

25th Sunday in Ordinary Time • XXV domingo Ordinario  
September 20, 2015 • 20 de septiembre de 2015

## WORSHIP

### MASS INTENTIONS FOR THE WEEK/ INTENCIONES SEMANALES

|               |          |                                       |
|---------------|----------|---------------------------------------|
| <b>Sat:</b>   | 5:00 PM  | Families of St. Anne                  |
| <b>Sun:</b>   | 8:30 AM  | Ron Puccinelli                        |
|               | 10:30 AM | Amada Delgado                         |
|               | 12:30 PM | Miembros vivos y difuntos de Sta. Ana |
| <b>Mon:</b>   | 9:00 AM  | Elders of St. Anne                    |
| <b>Tue:</b>   | 9:00 AM  | Parishioners of St. Anne              |
| <b>Wed:</b>   | 9:00 AM  | Youth of St. Anne                     |
| <b>Thurs:</b> | 9:00 AM  | Families of St. Anne                  |
| <b>Sat:</b>   | 5:00 PM  | Elders of St. Anne                    |
| <b>Sun:</b>   | 8:30 AM  | Del Tucci                             |
|               | 10:30 AM | Raymond Stanley Nelson, Jr.           |
|               | 12:30 PM | Lucia A. Schmit                       |

### SCRIPTURE READINGS/ LECTURAS DE LA SEMANA 09/21/15-09/27/15

|               |   |
|---------------|---|
| <b>Mon:</b>   | <b>ST. MATTHEW, APOSTLE, EVANGELIST/SAN MATEO, APÓSTOL, EVANGELISTA</b><br>Eph 4:1-13 Ps 19:2-5 Mt 9:9-13<br>Ef 4:1-13 Sal 18:2-5 Mt 9:9-13   |
| <b>Tue:</b>   | <b>Weekday/Día de la Semana</b><br>Ezr 6:7-20 Ps 122:1-5 Lk 8:19-21<br>Esd 6:7-20 Sal 121:1-5 Lc 8:19-21  |
| <b>Wed:</b>   | <b>St. Pius of Pietrelcina, Priest/San Pio de Pietralcina, Presbítero</b><br>Ezr 9:5-9 (Ps) Tb 13:2-8 Lk 9:1-6<br>Esd 9:5-9 (Sal) Tob 13:2-8 Lc 9:1-6   |
| <b>Thurs:</b> | <b>Weekday/Día de la Semana</b><br>Hg 1:1-8 Ps 149:1b-9b Lk 9:7-9<br>Ag 1:1-8 Sal 148:1b-9b Lc 9:7-9  |
| <b>Fri:</b>   | <b>Weekday/Día de la Semana</b><br>Hg 2:1-9 Ps 43:1-4 Lk 9:18-22<br>Ag 2:1-9 Sal 42:1-4 Lc 9:18-22  |
| <b>Sat:</b>   | <b>Weekday; Sts. Cosmas &amp; Damian, Martyrs/Día de la Semana; Santos Cosme y Damián, Mártires</b><br>Zec 2:5-15a (Ps) Jer 31:10-13 Lk 9:43b-45<br>Zac 2:5-15a (Sal) Jr 31:10-13 Lc 9:43b-45 |
| <b>Sun:</b>   | <b>26th Sunday in Ordinary Time/XXVI Domingo Ordinario</b><br>Nm 11:25-29 Ps 19:8-14 Jas 5:1-6 Mk 9:38-48<br>Nm 11:25-29 Sal 18:8-14 Sant 5:1-6 Mc 9:38-48                                    |

### PLEASE PRAY FOR/POR FAVOR REZAN POR:

Woody Tyler, Don Cromwell, Ruthann Takakuwa, John Marciano, Bob Sharp, Nina Brochu, Mike Baker, Linda Nunn, Marlene Layden, Pedro, Jonathan Price, Patty Price, Logan Price, Sylvia Lynn, Shawn, Jeanette, Ron Molina, Felice Underwood, Joe Sigala, Eleno Delgado, Kathryn Copley, Elsje, Tracy Bye, Matt Catutido, Enzo, Rudy Silva, Juanita Estrellas, Dennis Murray, Nate Rice, Pam Russell, Georgia Minshall, Jim Doran, Bob Nixon, Dorothy, Ralph Randle, Norman Randle, Alex Sherman, Kristine Jones, Henry Sukovaty

