

**MASS INTENTIONS FOR THE WEEK/  
INTENCIONES SEMANALES**

**Sat:** 4:00 PM Fr. Ron Schmit Anniversary Intention  
**Sun:** 8:30 AM Louie Grech  
10:30 AM George Procak  
12:30 PM Miembros vivos y difuntos de Sta. Ana  
**Mon:** 9:00 AM Louida Peck  
**Tue:** 9:00 AM Fr. Ron Schmit  
**Wed:** 9:00 AM Louie Grech  
**Thurs:** 9:00 AM George Procak  
**Sat:** 5:00 PM June Ramos, Dorothy Diaz & Debbie Ridl Intention  
**Sun:** 8:30 AM Louie Grech  
10:30 AM Parishioners of St. Anne  
12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/  
ESTA SEMANA A ST. ANA 09/11/10- 09/19/10**

**Sat: Vigil – 24<sup>th</sup> Sunday in Ordinary Time**  
4:00 PM Mass and Celebration for Fr. Ron's 25<sup>th</sup> Ann.  
*2nd Collection – Cathedral Sunday*

**Sun: 24<sup>th</sup> Sunday in Ordinary Time**  
9:00 AM RCIA Dismissal/Fireside  
9:15 AM 1<sup>st</sup> Communion Prep/Room 2  
11:15 AM Spanish 1<sup>st</sup> Communion Prep/Room 2  
*2nd Collection – Cathedral Sunday*

**Mon:** 9:00 AM Hospital Communion/Sutter Delta Hospital  
9:45 AM Rosary & Prayers for Peace/ Garden  
6:30 PM Spanish Prayer Group/Chapel  
6:30 PM Faith Formation (PreK-5<sup>th</sup>, Adult)

**Tues:** 7:00 PM Knight's of Columbus/ Room 1A

**Wed:** 7:00 PM Family Faith Formation (6-8)/Room 1 & 2  
7:00 PM Spanish Bible Study/Chapel  
7:00 PM Teen Ministry/Confirmation Prep/Hall  
7:00 PM Liturgy Planning/Fireside Room  
7:00 PM Small Christian Communities/Fireside Rm.

**Thurs:** 6:00 PM Boy's Ranch/Offsite  
7:00 PM Choir Practice/Hall  
7:00 PM Spanish Choir Practice/Fireside Rm.

**Fri:** 1:00 PM Knight's Annual Golf Tournament/Offsite  
6:00 PM Teen Ministry Retreat/CLC

**Sat: Vigil – 25<sup>th</sup> Sunday in Ordinary Time**  
All Day - Teen Ministry Retreat/CLC  
*2nd Collection – Peter's Pence*

**Sun: 25<sup>th</sup> Sunday in Ordinary Time**  
9:00 AM RCIA Dismissal/Fireside  
9:15 AM 1<sup>st</sup> Communion Prep/Room 2  
9:15 AM 1<sup>st</sup> Communion Parent Meeting/Room 1b  
11:15 AM Spanish 1<sup>st</sup> Communion Prep/Room 2  
*2nd Collection – Peter's Pence*  
*Sunday Hospitality*

**STEWARDSHIP THOUGHT**

We can hear God speaking to us today in the words of the father to his elder son: "You are with me always, and everything I have is yours." What is my response to such remarkable generosity? Do I give joyfully and generously as God gives to me?

**LAST SUNDAY'S OFFERING/  
OFRENDAS DE LA SEMANA PASADA**

The weekly offering is extremely important to St. Anne Parish in order to meet our operational responsibilities. We ask that you prayerfully consider a consistent offering that will assist in meeting those responsibilities.

For your consideration:

- ⇒ Sign up for the Weekly Envelope Program by registering with St. Anne.
- ⇒ A convenient method is through Electronic Funds Transfer (EFT). This method is an easy way to provide St. Anne with your Sunday Offering.
- ⇒ Enroll in a Script Program. This is a no cost way of supporting our ministries and programs, in addition to our weekly offerings.

