
1 Pt 1:3-9 Ps 111:1-10c Mk 10:17-27
Tue: Weekday; Bede the Venerable, priest, doctor; Gregory VII, pope; Mary Magdalene de "Puzzi, virgin
1 Pt 1:10-16 Ps 98:1-4 Mk 10:28-31
Wed: Philip Neri, priest
1 Pt 1:18-25 Ps 147:12-20 Mk 10:32-45
Thurs: Weekday; Augustine of Canterbury, bishop
1 Pt 2:2-12 Ps 100:2-5 Mk 10:46-52
Fri: Weekday
1 Pt 4:7-13 Ps 96:10-13 Mk 11:11-26
Sat: Weekday
Jude 17-25 Ps 63:2-6 Mk 11:27-33
Sun: The Most Holy Trinity
Prv 8:22-31 Ps 8:4-9 Rom 5:1-5 Jn 16:12-15

PLEASE PRAY FOR/POR FAVOR REZAN POR:

Tim Nixon, Kurt Luke, Gary Blackwell, Hollis Cooksey, Mary Mross, Joan Brzezki, Debbie Lindo, Irene Sanocki, Carolyn, Brad, Vanessa Cross, Lisa Butler, Chris Wagner, Lynn Willenburg, Dominic Fruciano Amada Delgado, Bill Sears Sr., Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsjé & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

PLEASE KEEP OUR MILITARY FAMILY AND FRIENDS IN YOUR PRAYER

FAITH FORMATION

CHILDREN'S CHOIR ... Thank you for your beautiful singing at the First Communion Mass celebrations and at the closing Mass of our Family Faith Formation 2009-2010 year, Monday May 17th. Your numbers are growing along with your repertoire of songs. We look forward to many more opportunities to hear you lead us in prayerful songs. Thank you, Mr. Patteson, Children's Choir Director, for your musical magic with the children **Monday, May 17th, 6:30pm** was the Final Mass and celebration of our Family Faith Formation Program.

Congratulations to all the families who came to celebrate. We had a full house! Thanks to Fr. Ron, the catechists and helpers, Suzanne Clements (Audio). Thank you to our volunteer musicians: Mr. Walt Patteson, Mr. Andy Sherman, guitarist, and Mr. Dennis Desmond, cello.

Sister Barbara's Thank you to the children, parents and catechist for your many meaningful expressions of gratitude. I thought the Mass was over and it was time for cookies when you totally surprised me with your kind words, potted paper flowers, real flowers, cards, Power Point photo "many-faces saying thank you's", large Barbara quilt, original "RAP", and other surprises too. It was so much fun celebrating with you! Thank you and special blessings. It has been a very special year!

THANK YOU CATECHISTS and HELPERS! These tremendous adult Catholics have shared their faith, teaching ability, love of children, and their time with your children all year. Heartfelt Gratitude and Blessings to: Anna Piazza, Arlene Avila, Agnes Arokiaraj, Buzz Pedrotti, Ken Luke, Diane Lameastra, Gerard Lameastra, Consuelo Gonzalez, Alicia Munoz, Marion Landoline, Cathy Sinocki, Stephanie Hardman, Suzi Silva, Rudy Silva, Gennie Cerruti, Carol Luke, Maru Zulueta, Shari Pica, Janet Bledsoe, Suzanne Clements, Fran LaPerle, Don LaPerle, Jen Evans, Steve Rojek, Brandon Castinado, Becky Packard, Sean Packard, Michelle Castinado, Dannette Jolly, Jerry Day, Rosa Day, Karen Randle.

Additional behind the scene support came from: Judy Duquette, who phoned First Communion families all year; Esther Herrera for simultaneous translation during parent meetings; Andrea DeSimone and Becky Packard who offered computer office assistance; Walt Patteson for weekly volunteer direction of the children's choir; Andy_Sherman for weekly volunteer instruction with guitar beginners, Eric Promani, for volunteer instruction with beginning drummer; Ernie Zucatto for candid photography throughout the year, and Bob Pffefer for First Communion photography. **THANK YOU AND ABUNDANT BLESSINGS TO EACH OF YOU!**

Catholic Action Principles

Listen to Your Instincts

"I don't feel comfortable here. I don't like the sound of this. This doesn't look right to me."

With regard to your body or surroundings, your instincts are your best early warning system. Listen to the inner voice. Listen to that gut feeling. Go to the doctor. Leave the party. Get away from these people. Quit this job. Don't open that door. Duck into that store. The world is an imperfect place. There are dangerous places and people. There are angels and there are demons.