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

### LITURGICAL MINISTERS

09/26-09/27

#### SATURDAY 5:00 PM

**Greeters:** Madonna Leeper & Joji Ponco

**Lector 1:** Bernadette Van Slambrook

**Lector 2:** Tony Hicks

**Euch. Min: Cup** – Lauren DeVito-Magbitang & Corinne Neubauer

**Altar Servers:** Team 8

#### SUNDAY 8:30 AM

**Greeters:** Judy Baker, Catherine & Dennis Kutsuris

**Lector 1:** Dennis Desmond

**Lector 2:** Ken Luke

**Euch. Min: Bread** – Darrell Packard, Mathilda Rizkalla & Jim Sniadecki

**Cup** – Michelle Lee, Darlene Ghiorso, Pete & Glenda Du Bois

**Altar Servers:** Team 3

**Hospitality:**

**A/V:** Denise Gavello

#### SUNDAY 10:30 AM

**Greeters:** Catrina Mygrant, Carolyn & Don Flohr

**Lector 1:** Pat Weber

**Lector 2:** Lori Johnson

**Euch. Min: Bread** – Agnes James, Bob Sanocki & Toni Schulte

**Cup** – Rick Pierce, Cathy Sanocki, Will Schulte, Karen Randle, Ray & Agnes Arokjaraj

**Altar Servers:** Team 1

**Children's Liturgy of the Word:**

**Hospitality:**

**A/V:** Pete Evans

#### SUNDAY 12:30 PM

**Bienvenidas:** Joel y Jessica Vega

**Lector 1:** Araceli Campos

**Lector 2:** Karla Rodriguez

**Ministros de Eucaristía:**

**Pan** – Ruth Romero

**Taza** – German Romero, Delfino Perez, Gustavo

**Ofrendas:** Sergio y Marina Aguilar

**Colecta:** Luis Nunez y Elizabeth Zenteno

**Acólitos:**

**A/V:** Jose Becerra

**PLEASE NOTE:** Ministry Schedules for Jul-Sept are on the website. It is your responsibility to find your replacement if you cannot serve when scheduled.

**FAVOR DE NOTAR:** Horarios Ministerio de Jul -Sept está en el sitio. Es su responsabilidad buscar su reemplazo si usted no puede servir cuando está programado.

PLEASE KEEP OUR MILITARY FAMILY  
AND FRIENDS IN YOUR PRAYERS

## WORSHIP



### Blessing of our Animals

Sunday, October 4th at 11:45 AM out-side the Community Life Center by the Palm Trees. Please join Fr. Ron as he blesses our beloved pets. **All pets are welcome!!**

### Bendición de los animales.

Domingo 4 de Octubre a las 11:45a.m. afuera del Centro Comunitario de Vida por donde están las Palmas. Favor de traer a sus animales para que el Padre Ron los bendiga.

**Todos los animales están invitados.**



### Blue Mass to Honor Police, Firefighters, First Responders

*Friday, October 9, 10:00 am The Cathedral of Christ the Light, 2121 Harrison St., Oakland*

*Fr. Helmut Richter 925-382-8186*

*papahelmut@yahoo.com*

*Fr. Jayson Landeza 510-917-0125*

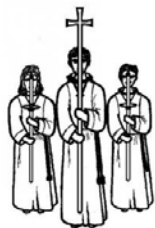
*OPDChaplain@aol.com*

**Lunch Reservations**

**To sign up for the luncheon, visit:**

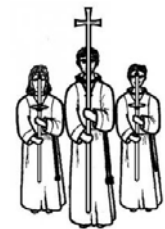
***oakdiocese.org/bluemass2015***

The third annual diocesan Blue Mass, a celebration honoring law enforcement officers, firefighters, and first responders in the East Bay, will be held at The Cathedral of Christ the Light on Friday, October 9. Bishop Michael C. Barber, SJ, will celebrate Mass at 10:00 am, with lunch to follow (RSVP required). Active and retired personnel from local, state, and federal agencies who live or work in Alameda and Contra Costa Counties are invited to gather to receive the thanks of our community and to seek God's blessings. The Mass will include prayers for officers who lost their lives in the line of duty in the past year. Please note that parking at the Cathedral will be limited; please carpool or take public transportation.