*Your generosity is your return to the Lord for his goodness to you.  
Make an investment in the reign of God today!*

**SCRIPTURE READINGS/  
LECTURAS DE LA SEMANA 09/13/10 – 09/19/10**

**Mon: John Chrysostom, bishop, doctor of the Church/San Juan Crisostome, obispo, doctor de la Iglesia**  
1 Cor 11:17-33 Ps 40:7-17 Lk 7:1-10

**Tue: THE EXALTATION OF THE HOLY CROSS/LA EXALTACION DE LA SANTA CRUZ**  
Nm 21:4b-9 Ps 78:1b-38 Phil 2:6-11 Jn 3:13-17

**Wed: Our Lady of Sorrows/Nuestra Señora de los Dolores**  
1 Cor 12:31;13:13 Ps 33:2-22 Jn 19:25-27

**Thurs: Cornelius, pope, martyr and Cyprian, bishop, martyr/San Cornelio, papa, mártir; San Cipriano, obispo, mártir**  
1 Cor 15:1-11 Ps 118:1b-28 Lk 7:36-50

**Fri: Weekday/Día de la Semana: Robert Bellarmine, bishop, doctor/San Roberto Belarmino, obispo, doctor**  
1Cor 15:12-20 Ps 17:1bcd-15 Lk 8:1-3

**Sat: Weekday/Día de la Semana**  
1Cor 15:23-49 Ps 56:10c-14 Lk 8:4-15

**Sun: 25<sup>th</sup> Sunday in Ordinary Time/25<sup>th</sup> Domingo Ordinario**  
Am 8:4-7 Ps 113:1-8 1 Tm 2:1-8 Lk 16:1-13

**PLEASE PRAY FOR/POR FAVOR**

**REZAN POR:** Ben LaRocca, Debbie Ridl, June Ramos, Dorothy Diaz, Jimmy, Kathryn Copley, Elsje Copley, Darren Blass, Robert McMillen, Lora Chase, Justin, Santos Herrera, Ed Sandoval, Bernadette Russell, Marilyn Potts, Patricia Rykoski, Emily Kogler, Ann Burgess, Tina Gillie, Teresa, Peter Duncan, Jane Marchi, Bob Weber, Juanita Estellas, Tim Nixon, Kurt Luke, Gary Blackwell, Hollis Cooksey, Mary Mross, Debbie Lindo, Carolyn, Brad, Vanessa Cross, Lisa Butler, Chris Wagner, Lynn Willenburg, Amada Delgado, Bill Sears Sr., Rick Tucci, Jo Riley, Tanya, Linda Jardin, Janice Richardson, Nolan Merkel

**Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.**

**PLEASE KEEP OUR MILITARY FAMILY AND  
FRIENDS IN YOUR PRAYER**

24<sup>th</sup> Sunday in Ordinary Time  
24<sup>th</sup> domingo del tiempo ordinario

September 12, 2010  
septiembre 12, 2010

## FAITH FORMATION

### FAITH FORMATION ... REGISTER NOW!

Thank you, if you have already registered for this 2010-2011 year.

If not, we encourage you to register as soon as possible.

**THANK YOU** Two parishioners have joined the Faith Formation faculty as Catechist and helper.

Welcome to Stephanie Durflinger as 5th Grade catechist, and to Paula Castronuevo as 2nd Grade helper.

We are grateful for your generosity and willingness to share your faith with our children.

**Our 1st grade class is bulging.** Thank you to a new parishioner who has volunteered to teach our 1st graders. We welcome, Marin Roman, as our new 1st Grade Catechist. Now, is there one willing person who would like to share their faith as helper for our Monday night 1st grade class? The Holy Spirit may be calling you. It would be ideal if the children could be in smaller classes since we only have one precious hour with them. Please call Sister Barbara 925-634-6625.

**FIRST COMMUNION PARENT MEETING** Sunday, September 19th at 9:15am in Room 1a-1b

Parents of all students preparing for First Holy Communion next May 2011 are expected to attend.

The meeting will end in time to attend the 10:30am Mass.