Every once in a while, your instincts may be off and you may feel foolish. Err on the side of safety and your instincts may save you from danger. Give yourself time or space to consider your options. It is foolhardy to do otherwise.

-Bill FitzPatrick,

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

Congratulations to our Confirmandi:

Jessica Alfaro, Garin Bailey, Karina Bernal, Zulliana Caballero, Jose Chavez, Brianna Cuthbertson, Abby Donnelly, Morgan Ferrando, Luis Herrera, John Hyland, Kevin Johnson, Ashley Kimble, Samantha Mapalo, Marissa Ochoa, Mitchell Packard, Edgar Reynaga, Tatiana Rizo, Karla Rodriguez, Bianca Walian, Alex Sanchez, Alex Wright-Broughton & Nick Wright-Broughton.

Teen Ministry/Confirmation is currently on Summer Vacation.

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or (cell) 925-437-0015.



from The Joyful Nonsenseletter
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Adopt a Priest with Prayer

This ministry, begun at St. Mary's parish in 1996, continues to pray for the priests of the Oakland Diocese. Priests have a divine Mission but they are also very human and daily face the problems and struggles common to all of us. They have a great need of our support in prayer, love and concern. If you would be willing to pray each day during the current year for an individual priest of the Oakland Diocese, please send your name and address to Alice Osterman, 10 Pueblo Ct., Alamo, CA 94507 or phone (925)935-0461. Alice will mail the name of a priest for you. **No meetings, no dues, just prayer!**

Nurses Notes

Antioxidants

Getting the Right Mix of Antioxidants

The body needs a mix of vitamins and minerals, such as vitamins A, C, E, and beta-carotene, to neutralize this free radical assault.

"We can't rely on a few blockbuster foods to do the job," says Blumberg. "You can't eat nine servings of broccoli a day and expect it to do it all. We need to eat many different foods. Each type works in different tissues of the body, in different parts of cells. Some are good at quenching some free radicals, some are better at quenching others. When you have appropriate amounts of different antioxidants, you're doing what you can to protect yourself." Multivitamins and vitamin supplements can provide the body with an antioxidant boost. Yet getting too much of some supplements, like vitamin E, can be harmful. Fruits, vegetables, whole grains, legumes, and nuts contain complex mixes of antioxidants, and therein lies the benefit of eating a variety of healthy foods, says Blumberg. Researchers continue delving into the mysteries of fruits and vegetables, identifying the complex antioxidants they contain. Quercetin, luteolin, hesperetin, catechin, even (-)-epigallocatechin are some of the stars they have found -- the blockbuster flavonoids in our foods. "Sure, you can live your whole life without getting epicatechin 3-gallate, a flavonoid found in huge quantities in green tea," says Blumberg. "But if having it in your diet promotes better health, why not try it?"

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

We Need Your Unwanted Cell Phones

Anna Piazza & the Vacation Bible School are collecting your unwanted and outdated cell phones as a fund raiser. All of the proceeds will be used to help those injured in Haiti. They will be buying wheelchairs through the Wheel Chair Foundation. A box is being left in the foyer to collect the cell phones. Help them out in their first fund raiser. They are very impassioned about helping those injured in the earthquake. They need just the cell phone (make sure you remove the sim card), no accessories or cords.

Covenant Corner

Jo Hyland wishes to thank everyone who helped her and her grandchildren at mass this past weekend during her medical emergency. She is home, doing well and expects to return to St. Anne soon.

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

LITURGICAL MINISTERS

05/29-05/30

SATURDAY 5:00 PM

Greeters: Mike Burke & Joji Ponco

Lector 1: Marie Hall

Lector 2: Tony Hicks

Euch. Min: **Cup** – Mary Ann Burke & Bob Van Slambrook

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Russ Mueller, Dennis & Catherine Kutsuris

Lector 1: Kurt Luke

Lector 2: Stephanie Moore

Euch. Min: **Bread** – Jay McLaughlin, Glenda DuBois & Cathy Sanocki

Cup – Ernest Zuccato, Bob Sanocki, Dick Macdonald & Pete DuBois

Altar Servers: Team 12

Hospitality:

SUNDAY 10:30 AM

Greeters: Ro Sweet, Lisa Plasch & Catrina Mygrant

Lector 1: Bernadette Van Slambrook

Lector 2: Jean Ann Bauer

Euch. Min: **Bread** – Margaret Zuccato, Rosa Day & Phil Karls

Cup – Karen Randle, Ken Landoline, Ron Kappahn & Jerry Day

Altar Servers: Team 1

Children's Liturgy of the Word:

Hospitality:

SUNDAY 12:30 PM

Recividores: Estela & Chico Lopez

Lector 1: Guadalupe Flores

Lector 2: Isidro Flores

Ministros de Eucaristía: Humberto & Adriana Magana

Ofrendas: Jesus & Marianna Perez

Monogillo: Team E

PLEASE NOTE: Ministry Schedules for Apr - Jun are on the website at www.stannechurchbyron.com

San Damiano Retreats

May 28-30(31): *Healing & Wholeness Retreat*

May 29: *Nature & Healing – Sacred Healing: Nature Reflects God.*

June 4: *Spiritual Spa Day for Women*

June 11-13: *Weekend Retreat for Fathers, Sons, Grandfathers, and Grandsons*

June 18-20: *Jeremy Taylor's Dream Workshop: Spiraling Inward: Using Dreams to Celebrate Life and the Divine.*

June 19: *Sitting Meditation in the Christian Tradition.*

For more information on these and other Retreats please visit their website at www.sandamiano.org.

Engagement & Stewardship Corner

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of "*Living Your Strengths*" (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ *Wednesdays at Noon in Rm. 2*

Women's Fellowship meets the 2nd Tuesday of each month in Room 2.

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

Oakland Seminarian Used Car Request

Happily, the number of seminarians for the Diocese of Oakland has grown significantly in recent times. We now have 25 seminarians and 6 new applicants to join us this fall. The Diocese of Oakland Vocations Office is seeking the donation of a used automobile for seminarian use. The automobile should be in good working condition and fairly economical to operate. A receipt for the value of the vehicle will be provided as a tax deduction. Please contact the Vocations Office at 510-267-8356 or email us at rkrausnick@oakdiocese.org. If you have a qualifying used vehicle please contact us about donating it for this worthy cause. Thank you!

Has an abortion left you with a broken heart?

Rachel's Vineyard Retreats renew hearts broken by abortion. A confidential retreat will take place May 21-23 at the Angela Center in Santa Rosa, offering a loving and supportive environment where women and men can reconcile painful post-abortive emotions and begin the process of renewal and healing. Rachel's Vineyard is therapy for the soul. For confidential inquiries call (707) 967-1101 or email rachelsvineyard@gmail.com www.rachelsvineyard.org

St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.

Upcoming Events at St. Anne

Thursday, May 27th

Adoration of the Blessed Sacrament/Benediction/Evening Prayer/Chapel

Saturday, June 5th

Monthly Communal Labyrinth Walk 10AM – Noon

Week of June 14th

Vacation Bible School – See blurb in bulletin for more information

Saturday, July 3rd

Monthly Communal Labyrinth Walk 10AM – Noon

Weeks of July 12th & 19th

St. Anne Art Camp – Watch bulletin for more info

Saturday, August 7th

Monthly Communal Labyrinth Walk 10AM – Noon

Saturday, August 14th

RCIA Discernment Retreat

Saturday, August 14th

Healing Mass at 11:00 AM w/ Reception to follow

Saturday, August 21

Women's Fellowship "Wine in the Bay"

If your Ministry has an event coming up that is not listed, please contact the office.

St. Vincent de Paul Second Collection

Saint Vincent de Paul's Fifth Sunday collection will be held at all Masses next weekend. Your continuing generosity serves many needy families in our community. Also, after these Masses Vincentians will be handing out SHARES cards for your use at any Food Maxx, Lucky and Save Mart supermarket. Each swipe of the SHARES card earns 3% of qualified purchases for St. Anne's SVDP. There are no signups or security issues because there is no handling of scrip or money exchanged. The cards are imprinted in the SVDP name only. So please take any amount of cards for your family and friends to use for the benefit of SVDP. "



St. Vincent de Paul Society Donations of Automobiles, Boats or Trailers:

Can be made by calling 1-800-YES SVdP; 1-800-937-7837. All donated vehicles are tax-deductible based on fair market value. We will arrange to pick-up your vehicle at your convenience. Automobiles do not necessarily have to be running.

2010 Bishop's Appeal

Thank you to all parishioners who have supported this year's Bishop's Appeal. To date we collected \$2,618.38 in cash and pledges toward our parish goal of \$15,134 or 17 % of our goal.