### Altar Server Training

Altar Server training will begin on Monday, September 21st at 5:15 – 6:15pm. Training is open to all who have received their 1st Communion (ages 8 to adult). Family teams are welcome! To sign up for the training or for more information please contact Debbie Strauss at (925) 216-5552 or email [debbies906@mac.com](mailto:debbies906@mac.com) If you are a current Altar Server this training is for you too! You can use it as a refresher course and as a way to help new altar servers become comfortable with their duties.



### Entrenamiento de monaguillos o servidores del altar

El entrenamiento para monaguillos comienza el Lunes 21 de Septiembre de 5:15pm a 6:15pm. El entrenamiento es para todos aquellos que ya hicieron su Primera Comunion (de 8 años de edad a adultos). Son bienvenidos los equipos familiares! Para registrarse o para mas información favor de comunicarse con Debbie Strauss al (925)216- 5552 o [debbies906@mac.com](mailto:debbies906@mac.com). Si tu ya eres monaguillo también tenemos entrenamiento para ti. Puedes usarlo como un recordatorio o para ayudar a nuevos candidatos a sentirse mejor en sus tareas de servidores del altar.

### Ministry Leadership Meeting for the Centennial

**Wednesday October 14, 2015**

**7pm, Room 1 A-B**

#### AGENDA

##### Prayer

**The Centennial Jubilee of St Anne—1916-2016.** How will we celebrate?

- Tell the history—what is the St Anne Story? How to communicate it?
- Anniversary Logo and theme. How will we use and communicate it?
- Jubilee Mass with Bishop-Sunday, October 30, 2016 reception after?
- Jubilee Evening November 4, 2016. What will this look like? How can we have it for everyone?
- When do we begin and end the year?
- Form Committees

**Jubilee Year of Mercy—December 8, 2015- November 20, 2016.** How will integrate into our Centennial celebration?

- Small faith sharing groups
- Parish Project of Mercy

##### Community Outreach Reports

- Senior Daycare/Respite for caregivers
- Our friends at St Anne Village

##### Questions

##### Task list

##### Closing Remarks

##### Prayer

**All Parishioners are invited to attend**

## CONNECT

**THIS WEEK AT ST ANNE/**

**ESTA SEMANA A ST. ANA 09/19/15- 09/27/15**


- Sat:** Vigil - 25th Sunday in Ordinary Time  
**12:00 PM ST. ANNE FALL FESTIVAL**  
*2nd Collection -Mission Coop Appeal*
- Sun:** 25th Sunday in Ordinary Time  
*2nd Collection -Mission Coop Appeal*  
 8:00 AM 8:30 AM Mass Choir Practice/Room 1B  
 8:30 AM RCIA/Fireside  
 9:30 AM 10:30 AM Mass Choir Practice/Room 1B  
 9:30am-First Communion Prep/Room 1A/2  
 11:15am Primero Comunion - Anos 1 y2/ Rooms1B /2  
 6:30 PM Life Teen & Edge Program/CLC
- Mon:** 9:00 AM Hospital Communion/Offsite  
 4:00 PM Food Pantry Prep/Kitchen  
 5:15 PM Altar Server Training/Hall  
 6:30 PM Family Faith Formation/CLC
- Tues:** 9:00 AM Food Pantry Distribution/Methodist Church  
 6:00 PM Parent Education Meeting/Fireside  
 6:30 PM 10:30 Choir Practice/Hall  
 7:00 PM 8:30 Choir Practice/Room 1B
- Wed:** 3:30 PM Family Faith Formation/CLC  
 7:00 PM Grupo de Oración españoles Reunión  
 de Planificación/Capilla  
 7:00 PM St. Vincent de Paul/Room 2
- Thurs:** 6:00 PM Boy's Ranch/Offsite  
 7:00 PM Practica del Coro/Fireside
- Fri:** 6:30 PM La Sagrada Familia/Capilla
- Sat:** Vigil - 26th Sunday in Ordinary Time
- Sun:** 26th Sunday in Ordinary Time  
 8:00 AM 8:30 AM Mass Choir Practice/Room 1B  
 8:30 AM RCIA/Fireside  
 9:30 AM 10:30 AM Mass Choir Practice/Room 1B

ST. ANNE CHURCH PRESENTS:

*NITE OF ELEGANT FUN III*

**November 6<sup>th</sup>**  
**6pm-11pm**

No Host Bar  
 Cocktails & Appetizers  
 Fabulous Dinner  
 Music  
 Dancing  
 "Elvis in the Building"  
 Dessert Auction  
 White Box Raffle



*Proceeds Support St. Anne Ministry and Community Outreach Programs*

TICKETS: \$60 per person (limited seating)  
 For more information: 925-634-6625

2800 Camino Diablo Rd, Byron, CA 94514

### Upcoming Events at St. Anne

- Friday, September 18th**  
 Fall Festival Spaghetti Feed/Bingo Nite
- Saturday, September 19th**  
 St. Anne Fall Festival
- Wednesday, September 30th**  
 St. Anne Community Blood Drive
- Monday, November 2nd**  
**ALL SOULS DAY**  
 Mass: 9:00 AM English  
 Misa: 7:00 PM Español
- Friday, November 6th**  
 Nite of Elegant Fun
- Weekend of November 14th-15th**  
 Covenant Sunday

**If your Ministry has an event coming up that is not listed, please contact the office.**



### **Women's Fellowship** **Upcoming Events:**

**Women's Fellowship meets the 2<sup>nd</sup> Tuesday of each month in the Room 2.**

**NEXT MEETING:**

**October 13, 2015**

**6:30 PM - Social; 7:00PM - Meeting starts**



**For membership information contact**  
**Anne Doran at [adoran712@comcast.net](mailto:adoran712@comcast.net) or**  
**Linda Humbert at [calmhumbert@comcast.net](mailto:calmhumbert@comcast.net).**

*Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.*

### **Women's Fellowship Boutique**

Baptism, wedding and confirmation items are available. For Assistance please contact Peggy Ann Valley at 925.890.5255



# GROW

## **LifeTeen-Confirmation Program**

St. Anne LifeTeen-Confirmation Program began Sunday, August 16th with an Student-Parent Meeting guided by Guest Speaker, Mrs. Patti Collyer, Diocesan Director of Youth Ministry.

|                   |                          |       |           |
|-------------------|--------------------------|-------|-----------|
| Sunday 6:30pm-8pm | 9 <sup>th</sup> Graders  | Total | 19        |
|                   | 10 <sup>th</sup> Graders | Total | 26        |
|                   | 11 <sup>th</sup> Graders | Total | 9         |
|                   | 12 <sup>th</sup> Graders | Total | 3         |
|                   | <b>TOTAL</b>             |       | <b>57</b> |

## **Progama de LifeTeen y Confirmacion**

El Program de LifeTeen-Confirmation de Santa Ana comenzó el Domingo, Agosto 16 con una junta para estudiantes-Padres guiado por nuestra invitada, Ms. Patti Collyer, director de el ministerio de juventud.

|                   |                         |       |           |
|-------------------|-------------------------|-------|-----------|
| Sunday 6:30pm-8pm | 9 <sup>th</sup> Grados  | Total | 19        |
|                   | 10 <sup>th</sup> Grados | Total | 26        |
|                   | 11 <sup>th</sup> Grados | Total | 9         |
|                   | 12 <sup>th</sup> Grados | Total | 3         |
|                   | <b>TOTAL</b>            |       | <b>57</b> |

## **Faith Formation – Pre K through 5<sup>th</sup>**

St. Anne Pre K through 5<sup>th</sup> Grade programs began August 17<sup>th</sup> with an All Parent Gathering with Fr Ron highlighting “Pope Francis 10 Steps to Happiness”.

Program includes:

|  |              |            |
|--|--------------|------------|
| Sunday: English and Spanish First Communion      | classes      |            |
|  | Total        | 42         |
| Monday: English Pre K – 5 <sup>th</sup> Grade    | Total        | 109        |
| First Communion classes                          | Total        | 61         |
| Wednesday: English Pre K- 5 <sup>th</sup> Grades | Total        | 76         |
| Elementary children                              | <b>Total</b> | <b>288</b> |

## **Formación de Fe – Pre K a 5<sup>to</sup>**

El programa de Santa Anna Pre K a 5<sup>to</sup> Grado comenzó el 17 de Agosto 17<sup>l</sup> con una junta con EL Padre Ron hacienda hincapié “Los 10 pasos a la felicidad de el Papa Francisco”.