**MISSING ... 3rd,4th,5th,6th,7th and 8th graders ...**

Children in these grades have great opportunities to learn more about Jesus, prayer, the Eucharist, Scriptures and more. Where are our parish children of these ages? We invite you to nurture your child's spiritual life as participants in our Faith Formation classes. Register soon! We'd love to have your child with us.

**FIRST COMMUNION (year 2) CLASSES**

Monday : 4:15pm-5:15pm.

Sunday : 9:15am-10:15am.

11:15am-12:15pm (Spanish)

**ADULT FAITH FORMATION:** Class continues on Monday, September 13<sup>th</sup> at 6:30 PM. Class this semester is on the Scriptures. This week: Overview of the Bible

## TEEN MINISTRY:

*Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.*

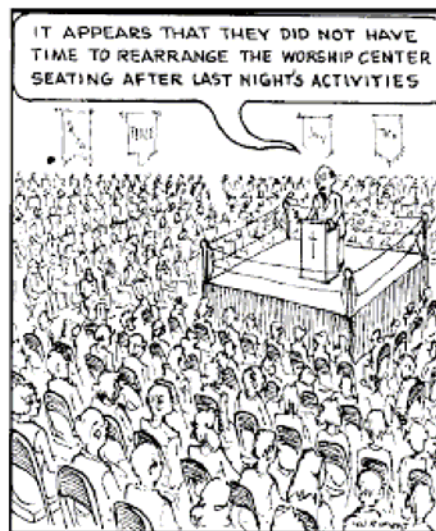
Last week: We had a parent night. If you missed it, please come in after class and get a copy of the hand outs.

This Week: Wednesday, Sept. 15<sup>th</sup> will be a Catechetical night focusing on Covenants.

Next Week: Wednesday, Sept. 22<sup>nd</sup> will be an Issues night. We are looking for spare change to donate with Life Teen world wide for clean water in Africa.

Special THANKS: To Fr. Ron, Sr. Barbara, Danette Jolly, Al Castinado, Steve Rojek, Rosa and Jerry Day, Karen Randle, and Maureen for all you do to help with Teen Ministry.

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or (cell) 925-437-0015.



from *The Joyful Noisletter*  
©Wendell W. Simons  
Reprinted with permission

## Peter's Pence Collection

Next Week our diocese will take up the Pete's Pence Collection, which provides the Holy Father with the assistance he needs to carry out his most important charitable works. The proceeds benefit the most disadvantaged: victims of war, oppression, and disasters. Through your generosity, with Pope Benedict we can cast the love of Christ upon the world.

## The Directories have arrived!!!

If you had your picture taken you can pick your directory up in the office.

## Catholic Action Principles

### *Show Loyalty*

Be a stand-up person. You stand for your family, country, friends and Catholic faith. When and if trouble comes, let others have not doubt that they can count on you for help and support. Your commitments don't waver with the moods of the moment. You don't hesitate to act.

You are consistent, devoted, faithful and true. You aren't a one-day-a-week Catholic. You are a Catholic through and through. You stand for your beliefs and values. You aren't afraid to pledge allegiance to what is right. You will speak and act for the unborn, the homeless, the lonely, the condemned, the underrepresented and the mistreated. You will speak and act for world peace. You will speak and act in support of our clergy. This is loyalty.

-Bill FitzPatrick,

## Nurses Notes

### CHOLESTEROL

Cholesterol is a waxy, fat-like substance made in the liver and other cells and found in certain foods, such as food from animals, like dairy products, eggs, and meat.

The body needs some cholesterol in order to function properly. Its cell walls, or membranes need cholesterol in order to produce hormones, Vitamin D, and the bile acids that help digest fat. The body only needs a limited amount of cholesterol to meet its needs. When too much is present health problems such as heart disease may develop.

When too much cholesterol is present, plaque (a thick, hard deposit) may form in the bodies arteries narrowing the space for blood to flow to the heart. Over time, this buildup causes atherosclerosis (hardening of the arteries) which can lead to heart disease.