EL programa incluye:

|   |                  |
|---|------------------|
| Domingo: Inglés y Español clases de Primera Comunión: |                  |
|   | Total 42         |
| Lunes: English Pre K a 5 <sup>to</sup> Grado:         | Total 109        |
| Clases de Primera Comunión                            | Total 61         |
| Miércoles: Inglés Pre K- 5 <sup>th</sup> Grado        | Total 76         |
| Niños de escuela Elemental                            | <b>Total 288</b> |

## **EDGE PROGRAM for 6<sup>TH</sup> -7<sup>TH</sup>-8<sup>TH</sup> GRADERS**

St. Anne EDGE PROGRAM began Sunday, August 16<sup>th</sup> with an Student-Parent Meeting guided by Guest Speaker, Mrs. Patti Collyer, Diocesan Director of Youth Ministry.

|                      |                         |       |           |
|----------------------|-------------------------|-------|-----------|
| Sunday 6:30pm-8:00pm | 6 <sup>th</sup> Graders | Total | 20        |
|                      | 7 <sup>th</sup> Graders | Total | 11        |
|                      | 8 <sup>th</sup> Graders | Total | 9         |
|                      | <b>TOTAL</b>            |       | <b>40</b> |

Is your Middle School child here?

## **PROGRAMA EDGE PARA GRADOS 6, 7 Y 8**

EDGE PROGRAM de Santa Ana comenzó el Domingo, 16 de Agosto con una junta para estudiantes-Padres guiado por nuestra invitada, Ms. Patti Collyer, director de el ministerio de juventud.

|                       |                        |       |           |
|-----------------------|------------------------|-------|-----------|
| Domingo 6:30pm-8:00pm | 6 <sup>th</sup> Grados | Total | 20        |
|                       | 7 <sup>th</sup> Grado  | Total | 11        |
|                       | 8 <sup>th</sup> Grado  | Total | 9         |
|                       | <b>TOTAL</b>           |       | <b>40</b> |

¿Es su hijo Middle School aquí?

## **CATECHISTS FOR 2015-2016**

|  |             |
|--|-------------|
| CATECHISTS Grades Pre K – 5 <sup>th</sup> grades                             | 49          |
| Grades 6 <sup>th</sup> -7 <sup>th</sup> -8 <sup>th</sup>                     | 5           |
| Grades 9 <sup>th</sup> -10 <sup>th</sup> -11 <sup>th</sup> -12 <sup>th</sup> | 8           |
| Total  | 62          |
| New classes opened this year   | - 6 classes |
| <b>Total PreK -12<sup>th</sup> Graders</b>                                   | <b>385</b>  |

## **CATEQUISTAS FOR 2015-2016**

|  |                  |
|--|------------------|
| Grados Pre K A 5 <sup>th</sup>   | 49               |
| Grados 6 <sup>th</sup> -7 <sup>th</sup> -8 <sup>th</sup>                     | 5                |
| Grados 9 <sup>th</sup> -10 <sup>th</sup> -11 <sup>th</sup> -12 <sup>th</sup> | 8                |
| Total  | 62               |
| Nuevas clases abrieron año   | - 6 classes      |
| <b>Total PreK -12<sup>th</sup> Grados</b>                                    | <b>TOTAL 385</b> |



**Like us on Facebook!**

## SERVE

### STEWARDSHIP THOUGHT

Today's second reading warns that a heart consumed with avarice and envy leads to jealousy, strife, conflicts and disputes. A giving heart, in contrast, can sing instead with the psalmist, "Freely will I offer your sacrifice; I will praise your name, O Lord, for its goodness."

### PENSAMIENTO ADMINISTRATIVO

La segunda lectura de hoy nos advierte que un corazón consumido por la avaricia y la envidia conduce a celos, contiendas, conflictos y controversias. Un corazón generoso, en cambio, puede cantar con el salmista: "libremente, ofreceré tu sacrificio; alabaré tu nombre, oh Señor, por su bondad".

### OFRENDAS DE LA SEMANA

En el pasado la parroquia iba a publicar las ofertas semanales y compararlas con un monto presupuestado, basado en "Ofrendas parte justa." La publicación de esta información fue suspendido por recomendación de la diócesis debido a una serie de robos que se han producido en algunos las parroquias de la Diócesis. Sus ofrendas semanales son muy importantes a la parroquia con el fin de cumplir con nuestras responsabilidades operativas. Pedimos que cada feligrés continuar en oración consideren una oferta consistente que ayude en el cumplimiento de esas responsabilidades. Su generosidad es su retorno al Señor todo el bien para ti. Hacer una inversión en el reino de Dios hoy!