When not enough oxygen-carrying blood reaches the heart, chest pain -or angina- can result. If the blood supply to a portion of the heart is completely cut off by total blockage of a coronary artery, the results is a heart attack.

Cholesterol travels through the blood attached to a protein—this cholesterol/protein package is called a lipoprotein. Lipoproteins are classified as high density, low density, or very low density, depending on how much protein there is in relation to fat.

1. Low density lipoproteins (LDL): also called “bad” cholesterol, can cause buildup of plaque on the walls of arteries. The more LDL there is in the blood, the greater risk of heart disease.
2. High density lipoproteins (HDL): also called “good” cholesterol, helps the body get rid of bad cholesterol in the blood. The more HDL there is, the better. Low levels of HDL increases the risk of heart disease.
3. Very Low density lipoproteins (VLDL): is similar to LDL but contains mostly fat and not much protein.
4. Triglycerides: Are another type of fat that is carried in the blood by very low density lipoproteins. Excess calories, alcohol, or sugar are converted into triglycerides and stored in fat cells throughout the body.

*Next week – Cholesterol, Cont’d*

**PLEASE-** Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

*Your Faith Community Nurses*

## Covenant Corner

Thank you to Lucy Rodriguez, Liliana Vizcay and Sandy Arteaga who continue to share their time and talent translating all you see and hear in bulletin and at mass.

The Covenant Corner is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email [office@stannechurchbyron.com](mailto:office@stannechurchbyron.com). Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

## Upcoming Events at St. Anne

**Friday, September 17<sup>th</sup>**

Knights of Columbus Annual Golf Tournament. See Bulletin for more information

**Saturday, October 9<sup>th</sup>**

Ministry Head Meeting

**Friday, October 15<sup>th</sup>**

**KNIGHT'S "FALL FESTIVAL" PASTA DINNER**

**Saturday, October 16<sup>th</sup>**

**ST. ANNE FALL FESTIVAL**

**Sunday, October 17<sup>th</sup>**

FLU Shots – See flyer in bulletin

**Weekend of October 23<sup>rd</sup> – 24<sup>th</sup>**

St. Vincent de Paul “Bundle Sunday”

**Weekend of October 30<sup>th</sup> -31<sup>st</sup>**

Tamales are on sale after the masses

**Sunday, October 31<sup>st</sup>**

10:30 AM Mass to bless all **CYO Participants**

**Saturday, November 6<sup>th</sup>**

Magic Mike Nite – Watch for more information

**Sunday, November 7<sup>th</sup>**

Grief Prayer Service 7 PM

**Weekend of November 20<sup>th</sup> – 21<sup>st</sup>**

**COVENANT SUNDAY**

**If your Ministry has an event coming up that is not listed, please contact the office.**

## Safe Environment Training

The Diocese of Oakland requires all volunteers with regular access to minors and all Liturgical Ministers to be trained in the signs of child abuse, reporting procedures, awareness of the characteristics of child abuse perpetrators and in steps that can be taken to safe guard the children in our care. **Liturgical ministers and volunteers with access to minors are required to be trained at the beginning of their ministry and every 3 years there after. This year all our Liturgical Ministers and all our volunteers with access to minors (Catechists, Catechists aids, Children's Liturgy of the Word teachers, etc.) are required to go through the Safe Environment Training by Oct. 30, 2010.** Onsite training opportunities are available through the Oakland Diocese. A list of onsite training locations can be found at the Diocese's website at [www.oakdiocese.org/safe/workshops.htm](http://www.oakdiocese.org/safe/workshops.htm). **Online training is also available in English and Spanish at the following website [www.shieldthevulnerable.org](http://www.shieldthevulnerable.org).** If you choose the online training please print your certificate of completion and bring it to the parish office. If you have questions pertaining to the Safe Environment Training please contact Lisa at 634-6625 ex. 225 or email at [lisap@stannechurchbyron.com](mailto:lisap@stannechurchbyron.com).