### WEEKLY OFFERING

In the past the parish would publish the weekly offerings and compare them to a budgeted amount, based on "Fair Share Offerings." The publishing of this information was discontinued at the recommendation of the Diocese due to a number of burglaries that have occurred at some parishes in the Diocese. Your weekly offerings are very important to the parish in order to meet our operational responsibilities. We ask that each parishioner continue to prayerfully consider a consistent offering that will assist in meeting those responsibilities. Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

### OUR 2015 MISSION COOPERATIVE APPEAL

The Propagation of the Faith office of our diocese has invited the diocese of KUMBAKONAM, India to speak to us about their missionary activities and challenges. **Rev. M. S. Selva Raj** will be speaking to us during all the Masses on the weekend of **September 19/20**. The KUMBAKONAM diocese is situated in Tamil Nadu, South India with a Catholic population of 2,13,000 which is just 6 % of the total population. Please prayerfully consider how you might be able to support our sisters and brothers in Tamil Nadu.

### NUESTRA MISION COOPERATIVA DE 2015

La propagación de la oficina de fe de nuestra diócesis ha invitado a la diócesis de KUMBAKONAM, India para que nos hable acerca de sus actividades misioneras y los desafíos. El **Reverendo M. S. Selva Raj** will nos hablara durante todas las Misas del fin de semana del **19 de septiembre/20**. La diócesis KUMBAKONAM está situada en Tamil Nadu, sur de la India con una población católica de 2,13,000 que es apenas el 6% de la población total. Por favor, consideren cómo es posible que puedan apoyar a nuestros hermanos y hermanas en Tamil Nadu.

### Despensa de la Comunidad Cristiana Delta

(Iglesias Sta. Ana-Methodista-Presbiteriana)

#### Empacan comida:

Lunes a las 4:00 PM en Sta. Ana

#### Distribución de bolsas de Comida:

Martes 9:00 a 10:00 AM

En la Iglesia Metodista de Byron

10:30 AM - 12:00 PM

En la Knightsen centro de jardinería

Sirviendo 120-130 familias semanalmente

Proveyendo: Comida – Ropa – Cosas para la casa -Ayuda personal (lugares)

Los voluntarios son bienvenidos. Apreciamos donaciones de dinero y comida.

### Solicitamos para el mes de SEPTIEMBRE

#### CONSERVAS DE POLLO Y ATÚN

Gracias, Barbara Mora, Women's Fellowship, Tony Hicks, Voluntario camareros y modelos para una "fantástica" Fashion Show y almuerzo. El evento fue disfrutado por todos. La despensa de alimentos y su comunidad apreciamos su apoyo

### Delta Christian Community Food Pantry

(St. Anne-Methodist-Presbyterian Churches)

#### Food Packing:

Mondays at 4:00 PM at St. Anne

#### Distribution of Food Bags:

Tuesdays 9:00 AM - 10:00 AM

At Byron United Methodist Church on Byron Highway.

10:30 AM - 12:00 PM

At the Knightsen Garden Center

Serving 120-130 Families Weekly

Providing: Food - Clothing - Household goods - Self Help Resources

Volunteers are welcome. Donations of Food and Money are appreciated.

### Donation request for SEPTEMBER

#### CANNED CHICKEN & TUNA

Thank you, Barbara Mora, Women's Fellowship, Tony Hicks, Volunteer Bartenders & Models for a "fantastic" Fashion Show and Lunch. He event was enjoyed by all. The Food Pantry and its community appreciate your support.

### Counseling Ministry

I have been serving the parishioners of St. Anne for the last three years by providing counseling services. As of July 1st, St. Anne Counseling Services will be temporarily suspended. We hope to have a therapist to join this ministry in the near future. If you need counseling services, there are several in the Brentwood area. One is Sylvia Ching, LMFT. Her number is 925-301-5369. The other is River Counseling Center. Their number is 925-757-4837. It has been my pleasure to serve you. God Bless, Marie Hall, LCSW

## SERVE

### *Nurses Notes:*

#### Take Control of Your Health: 6 Steps to Prevent a Fall

Every **13 Seconds** an older adult is seen in an emergency department for a fall-related injury.  
Many falls are preventable.  
Stay safe with these tips!

1. Find a good balance and exercise program.  
Lock to build balance, strength, and flexibility. Contact your local area agency on aging for referrals. Find a program you like and bring a friend.
2. Talk to your health care provider.  
Ask for an assessment of your risk of falling. Share your history of falling.
3. Regularly review your medications with your doctor or pharmacist.  
Make sure side effects aren't increasing your risk of falling. Take medications only as prescribed.
4. Get your vision and hearing checked annually and update your eyeglasses  
Your eyes and ears are key to keeping you on your feet.
5. Keep your home safe  
Remove tripping hazards, increase lighting, make stairs safe, and install grab bars in key areas
6. Talk to your family members  
Enlist their support in taking simple steps to stay safe.  
Falls are not just a seniors' issue.

*Faith Community Nursing*  
*Serving the community is our passion.*

#### IN CASE OF AN EMERGENCY

**PLEASE** use the phone at the AV booth or in the office to call 911. Do not use your cell phone it will reach Sacramento CHP and precious time will be lost.

## OPPORTUNITIES

### Physicians Needed!

#### **Medical Missionary Work in Your Own Backyard!**

We are in desperate need of Physicians & RN's to join our Professional Medical VOLUNTEER team at the RotaCare Pittsburg Free Medical Clinic at St. Vincent de Paul. 4 years and 4000 Patient Visits later we need your help to meet the needs in the Contra Costa Community. We need volunteers (Physicians & RN's) a few hours every other month at our adult clinic. All malpractice insurance provided; fully licensed clinic.

**Schedule a tour for a Wednesday or Saturday by emailing Drea Riquelme at: [pittsburg@rotacarebayarea.org](mailto:pittsburg@rotacarebayarea.org) or call her at (925) 439-2009**



### Worldwide Marriage Encounter

Today's gospel says, "For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it." Are you living out the gospel in your marriage? Learn how God is calling you to live in your Sacrament. The next Worldwide Marriage Encounter Weekend is November 20-22. Early registration, 4 to 6 weeks out is highly recommended. For more information contact Mike & Jeanne @ 925.672.2016 or Joe & Sue @ 925.680.7767 now or go to [oaklandwwme.org](http://oaklandwwme.org)

### St. Vincent de Paul of Contra Costa County

*Melanie Anguay 925-439-5060 [jobs@svdp-cc.org](mailto:jobs@svdp-cc.org)*

St. Vincent de Paul of Contra Costa County has several open positions, including Communications & Development Associate, Floating Assistant Manager, Driver and Security Guard, all in Pittsburg, and Store Manager and Store Clerk in Pleasant Hill. For details and more information, please contact Jessica Romeo, see above. **Specific job announcements are located on the Kiosk in the foyer:**

Communications & Development Associate, Pittsburg  
Floating Assistant Manager, Pittsburg  
Driver, Pittsburg  
Security Guard, Pittsburg  
Store Manager, Pleasant Hill  
Store Clerk, Pleasant Hill

Si es usted un Nueve Feligrés, le damos la Bienvenida, extendiéndole nuestras manos y nuestro Corazón como hermanos en Cristo.

Escanear el código QR con tu teléfono inteligente para acceder a nuestro sitio web. O hay formas Phone-Registro inteligentes también están disponibles en el vestíbulo y en nuestra página web.



Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, Scan the QR code with your smart phone to access our website. No Smart Phone - Registration forms are also available in the foyer and on our website.

## OPPORTUNITIES

### Movimiento Familiar Cristiano Católico:

Por una Familia Más Feliz

Estados hermanos en Cristo y Maria. Todos los retos y dificultades que enfrentamos los matrimonios hoy en día, no sería posible superarlos sin la ayuda de Cristo y Maria. El MFCC nos ofrece las herramientas para enfrentar esas dificultades inspirados en la palabra de Dios. Únete a nosotros! Estamos aceptando aplicaciones para el ciclo 2015-16. Para mis información comuníquense con Antonio Rodriguez: (925)565-2015 o Yolanda Rodriguez: (925)783-3442

### From The Catholic Voice

If you're a parishioner in the Oakland Diocese and are not receiving your free copy of The Catholic Voice through the mail, let us know and we'll start your subscription. For 48 years, The Catholic Voice has been the East Bay's trusted source of news, commentary and information about the Church and its people from your neighborhood and throughout the world. It's easy to stay informed. Start your free subscription\* to 21 issues a year with a phone call or an e-mail to Sandi Gearhart, (510) 893-5339 or [sgearhart@oakdiocese.org](mailto:sgearhart@oakdiocese.org)

\*Your information is not shared or sold to any entity outside your parish and The Catholic Voice.