24<sup>th</sup> Sunday in Ordinary Time  
24<sup>th</sup> domingo del tiempo ordinario

September 12, 2010  
septiembre 12, 2010

## Engagement & Stewardship Corner

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of "*Living Your Strengths*" (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



## Women's Fellowship

Women's Fellowship Happenings:

### Friends & Fellowship Crafting:

- ❖ Wednesdays at Noon in Rm. 2
- ❖ Women's Fellowship meets the 2<sup>nd</sup> Tuesday of each month in Room 2.

For membership information contact Anne Doran at [Hadoran712@comcast.net](mailto:Hadoran712@comcast.net) or Peggy Ann Valley at [Hpvally@envoymtg.com](mailto:Hpvally@envoymtg.com)

*Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.*



**FALL FESTIVAL:  
PARISHIONERS ...  
OUR TURN!  
SAVE the dates**

**October 15th-16th**

There are sign-ups in the FOYER to participate in the making of a great Parish Festival this year!

**Friday Night, Oct. 15th**

- The great unsurpassed SPAGHETTI DINNER!  
**Saturday, Oct. 16th from 12noon til 6:00pm.**
- Food, Entertainment, Games for all ages This year we are adding:
- RAFFLE (\$1,000 first prize)
- St. Anne Craft Faire (see registration form in Bulletin) First registered first reserved; Outside vendors are invited
- BINGO
- Beer Garden
- Teens Dance ?? Saturday night ??

How can you stay away? SIGN UP NOW to be a part of the planning and implementing. All ages welcome! Call Andrea for more information (925) 643-2242

## LITURGICAL MINISTERS

09/18 - 09/19

### SATURDAY 5:00 PM

**Greeters:** Joji Ponco & Mary Flann  
**Lector 1:** Marlene Layden  
**Lector 2:** Marie Hall  
**Euch. Min:** Cup – Cal & Colleen Buckles

**Altar Servers:** Team 8

### SUNDAY 8:30 AM

**Greeters:** Ron Puccinelli, Dennis & Catherine Kutsuris  
**Lector 1:** Jean Ann Bauer  
**Lector 2:** Lucy Peterson  
**Euch. Min:** Bread – Fran LaPerle, Cathy & Bob Sanocki  
Cup – Don LaPerle, Bob Rasp, Lynn Tiemeyer & Dick Macdonald

**Altar Servers:** Team 7

**Hospitality:** Linda Humbert & Carla Silva  
**A/V:** Suzanne Clements

### SUNDAY 10:30 AM

**Greeters:** Ro Sweet, Dolores Clark & Jane Perry  
**Lector 1:** Lori Johnson  
**Lector 2:** Bernadette Van Slambrook  
**Euch. Min:** Bread – Catrina Mygrant, Ray & Corinne Neubauer  
Cup – John Dyer, Karen Randle, Rosana & Ernesto Navarro

**Altar Servers:** Team 9

**Children's Liturgy of the Word:** Stephanie Hardman

**Hospitality:** Sherry Kulling & Candice Reed  
**A/V:** Suzanne Clements

### SUNDAY 12:30 PM

**Recividores:** Zulliana & David Caballero  
**Lector 1:** Karla Rodríguez  
**Lector 2:** Maritza Romero  
**Ministros de Eucaristía:** María Caballero & Cecilia Cisneros  
**Ofrendas:** Ana Berta & Roberto Rodríguez  
**Monogillo:** Team C

**PLEASE NOTE:** Ministry Schedules for Jul - Sep are on the website at [Hwww.stannechurchbyron.com](http://www.stannechurchbyron.com)

**Reminder:** It is your responsibility to find your replacement if you cannot serve when scheduled.

## ME<sup>25</sup> Survey

ME<sup>25</sup> – It's not too late to let your voice be heard. If you haven't participated in the ME25 survey please go to our website at [www.stannechurchbyron.com](http://www.stannechurchbyron.com) and click on the ME25 link before Tuesday, September 14<sup>th</sup>. Taking the time to answer the survey questions will help in the future vision of our parish. If you do not have access to the internet please contact the office for a paper copy of the survey. Let us hear from you!