### Refugee Crisis – You Can Help

As Catholics, Pope Francis has called special attention to the refugee crisis in Europe. Did you know that through *your* Catholic Charities of the East Bay, *you* have helped resettle refugees to the United States since 1975? Together, we have welcomed over 1,300 people fleeing persecution and violence since 2001. This month alone we will welcome 27 refugees from Afghanistan, Iran, Myanmar and Nepal.

Your parish can help. If you are interested in “Welcoming the Stranger” through our Family to Family Program, please contact Jude Stevens at (510) 439-4269 or [jstephens@cceb.org](mailto:jstephens@cceb.org).

### CARING HANDS AT WORK

Your “caring hands” can be put to good use helping our local seniors remain independent and in their own homes as long as safely possible!

Caring Hands volunteers provide friendly visits, transportation and friendship to our ever increasing senior population. Caring Hands volunteers are beacons of light in what otherwise might be a bleak and lonely existence.

Please consider giving your time to assist a deserving senior. Caring Hands has training classes bi-monthly. You are invited to contact Linda Groobin, Caring Hands Program Manager at 925-952-2999, check the web at [www.johnmuirhealth.com/caringhands](http://www.johnmuirhealth.com/caringhands) or email [linda.groobin@johnmuirhealth.com](mailto:linda.groobin@johnmuirhealth.com) to get more information and consider signing up for the next available training class!



**Meals on Wheels and Senior Outreach Services  
Urgently Needs You!**

Help us deliver hot, nutritious meals to seniors  
living in Pittsburg, Antioch or Bay Point

**Become a Volunteer Driver**

- \* Choose to drive 1 day each week Monday – Friday, based on your availability
- \* Only 2-3 hours each week for a minimum of six months
- \* An orientation and background screen are required

For more information, please contact  
Carol Luisell, Director of Community Engagement  
[clouisell@mowsos.org](mailto:clouisell@mowsos.org)  
925-954-8736

Or go to [www.mowsos.org/volunteers/volunteer-form](http://www.mowsos.org/volunteers/volunteer-form) to fill out an application now



### Accompanist – St. Michael, Livermore

St. Michael in Livermore needs an accompanist to play for two Masses each weekend and one night a week for choir rehearsal. Holy Days, feast days, and other special events would also be scheduled on an as-needed basis. Applicants must have experience playing piano and organ in Catholic Mass settings (organ lessons can be made available if necessary). Other qualifications include the following: excellent sight-reading skills, the proficiency to read and play standard notation and chord symbols, and the ability to assist with choral groups. This is a part-time position, classified as a Liturgical Musician according to the Diocesan Salary Guidelines. For additional information about the position or application process, please contact JaNet Hancock, Director of Music Ministries: [pray2wice@sbcglobal.net](mailto:pray2wice@sbcglobal.net), phone 925-292-5071



### Calling All Women!

Magnificat Ministry for Catholic Women  
Invites you to our September Prayer Breakfast  
**Saturday September 26, 2015**  
**9:30 AM -12:30 PM**  
Crowne Plaza  
45 John Glenn Drive, Concord, CA

Please join us in welcoming our speaker, Linda Shubert!

Linda is an internationally traveled speaker and author. Her book the Miracle Hour has sold several million copies in 20 languages!

#### Join us for Prayer, Praise, and Inspiration!

Reservations are \$28/ \$35 after September 12<sup>th</sup>.

Please go to [www.magnificatsoti.org](http://www.magnificatsoti.org) for info or reservations  
OR call (925) 550-3016

Assembly member Jim Frazier and the Contractors State License Board invite you to attend a  
**free Senior Scam StopperSM seminar.**

Wednesday, September 23, 2015 1:00 p.m. - 3:00 p.m. Discovery Bay Community Center, 1601 Discovery Bay Blvd. Discovery Bay, CA 94505. Experts including Contractors State License Board and law enforcement reps. will provide helpful tips to avoid home-repair scams, financial & health care fraud and identity theft as well as other useful crime prevention info.